

# \*eight martinis

The State of the Art of Remote Viewing

\*

**“What is an ‘eight-martini’ result?**

Well, this is an intelligence community in-house term for remote viewing data so good that it cracks everyone’s realities. So they have to go out and drink eight martinis to recover.”

- Ingo Swann

**ISSUE: 14**

**APRIL 2016**

Angela Ford

An interview with a Project Star Gate remote viewer

David Shaver

Archetypes, Atoms & Alchemy  
Remote Viewing in a (Quantum)  
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CIA Sponsored American Institutes  
of Research (AIR) Remote Viewing  
Report in 2016: The View From  
Under The Bus

T.W. Fendley

WWC Group sets the pace in  
Associative Remote Viewing



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APRIL 2016

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For further information Email:  
[daz.smith@gmail.com](mailto:daz.smith@gmail.com)

Publisher: Daz Smith  
Editing: Coleen Marenich

Contributors:  
Angela Ford, David Shaver,  
Daz Smith, Hitomi Akamatsu,  
Lori Williams, Lyn Buchanan,  
Teresa Frisch, T.W. Fendley

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“You must train your intuition -  
you must trust the small voice  
inside you which tells you  
exactly what to say, what to  
decide.”

- Ingrid Bergman

## Welcome to Issue 14 of eight martinis.

We have a great mix of interesting articles and examples of session work within this issue for you. We hope you like them and feel free to ask questions or provide comments on any of the articles. I can pass along your comments to the authors for you, if you like.

As some of you know, Dick Allgire and I jointly published a free video on Youtube based on a LIVE Remote Viewing project looking at the JFK assassination, where I followed the target person through a death experience and beyond - a unique RV experience for me. This video is now available for everyone to watch, so please give this a view.

There's a lot happening within our field of interest around the globe, lots of progress in ARV-land with the APP projects and their predictive efforts; conference and online meetings and media; Farsight, Edward Riordian and Niyam Malcolm all sharing LIVE Remote Viewing video examples on social media and Youtube; Angela T Smith has also published her new book titles "SEER: 30 Years of Remote Viewing and Counting"; and Coleen Marenich resumes her unique CRV training classes in Canada.

As an overall community we still have divisions and tribal conflicts we need to try and remove, some of you are aware of my involvement in a disagreeable event involving some of this back in December/January with an unnamed group of remote viewers. My hope is that we all learn from these money draining, time wasting and energy sucking disputes and tribal warfare, and that the ONLY way for Remote Viewing to grow is through proactive community, openness and sharing and not by censorship and claims of ownership over creative works of Remote Viewers and globally used techniques, tools and medium.

Eight martinis embraces this openness and we welcome any articles, projects, examples and things that people want to share with the broader community no matter which RV tribe you belong to, whoever or however you were taught, and whatever your belief.

Enjoy this issue and if you have any comments then please email me.

*Daz Smith*  
[daz.smith@gmail.com](mailto:daz.smith@gmail.com)

*\*Please be aware that the views and comments from the contributors to eight martinis are their own and not the views held by this magazine/owner or editors.*

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# MOVING SIDEWAYS IN TIME

Lyn Buchanan

In my Controlled Remote Viewing course I have often mentioned that using CRV (or any form of remote viewing) we can move forwards, backwards, and even sideways in time. In a post on the CRV email list, Lori Williams mentioned this aspect and that caused Jurandyr Fonseca to ask, “What does it mean to go sideways in time?”

In the ensuing responses, a very common problem showed up: most people do not distinguish between the beliefs of “10 or even more dimensions”, “parallel universes” and “time as the 4th dimension”. Those three subjects are very separate systems of logic and belief, and in many respects, have nothing to do with each other.

So, if I may, let me answer Jurandyr’s question as best I can.

First of all, the term, “going sideways in time” doesn’t have anything to do with parallel universes or added dimensions based on unexplained quantum properties, mathematical computations, or even theoretical physics.

Secondly, “going sideways in time” DOES pertain very strongly to the remote viewing process. In fact, it explains why it is possible for “entanglement” to exist on the quantum level, “entanglement” being the newest buzzword in the remote viewing research.

How does it explain this? Well, first let’s look at four proven scientific facts dealing strictly with only our own 3-dimensional world:

The first fact is that time is NOT a 4th dimension. Science is now realizing that we live in a “space-time continuum”. That is, space and time are so firmly tied together that time can no longer be thought of as separate from space. Time is an integral part of space. You cannot have space without time and you cannot have time without space. They are not separate dimensions. They are simply two aspects of the same continuum.

The second fact is that since the two are both aspects of the same thing, then you cannot move through one without moving through the other. Movement through space therefore requires movement through time. Movement through time is inherently movement through space. You say a rock doesn’t move? It does. It moves with the earth as it rotates and goes around the sun, which moves around the galaxy, which moves through the universe, etc. Relativity dictates that as we walk past the rock, it also moves past us.

The third fact is that since time and space are both aspects of the same thing, time has to be 3-dimensional, simply because space is. What? Time, itself, is 3-dimensional? Right.

The fourth fact is that as your speed through space approaches infinity, your speed through time approaches zero (ala Einstein), and by the same law, as your speed through time approaches infinity, your speed through space approaches zero. This was tested and proven by putting a highly precision chronometer on a space flight and another kept on the ground. When the astronauts returned, their speed circling

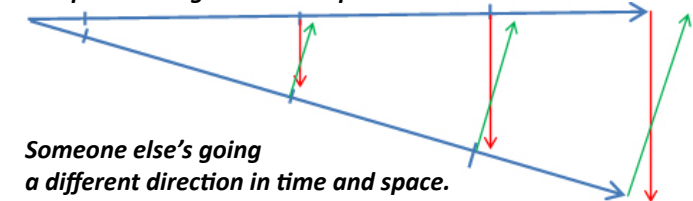
the earth had apparently slowed their chronometer down, and the time on the two chronometers no longer matched.

I know. I know.... Get to the remote viewing part, right? OK. There are other facts and implications, but let’s keep it short as possible and leave it at those four.

Now, as is usual when people try to explain theoretical stuff, they always resort to drawings. So, let’s take a look at some drawings:

The first drawing shows Einstein’s law as interpreted into a 3-dimensional timeframe. Let’s say that you and another car are traveling along the same road in the same direction and at the same speed. Then the other car takes a fork off to a side road. It continues driving the same speed and so do you, but as you look out your window, you begin to see that it not only gets farther away, but also appears to drop behind you ~ (indicated by the red lines in the diagram). This is a factor of relativity not addressed by Einstein, except in his law of changing time due to speed of motion through space. But those factors do not actually change for either car. In fact, if the person in the other car looks out his window, he sees you falling behind him (indicated in the green lines). In other words, relativity causes you to perceive his time slowing down, and also causes him to perceive your time slowing down, as well.

**Our path through time and space:**

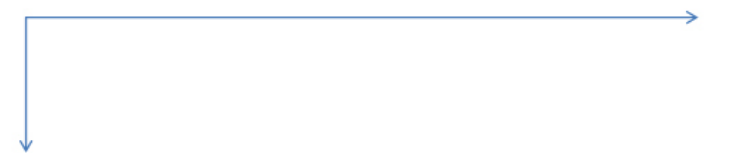


The two path lines in this diagram are the same length and so are the minute marks, but you can see that the farther they go, the more “off” they are from each other. So, in effect, Einstein’s law doesn’t deal so much with difference in speed, but in the direction through the space/time continuum.

Looking at the diagram, you will note that if you could only look >>exactly<< sideways out your window, you would not see the other person’s car. You would see where it will be in a moment or so. In other words, if you look >>exactly<< “sideways in time”, in your present moment, you will always view the other timeline’s future. The other person, looking >>exactly<< sideways in time will, at the same moment see your future path. To view the other person’s >>present<< position, you have to look slightly back in time. In a continuum where time is 3-dimensional, that is not a problem, and we do it in remote viewing without thinking about it, just as we would look slightly at a backwards angle without thinking about it in order to see the car on the other road.

Your subconscious mind has no problem with moving back to the past or into the future. So, let’s say that you can teach it to mentally “go sideways in time”. That is, to view across space, but not progressing forward in time. For Newtonian physics, that is not possible. But in a 3-dimensional space/time continuum, where time is also 3-dimensional, it is very possible. In fact, it not only explains “entanglement”, it predicts it.

**Your own path through time**



**Your mind’s path going sideways in relation to your path**

By moving “sideways through time”, you have effectively moved through space (to your target) in zero time (in relation to your own timeline). You have, in effect, moved through the space part of the space/time continuum at what Einstein would call an infinite speed because you have moved a distance, taking zero amount of your timeline. So Einstein, thinking that space and time were different dimensions said that as speed through space approaches infinity, speed through time approaches zero. This new understanding simply means that as you go at angles through the continuum relative to your own, you can go any distance, no matter how far, without moving any at all along your own timeline (as time reached zero, space reached infinity).

As mentioned, it also allows viewing backwards (at wider than 90 degree angles) through time and space. The space/time continuum, being 3 dimensional, allows you to take advantage of your subconscious mind’s ability to move not only straight backwards and forwards in time (its own location at a different times) but also at an angle (meaning to some distant location in space in the past, present or future). Here again, the concept of a space/time continuum not only explains our ability to view through any space and time, but also predicts the possibility of it.

Because your subconscious mind is already capable of moving around in the time/space continuum, the concept of training in remote viewing is not that of “making you psychic”. It is simply taking what you’ve always been able to do and teaching you how to do it by giving you the mental “tools”, teaching you how to use them, and showing you how to organize the process for the best results. We could use the analogy here that having a car is no good unless you learn how to drive it properly. Having a pencil is no good unless someone teaches you how to write or draw. Having a mind that is capable of reaching through space and time is of little value unless you learn how to use it properly. Try to fly a plane without first learning how to work the controls and read all the dials and gauges and there’s no telling where you will wind up. Training is necessary for remote viewing properly, too.

The 3-dimensional space/time continuum also applies to remote influencing. Can we influence the past? Yes. But you have to know how to get your mind there before you can. Can we influence the present? Yes. Can we influence the future? Yes. But right now, remote influencing comes with a caveat: In our present stage of development as humans, our subconscious minds deal easily with thought, not so easily with physical matter.

I performed a personal study many years ago to see whether or not we can actually influence the past. For one year, I kept a log of every decision I made, along with later recording whether the decision was a good one or a bad one. When I had gotten feedback on the first year’s worth of decisions, I tallied up the good and bad and came up with around 52% good results. That’s enough to get through life, but certainly not enough to get rich and famous.

The second year, whenever I continued recording the time, place, and decision, but when I got feedback on a decision, I sat down and did a remote viewing session targeting the place and moment of the decision. Using the EI column of Ingo Swann’s Stage 4 matrix, I fed “hindsight” into that moment. I did that whether my decision had been a good one or a bad one. Did it change any of those decisions? No. They were over and done. But it began to sensitize my mind to listen for hindsight coming in from the future. When I had gained enough results to judge my decisions for that second year, I found that I had made the right decision averaging around 70% of the time (more accuracy nearer the end of the year than at the beginning).

I continued that for a third year, and at the time of judging, found an accuracy rate of a little over 90% good decisions.

But this was a research project, so the fourth year, I ran a control experiment. I still collected the data, but made sure that I never did a session to influence any decision I made in that year (still haven’t). When I had enough information to judge that year’s decisions, my percentage of good decisions to bad came out a little under 60% again. The presence of providing “hindsight” to my decisions therefore proved to be effective. From that time forward, I have always recorded the time and place of every major decision and have made sure that, at a future time, when I realize what the right decision should have been, I do sessions to provide myself the hindsight needed to influence them correctly. The ending conclusion? Even though you can’t change your past, you can influence it from your future and, by making yourself more sensitive to hindsight coming from the future, you can make your present and future better. What would your life be like if you could go through it never making a bad decision?

I hope you will forgive me for leaving remote viewing’s relationship to the space/time continuum for a moment to give some added observations.

Many of science’s advancements have been made because of things that are observed, but can’t be explained. There are observed things in life for which 3-dimensional time/space continuum gives a plausible explanation. When space/time is accepted as real (which it already is), it provides an explanation for several observed phenomena for which science presently has no other explanation.

One of these is the concept of “alternate universes”. Take, for example, the common observation of a UFO zooming in, stopping on a dime, and then zooming out. Observers wonder how any inhabitants of the craft can withstand the inertial forces of the sudden stop and start. But if that UFO is understood as going at a different direction through the space/time continuum than we are, the explanation is both easy and clear. As it flies along its path through the continuum, it crosses our path.

We don’t see the UFO until it gets right up to our timeline and suddenly appears to us. Why? Because even though it may be in nearby space, it is there at a time when we’re not. As it approaches our timeline, it begins to match our speed through time and space. Therefore, it appears to us to zoom in at a high rate of speed, suddenly match ours, appearing to stand still, and then, as it passes out of our timeline, it appears to speed up again and disappears just as quickly. We think, “How in the world did that thing just zoom in at an amazing speed, stop, and then take off again at high speed? The sudden stop and start had to have jarred the beings inside something awful.” But in fact, it was going a constant speed along its own timeline and what we saw was just it crossing through ours. The inhabitants of that UFO might have looked out their window and seen us suddenly appear and disappear and pitied us, thinking that we had a life span of only a second or two. In a continuum where time can be 3-dimensional, there is room for millions of other worlds, civilizations, and universes. They only need to be at a different time in the same space/time continuum that we are in and we won’t see them and they won’t see us unless our paths and theirs happen to cross.

There is another observed example of this from the many reports of “alien abductions”, which for science has always been the “elephant in the room” that everyone tries to ignore – but it’s there, nonetheless. For this example, I go back to the caveat that at the present time, our human subconscious minds work better with thought than with physical matter. But that may not be true for all species in the universe. There are hundreds of reports of the ETs “entering by walking through the walls”. But the laws of physics are not that easily circumvented. What if, instead, an ET walks up to a wall, can’t physically get through it, so it simply keeps its position in space but changes its direction in time to a point where the wall wasn’t or won’t be there. It is then easy to step across and then return to our timeline. It would appear to us that it has walked through the wall, when in fact, it has suddenly appeared on our side of it. It has only used its ability to manipulate the continuum to accomplish a very simple task.

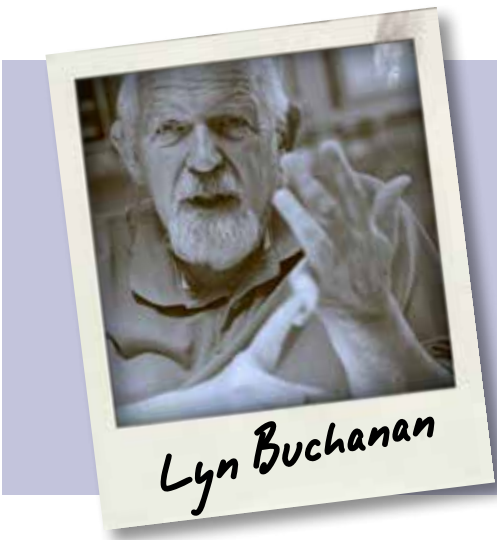
3 dimensional space/time also provides another answer to a problem baffling science at the present moment: “Why is the universe expanding, when gravity should be pulling it together?” The answer comes because of a simple oversight by Einstein, and by the astronomers Arthur Eddington and Frank Watson Dyson when, in 1919, they tested his theory and provided results that appeared to prove him correct. They saw stellar “lensing”. That is, that light passing a star is deflected by its gravitational field. Einstein pictured the path of light from a star would be deflected as it passed by our sun. And, it was observed to be true. But Einstein and others since then have also depicted that after the light leaves the gravitational field, it spreads back out and resumes its original path. That, in fact, is not the case. If it were, then the astronomers would not have been able to observe the bent path. They would have only seen the light flowing along its original path. But in fact, as the starlight goes through this “gravitational lens”, it compresses and then stays on a compressed path. The astronomers were able to see the bent and compressed light, simply because it did not spread back out to resume its original path. As the light remained compressed, it was simply following the part of the space/time continuum that was compressed along with it. And it is the compression of the space/time continuum that is important to the question of why the universe is expanding.

What happens when you take a large water hose and force the water through a small nozzle? It gains force. In like manner, the radiation from countless billions of stars compresses as it passes other bodies and the total sum of those countless billions of compressed forces that hits every star, planet, or other heavenly body is slightly greater than any radiant energy emitting from that body. The end result is that the bodies in the universe will be pushed apart, not drawn together. So, the as-yet unprovable theory of “dark matter” and “dark energy” that science searches for so fervently is no longer a necessary theory. The “gravitational lensing” of the space/time continu-

um explains in a very concrete way why the universe expands. The same “lensing” also explains the existence of “gravity waves”. As the complexly-related motions of bodies throughout space move in front of and behind other bodies, the overall forces of lensing at any one point in space will vary rather than remain constant.

So, Jurandyr, to answer your question, going directly “side-ways” in time” allows us to send our minds to any distant place instantly. It is the very definition of “folding space” as well as an explanation of how “entanglement” can happen. Those are both presently scientific theories, but they are also what remote viewers do mentally every day. It is what we are ultimately teaching our subconscious minds to do in a controlled manner when we train ourselves to remote view.

I apologize for my diversion into theoretical physics (a strong interest of mine). The science part of this paper describes what the universe IS. The remote viewing part of the paper describes what we can presently only mentally DO with it. As humans, we also have the ability for psychokinesis. That is, the ability to affect the physical world with our thoughts. That ability is extremely weak in almost all of us, but the quantum physics principle called “the observer effect” shows that it is definitely there. If that is also developed, just as we’re now developing our minds to move through time and space mentally, we may be able to move our bodies and other objects through time and space physically, too. Then who knows what we will be able to do. Instant travel to infinite distances and times? Changing the past? Who knows? We may even wind up one day being able to meet and communicate with those “other universes”. If we don’t destroy ourselves first, the future of humanity could be amazing!



**Lyn Buchanan** was one of the Controlled Remote Viewers for the U.S. military, was their database manager, property book manager, and one of the trainers of the unit.

He now runs **Problems>Solutions>Innovations** a Controlled Remote Viewing training, service, and data based research company.

**Web:** <http://www.crviewer.com>  
**E:** [lynbuchanan@beyondbb.com](mailto:lynbuchanan@beyondbb.com)



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## WWC Group sets the pace in Associative Remote Viewing

T.W. Fendley

The Associative Remote Viewing group managed by Scott Williams has broken the four-minute mile, to use runners' terminology.

As 2015 ended, the Applied Precognition Project (APP) group affectionately dubbed Winner Winner Chicken Dinner (WWC) by its members had a 90 percent hit rate for its last 25 non-pass sessions. This handily exceeded the stated goal of an 80 percent hit rate set many years ago by APP co-founder, Marty Rosenblatt. Yet APP groups or individual viewers had only attained that goal for short durations--until now.

"Since August this year, we haven't missed -- [we've had] just hits and passes," Scott said. The winning streak ended Dec. 27 after 21 trials with no misses, or 25 if you include sessions dating back to the APP 2015 conference in June.

But just as other runners soon made Roger Bannister's 1954 record-setting four-minute mile a new standard, Marty is optimistic that other groups will follow WWC's lead. "I think now we'll see some other groups do as well, maybe even better," he said.

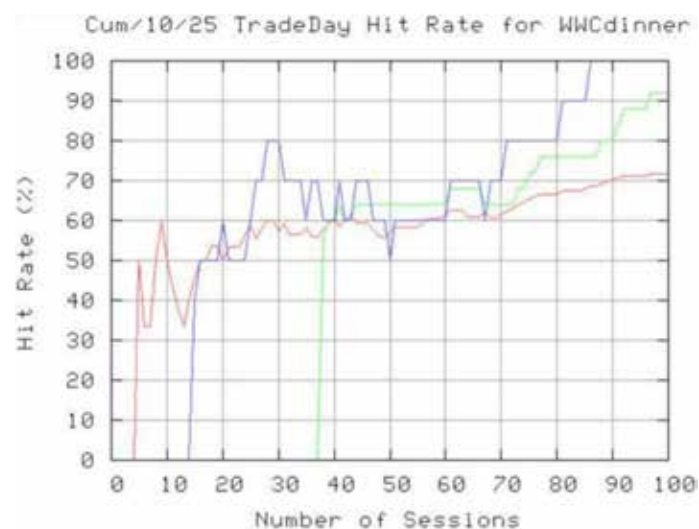
With more than 100 sessions completed, WWC's cumulative hit rate of almost 72 percent included those before Scott became group manager in May 2015, when WWC included many of the same viewers.

Scott attributed the sports group's recent success to many things, but to two factors in particular:

- Changing the way games were selected, and
- Weighting the viewers' sessions.

"I started analyzing each game before tasking," Scott said. For instance, in baseball, he looked at the players' past perfor-

mance, assuming the batters would do about the same as they had against that pitcher. He did something similar for football. "Before, I was just choosing the games that were interesting, or the latest one on Sunday, to give viewers the weekend to work on their transcripts," he said. "But in games with good pitchers, the score would be so low, it would be hard to meet an "over" prediction." (Over/under predictions are based on a game's total score.) Then he decided to stack the deck in the group's favor.



Data Summary from sub make\_tableWE\_V  
Group Summary- Hits = 43, Misses = 17, Passes = 40, HitRate = 71.7

"The viewers decide, but I give them a fair chance to be right, even when they make a mistake," he said. "It does help to know something about a sport. You wouldn't want to pick a game where the best team is up against the worst."

ARV viewers try to connect with a target -- in this case a pho-



tograph -- that is linked to or associated with the actual outcome, rather than view the event itself. ARV is often the preferred method when there are a limited and known number of possible outcomes, and for future events.

While changing how games were chosen was important, the big innovation was how Scott weighted the viewers' transcripts. Referring to the seven-point SRI or *Targ scale* used by many remote viewers to judge their sessions, he said, "I don't always use the sessions with the highest confidence rankings (CRs)...I don't count newbies' CR scores the same as those with high hit rates."

Hit rate information was readily available using the Winning Entanglement (WE) software Marty developed for APP. It automates much of the work by providing viewers online photos for each tasking, allowing viewers to post and judge their own transcripts, and automating data collection on hits, misses and passes.

"It keeps track of viewer hit rates, so now they can see their personal information online," Scott said.

A viewer's hit rate chart plots three lines: a blue one showing their 10-day hit rate, a green line for the 25-day rate, and a cumulative red line. As a group manager, Scott had access to the data, which he used to weight their sessions by computing the average of their hit rate and transcript score.

Scott assigned a separate score to each viewer's transcripts based on his judgment of their strength, separate from the confidence ranking. For instance, a strong transcript would get an 80 percent rating, whereas a weak one would be rated 55 percent. He added this figure to the viewer's hit rate, then divided by two to derive the weighted score.

On a single Excel spreadsheet, he displayed all the game data and information from all the viewers—the CRs they gave their transcripts, their cumulative and 10-day hit rate, and their weighted scores. He drew a line across the page to separate the higher-weighted sessions from the lower-weighted ones, and relied on those above the line to determine the group prediction.

It wasn't all stone-cold statistics, though. For instance, if the 10-day trend showed a viewer was "hot," he might have given that session more weight. Scott also double-checked his outcomes by consulting a pendulum.

"I never let the pendulum switch me from one side to the other," he said, "but twice as often, it will keep me from choosing the wrong side."

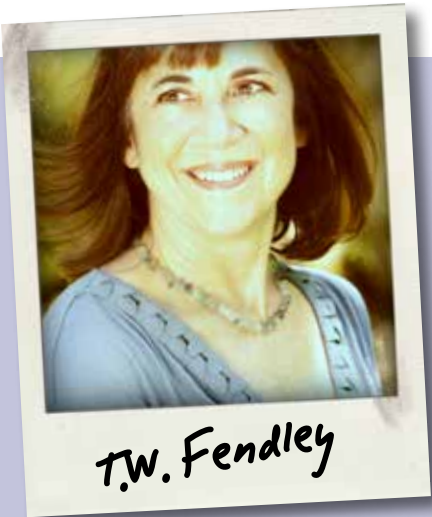
The pendulum helped correct for such things as when Scott forgot the "confusion factor" that may have plagued tasking, uploading transcripts, etc.

Other factors contributing to the group's success were heightened enthusiasm following the APP 2015 conference, an influx of good viewers from a course Scott helped organize in the Los Angeles area where he lives, and passing instead of forcing a prediction. "Even though I don't like passing," he added. Thirty-five of the 80 predictions were passes.

What led to passing? If the viewers were split—with half choosing one side and half the other—it could be a pass, depending on the strength of the transcripts. Other factors could include confusion in the process, trouble with scoring, comments from the viewers, difficulty connecting to the target, or photosites that previously caused misses or displacement. Scott admitted it's hard to tell why a certain strategy works. "It may be just spending more time and energy in the process helps the group. I have a feeling the more time I spend on any part of the process contributes. Somehow I'm telling the universe I care about this and I want it to be right, so show me the future I'm asking for."

As a novice group manager, Scott said he would often communicate his excitement if the group had a prediction based on strong sessions with CRs of 6s and 7s. Since then, he's decided that's not a good management strategy.

"My job as a group manager is to communicate strength and responsible predicting ... if some of the top viewers in the world get a miss 30 percent of the time, then our group can, too," he said. "Getting excited about a prediction BEFORE we know the answer works against you when it goes wrong—and viewers get discouraged. Now I just say we've got good congruence, and we only celebrate AFTER we know the prediction was correct."



T.W. Fendley

T.W. Fendley is a remote viewer with the Applied Precognition Project and hosts a blog on Associative Remote Viewing ([www.arv4fun.com](http://www.arv4fun.com)). She is also the author of several fantasy novels and numerous shorter works.



The Applied Precognition Project's 2016 conference **June 13-16 in Las Vegas** will feature an innovative workshop-oriented approach for learning different remote viewing and judging methods.

The agenda includes outstanding speakers on the leading edge of parapsychology and also eight precognitive predictions for fun, learning, and potential profit.

"Most of the speakers will be with us for the entire four days, engaged in remote viewing activities alongside participants," said Marty Rosenblatt, APP co-founder. Speakers will include: Joseph McMoneagle, John Petersen, Jeffrey Mishlove, Edwin C. May, Angela Thompson Smith, Debra Lynne Katz, Nancy Smith, John Herlosky, Shane Ivie, and Marty Rosenblatt.

In addition to revealing how he has successfully found more than a dozen missing people throughout the world, McMoneagle will lead a refresher workshop on the first day of the conference.

Focusing on "Consciousness is FUNdamental: Precognition Health-Wealth-Wisdom," the conference will be held at the Green Valley Ranch Resort and Casino on the outskirts of Las Vegas in Henderson, NV.

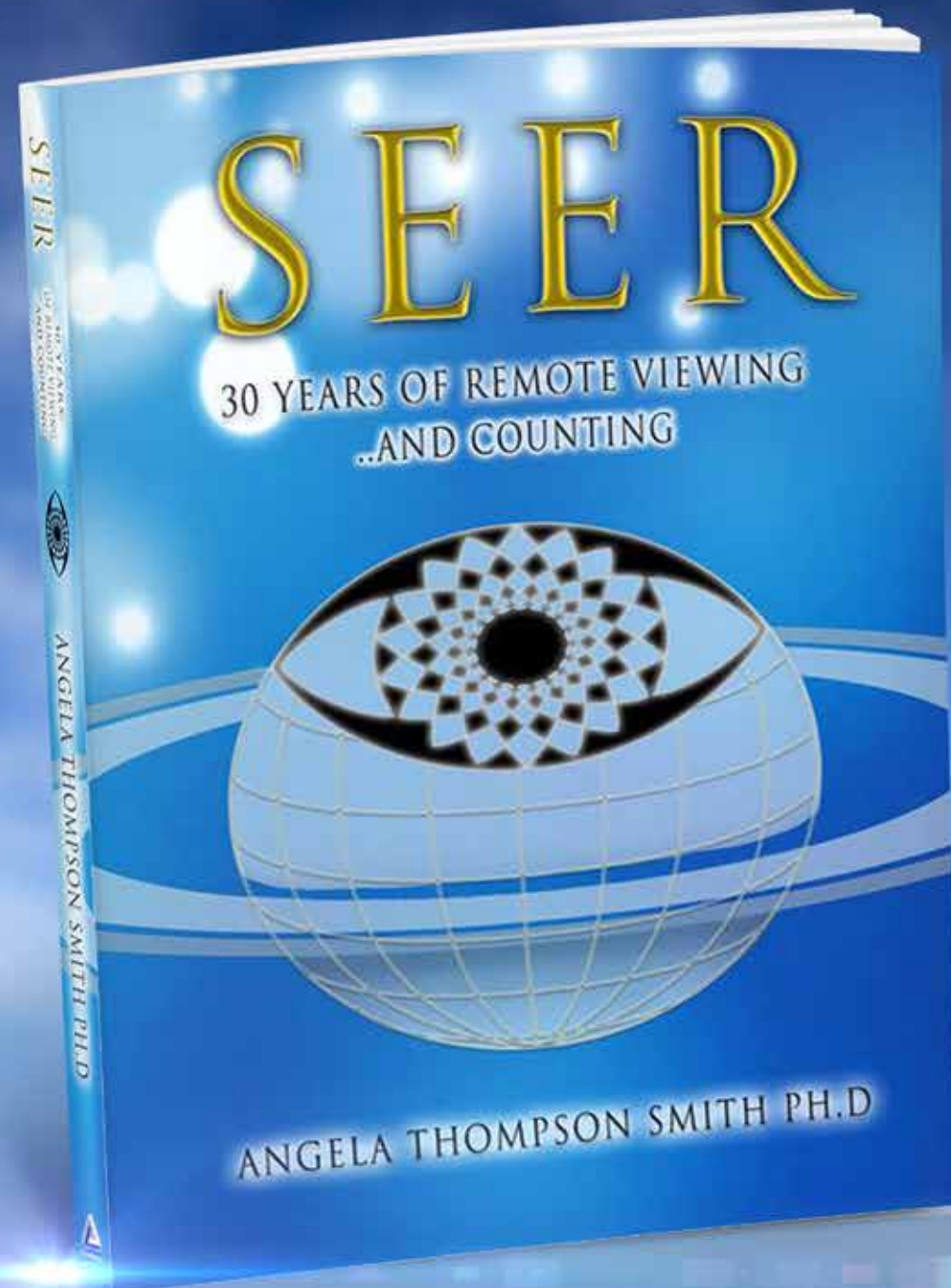
An early bird rate of \$420 is now available--a \$105 savings off the \$525 price.

To acknowledge APP's partnership with like-minded organizations and professionals, a special discount rate of \$350 is available to full APP members and to members of IONS (Institute of Noetic Sciences), The Monroe Institute, and the Rhine Research Center. To obtain the partner or member discount, click the appropriate logo on the conference registration page. <http://tinyurl.com/j9kmbko>

**APP and IRVA (International Remote Viewing Association) are each offering a \$50 rebate to those who attend both 2016 conferences, for a total of \$100.**



SEER: 30 Years of Remote Viewing...and Counting has been published! Over thirty years ago I started on a journey that began with sending off for a paper on Dr. Hal Puthoff and Russell Targ's research into a topic known as remote viewing. Over the decades, my career path swerved away from medical studies into the fields of consciousness research, parapsychology and shamanism. Excerpts from thirty years of personal journals and case studies form the core of SEER, that serve to show what remote viewing is, how it can be used in a practical way, and what the future might hold for human consciousness. Our potential as humans is unlimited! The journey is not yet over – the adventure continues.



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<http://tinyurl.com/h7hc6r7>

# 18 Years of Excitement:

CRV Stories from a  
Professional Remote Viewer

Lori Lambert Williams

My training with Lyn Buchanan, who received his training in the U.S. military's Stargate Unit, was always very solid and scientific—no “woo woo” allowed! But one special session taught me something profound, something that Lyn had intimated to me on occasion: For those who truly practice, the CRV structure can eventually lead to... something more.

## An Esoteric Target that Changed My Life

The landscape was dark and frightfully cold... so cold that my teeth began chattering. My lips turned blue. My monitor and husband, Jim, tenderly wrapped a blanket around me. The wind howled around me so intensely, I knew I could not survive in this place.

*“This can’t be Earth,”* I thought. There was a sensation, hard to describe, that gave me the impression that I was standing on a foreign planet.

But when was this happening? I had been tasked to move back in time to the origin of an object I had been viewing at the target site. I now felt as though I was far, far in the past.

The cold grew more intense. I couldn’t bear it.

*“I want to quit! I want to stop.”* I said urgently to Jim. I could tell that Jim was totally engrossed in what was happening to his hot-flash-inclined wife, sitting in a too-warm room at his parent’s house in Alamogordo, New Mexico—and that he wished I wouldn’t stop.

*“Ok, how about... if we take a break? Would you like to go get something to eat, and go for a nice walk?”* he asked.

That sounded great! So we took a break, and upon returning, resumed the session.

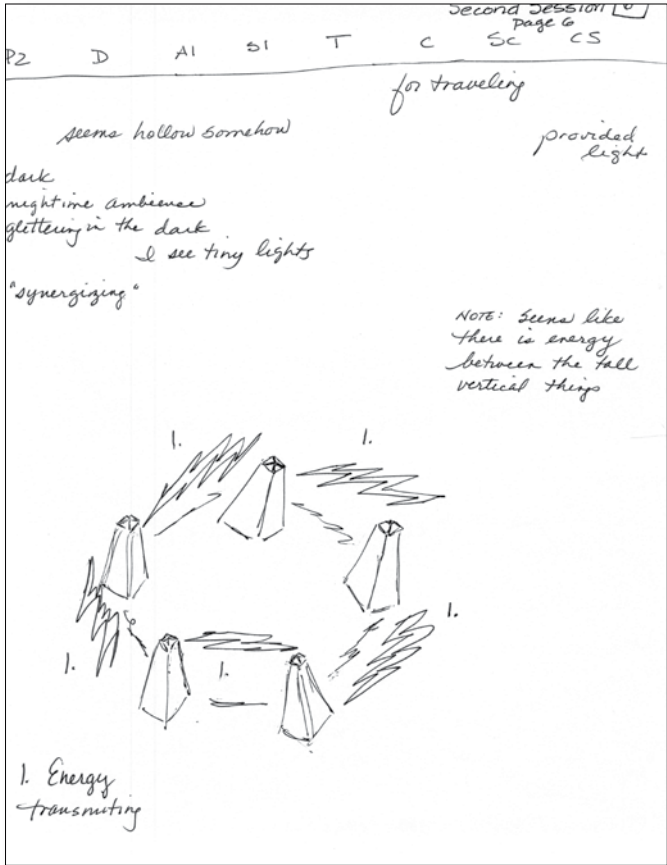
Immediately, as soon as I wrote the words “Resume” and the time, I felt I was back in the same location. Now, though, things were calm. I no longer felt the cold. It was still dark, but I could perceive numerous massive, tall, narrow structures with pointed tops. These structures were assembled in a circle. As I described them, I sensed that this place was sacred in some way. It had been a gathering place.

*“Move to the top of one of the tall structures. Purpose?”* Jim cued.

*“This is a place of energy. It both transmits and receives.”* I



responded, writing as I spoke.



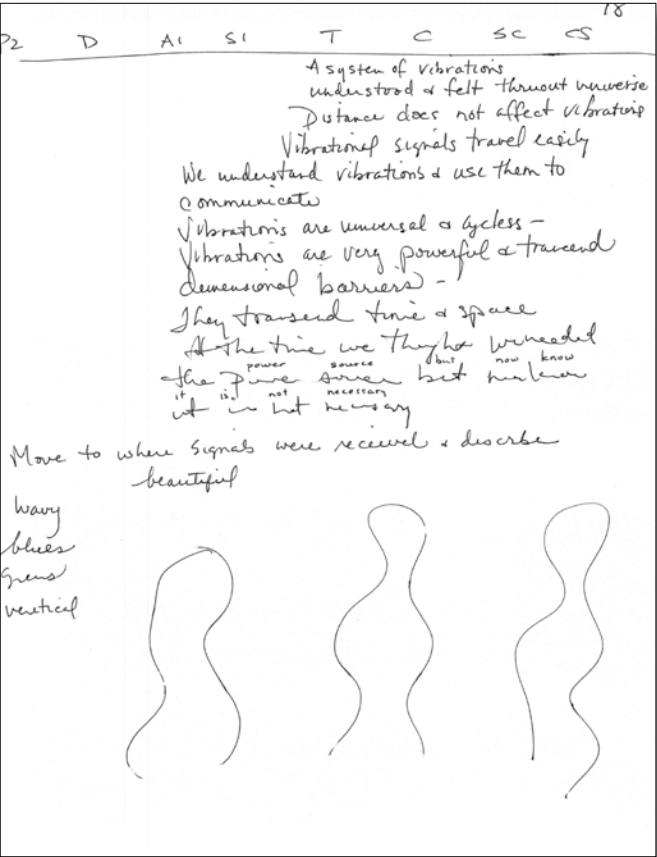
This is page 6 from the 2nd session done on this target.  
Note the column headings at the top.

For those unfamiliar with CRV, this is an example of the Stage 4 matrix and a sketch of the obelisk-like structures perceived.

The jagged lines in between the obelisk-shaped structures represent energy being transmitted and received.

“Move to that which is transmitting to it, and describe” he said.

Instantly, I was somewhere else. In front of me were three vertical ... what? What were they? It was as if I was looking through a sheer veil, or through water. These three objects were a beautiful turquoise color and they were alive somehow. What were they? Their shapes were rather amorphous... constantly changing like the wax in a lava lamp.



Page 18 from this session shows the Site Impressions(SI) column, also known as the Emotional Impact (EI) column. This column contains descriptions of how someone at the target site feels or thinks. It can effectively be used as a “mind-reading tool.”

Note how the handwriting begins to become nearly illegible as the viewer gets more and more contact with the target. Bilocation can cause the viewer to stop reporting altogether. This is usually discouraged by the monitor, and the viewer is encouraged to keep writing everything down!

After the session was over, the viewer went through the session while the information was still fresh, and rewrote words that were illegible, for the sake of good recordkeeping.

Page 18 also gives a small sample of the actual scientific information gained in this session.

Who knows? The information in this session may someday prove to be helpful as we advance in space travel and inter-stellar communications.

I sensed something from the three...figures. A message? What was this all about?

Love! I sensed love from them.

Information began to flow fast, so fast I could barely keep up. I wrote quickly, struggling to stay within the CRV structure.

“What is happening???” I wondered.

While staying within the CRV structure, I was suddenly experiencing a level of remote viewing I had never experienced before. A flow of information burst through, like water breaking through and over a dam.

The information was scientific and dealt with topics that were not a part of my lexicon. I did understand that a mineral compound was used and that, by speeding up atoms and molecules through a very advanced process, energy was produced. This energy was powerful enough to allow communication through space “worlds away” and to allow travel and signals to distant galaxies and places—even inter-dimensional travel. Yet at some point, an interruption occurred in the flow due to atmospheric and climactic conditions, effectively putting an end to the civilization that existed there. I perceived storms with violent winds, thunderous sounds, and structures being pulled apart. I also sensed that beings moved underground.

Jim was now more intrigued than ever, because with his background in science, he understood what I was writing down and saying out loud. He understood it, but I did not. How could the Controlled Remote Viewing process reveal information that was not part of my conscious education?

With trepidation and some difficulty, I wrote up my summary and managed to compose what I thought was a sane-sounding report of my findings for the customer. How in the heck was I going to explain this? What was the target, anyway?

As soon as my session report was received, the phone rang. The person on the other end was asking me to contact one of the ex-military remote viewers from the Stargate Unit, Mel Riley.

Why would Mel Riley want to talk to me?

I called. In his rumbling baritone, Mel asked quietly, “Tell me what you got in that session. And don’t hold anything back. Tell me everything.”

As I began relating what had happened, Mel would pose questions, such as “And was it like you were looking through water? Or a veil?”

Then Mel said, “You and I experienced the exact same thing.” I had no idea that Mel was a viewer on the same project. But

as he went on and told me his story, I realized he was right: We had both experienced the exact same thing.

So what was the target? When I finally was able to get some feedback, I was confused and surprised. According to the customer who assigned it, the target was simply a photograph of the Mars surface, with a Mars Rover track in the red Martian dust. Next to the Rover track was what appeared to be a boot print. Looking at the photo, it could have been the moon. I’m not really sure.

Regardless, this session, although an esoteric target for which there may never be concrete feedback in my lifetime, dramatically improved my CRV skills and was a turning point in my life as a remote viewer.<sup>1</sup>

### Controlled Remote Viewing: A Martial Art for the Mind

For some people, the CRV structure may seem tedious and unnecessarily complex, but CRV is like a martial art. Practicing a martial art can lead to outstanding experiences and a more profound sense of spirituality. And, although you may use your black belt in Karate to defend yourself only once in a lifetime, if that one time saves your life, it makes all the years of practice totally worth it.

Think of CRV structure as a drawer organizer for that annoying junk drawer we all have. You know the one—full of rubber bands, toothpicks, paper clips, and a multitude of other paraphernalia. Our minds are like the junk drawer. Psychic information might come in, but it lands in a mess of other “stuff” and we lose it. CRV helps us sort the junk from the psychic/valid info and be able to report it in a manner that is useful to law enforcement officials, corporate CEOs, medical personnel, archeologists, and ordinary people like you and me.

### Psychic Sketches Vs Detailed Information

A psychic closes her eyes and “sees” the target. Picking up a pen, she sketches what she sees. Afterward, a photo is pulled from an envelope. The photo and the sketch are similar. Everyone is happy. She proved she is psychic!

So why do CRV practitioners insist on all that writing and sketching? First, of course, most of us are not that psychic. Further, even the best psychic will only be able to name the target and give a brief, generic description. That may be good enough to “wow” friends, but what about the times detail is needed? What about the times the envelope-to-the-forehead trick doesn’t work?

Therein lies the power of CRV and why CRV can be considered to be superior to other methods of viewing, depending on the intent and purpose of the viewing, itself. Its structure allows



the Viewer to go far beyond mere sketches and has the potential to give detailed information about a target. Viewers quickly adapt to the structure and it becomes second nature. With practice, we do it without even thinking!

Russell Targ, a co-pioneer of ESP studies at Stanford, once told me, *“When we conducted remote viewing at SRI, the Interviewer simply asked the Viewer, ‘Tell me what you see’ and the Viewer described it—even sketched it accurately. So why are people teaching this structure? Why is it necessary?”*

Pam Coronado, renowned psychic detective, and I both explained to Russell that many remote viewers no longer have the luxury of an Interviewer/Monitor. When no one is available to pose questions/suggestions to a Viewer, CRV’s structure provides a platform for the information; the Viewer’s conscious mind becomes the Interviewer. Russell had an “Ah-ha” moment!

As a final example, let’s say that you and I are the same age. As 5 year-olds, we both began piano lessons. Thirty years later, you may be a virtuoso playing Carnegie Hall, whereas I may be just entertaining my friends at the occasional party. To me, this is the fundamental difference between true CRV (with all its structure) and simple remote viewing. A world-class CRV’er, like the virtuoso, can get amazingly detailed and accurate information, while a good “remote viewer” can wow friends at parties.

### Can CRV Lead to a Shift in Consciousness?

Jim and I became close friends with Mel Riley and his wife after the Mars Rover session. Mel and I have had some long talks about our experience with this target. After doing that session, I noticed that a lot of my professional, operational (non-practice) CRV sessions often led to outstanding shifts in consciousness. Mel, too, has experienced “shifts in consciousness” during his many years of CRV sessions. Together, we believe that what we experienced during our remote viewing sessions on that target was something unique and profound.

Because of that experience, I created a course about 4 years ago called “Beyond Advanced: CRV for Professional Viewers.” This course includes advanced use of Stage 6 tools for corporate and personal use, tools not taught in the regular 3-day Advanced course. More important, the course enables Advanced viewers to shift into Extended Remote Viewing (ERV) within the structure of CRV, with bilocation as the ultimate goal.

### Bilocation – How Can I Have One?

Ingo Swann, creator of the CRV structure, somewhat discouraged bilocation, mainly because the military’s purpose for remote viewing required viewers to report everything as they were experiencing it. (Viewers tend to stop writing when they

bilocate.) But the “Beyond Advanced” course teaches an Advanced viewer how to “toggle” between CRV and bilocation while continuing to write everything down. Acquiring this skill requires a great deal of practice, and is definitely not easy.

When someone asks me what the difference is between ERV and bilocation, I explain it like this: ERV is a technique that a viewer uses to access the intended target while in a hypnagogic state; it is done deliberately. Bilocation cannot really be induced; it either happens or it doesn’t. Just as the Monroe Institute (the nonprofit education and research organization devoted to the exploration of human consciousness) creates the conditions in which an out-of-body state can occur, the “Beyond Advanced” course teaches viewers to create the conditions during which a bilocation is more likely to occur. Viewers learn to record that experience as it is occurring.

### The Sharing of Consciousness

There is an interesting “sidebar” to the Mars Rover target. That target was given to three other very advanced viewers after Mel and I viewed it. While the content of the sessions was somewhat different, all of those sessions culminated in seeing obelisk-shaped structures set in a circle, transmitting and receiving information. Further, when instructed to move to the source that was transmitting, all Viewers experienced the three amorphous blue beings emitting an overwhelming sense of love.

It could be surmised that we five viewers simply demonstrated a strong case of telepathic overlay, sharing each other’s perceptions. Even if that is the case, the similarities experienced show me that we all share consciousness to some degree. Whether we viewers shared each other’s imaginings, or whether we all truly met Beings that exist in another dimension, the point is that we shared the experience – effectively demonstrating shared consciousness on some level.

Mel commented to me today that it is very unusual for any target - assigned to 5 separate viewers on 5 different occasions - to result in such similar session outcomes. Mel’s experience with telepathic overlay indicates that it would not normally occur when the viewers were separated by so much time and physical distance when the sessions took place. He also believes that an important target has a way of leading the viewer right to it. It could be that the feedback photo was a lunar surface with an astronaut footprint, rather than being the surface of Mars. But perhaps the viewers were drawn to the belief or intention of the customer who assigned the target. Regardless, the results were fascinating.

### Helping Advanced CRV Students to Progress

During the “Beyond Advanced” course, everything begins and ends with CRV. Student viewers begin a session on Day One, breaking and resuming at certain times. In between, they are

learning advanced uses of Stage 6, as mentioned above.

On Day Two, student viewers again resume viewing the same target. With each viewing of that target, site contact becomes stronger. Viewers are effectively “wearing a memory path to the target” in much the same way a hiker wears a path by always hiking the same trail. In other words, by visiting the same target multiple times, viewers are making it easier to view that target. The path has been established. By evening, students are feeling familiar with the target even though they haven’t seen any feedback yet.

Around 7 p.m. on Day Two, student viewers settle into a comfortable recliner after dinner. As the students relax back, Jim and I guide them to the target once more—this time, in a hypnagogic state.<sup>2</sup> Students then often experience a bilocation experience that is very real and almost tangible.

Some students experience an amazing bilocation during their CRV session on the 3rd day of the class. This is the goal of the course: to have a bilocation experience during a CRV session while continuing to write, and to do it all without the aid of a hypnotist/monitor.

### CRV for Research Projects

When people ask me about the day-to-day practicality of Controlled Remote Viewing (CRV), I usually tell them ways they can use it to make better life decisions, find lost objects or pets, keep tabs on the kids, and incorporate it into corporate business and personal health applications. There are some specific areas, however, in which CRV and the results it provides truly shine.

Consider a research project for which finely detailed information is needed. A well-trained remote viewer, using CRV structure, completes a session and then composes a professionally written summary in outline format, containing 220 perceptions. The structure of the summary itself prevents misunderstandings about the meaning and perceptions of the viewer. Best, the amount of detail is phenomenal.

A few years ago, researchers Deborah Katz and Lance Beem won the International Remote Viewing Association’s Warcollier Award to do a research project. The gist of the project was to see if Remote Viewers could view microscopic targets.

The target was a microphage. If antibiotic-resistant bacteria threaten the human race, could remote viewers view a solution? Could certain microphages “eat” the threatening bacteria and save our species? And among the viewers, did viewers who had more training do better at viewing the target?

The answers to these and other questions were answered in a wonderful research report that Deborah Katz and Lance wrote, so I won’t go into all of that here. I just want to share

my experience with that research project, because—not only is it a good story—it also illustrates my point.

Participating in the research project and completely blind to the target, I suddenly experienced riding what felt like a twisting, turning rollercoaster of light, all lit up in a velvety darkness that I was racing through. As I wrote down my perceptions, the “ride” ended and I felt as though I soared out into the Cosmos “like the beginning of time itself.” It dawned on me that the rollercoaster felt like a Helix—a DNA molecule! “It’s microscopic!” I exclaimed.

From that point on, perceptions rolled in, one after another. Like a hound on the scent, I followed the trail straight to the microphage. The session took two hours in total, including the writing up of my final report.

The outline summary was sent to the researchers on an Excel spreadsheet. There were 144 perceptions in my final report, which the researchers took to scientists who are experts in microphages. The experts scored those 144 perceptions for accuracy and found them to be 98% accurate.

The researchers compiled data based on all the viewers who took part in the project and found that the sessions done by viewers who had taken CRV training were far more accurate and detailed than viewers with less training and/or who used other methods.

### CRV for Technology Targets

CRV is also an amazing tool for use with technology targets. Due to confidentiality, I am not able to share information from many of the amazing projects in which I have had the privilege to participate, but I can reveal just a bit to show how I’ve been able to use CRV to accurately describe technology with amazing detail and accuracy, even when the target in question is completely outside of my sphere of knowledge. (Most of those who know me well would probably describe me kindly as “technologically-challenged.” And they would be right.)

One such target specified that the goal was to find the cause of an airplane crash. I came to a point where I knew I was in an airplane that was experiencing difficulty. The plane was tilting and items were tumbling around me. I heard loud shouting, and I made the statement, “Something is failing.”

“Move to the failing and describe,” said my ever-faithful monitor, Jim.

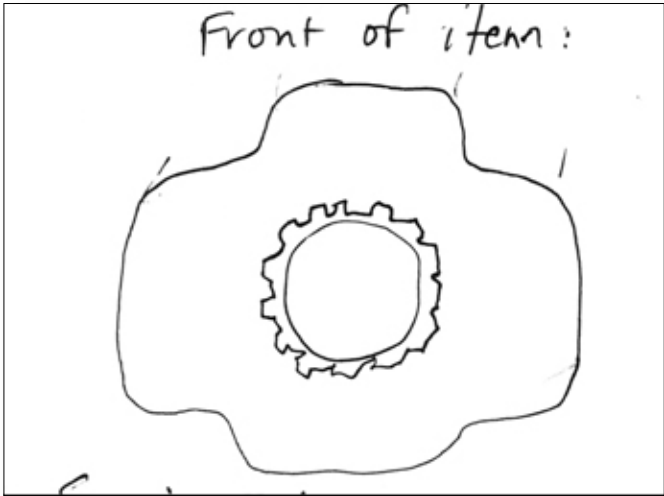
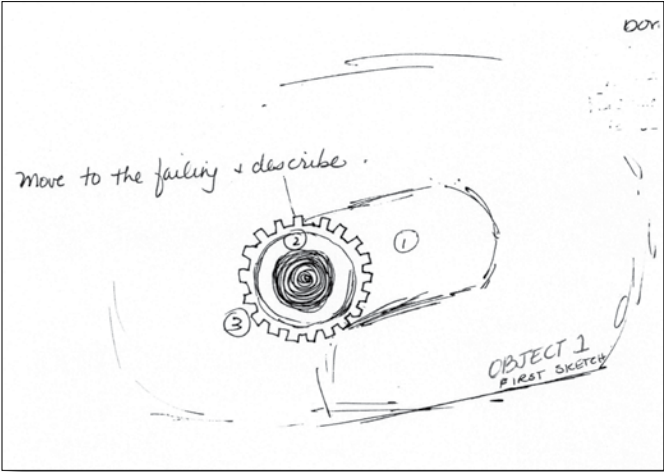
Being the good Italian that I am, I began waving my arms around, trying to grasp what I wanted to convey.

“Can you sketch that?” Jim asked.

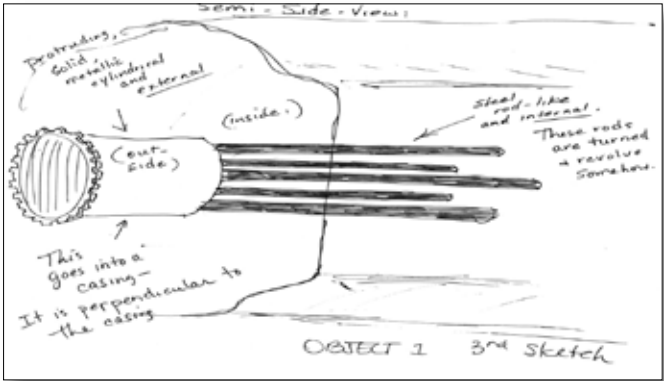
Frustrated and convinced that I could never draw what I was



perceiving, I began sketching:



These are the sketches of what I perceived to be the cause of the crash



Photos of the type of engine used in the plane, a Pratt & Whitney R-4360 Wasp Major:

Notice the front end and the similarities to how it was built. My sketch showed the interior part of the drive shaft.



Another Pratt & Whitney R-4360 Wasp Major from another crashed plane.

### CRV Vs Other Methods

Yes, there are other methods for obtaining psychic information, and I’ve come to believe that they can all be excellent when used by the right people for the right targets and with the right intentions. Remember the comparison of CRV to a martial art? There are many martial arts—Tae Kwon Do, Karate, Ju Jitsu, to name but a few. They are all good. They all have their purpose. Just as you would not use a hammer when you need a screwdriver, choose the appropriate viewing tool for your intuitive work.

ERV is a great tool if you need information quickly, or if you

are trying to come up with names or numbers, and you can incorporate the use of ERV into the CRV structure.

ARV is wonderful for getting information on the fly, while standing in line at the grocery store, or when trying to decide which car to buy. It is quick and easy, but not great for getting detailed information.

CRV is my favorite, simply because I find that I can incorporate a multitude of other tools into the CRV structure and use that structure to report my findings. The structure of CRV keeps things organized, and I like that. CRV has been part of my life since 1997, and like a long and lovely marriage, it still has the power to thrill me.

### Looking Ahead

I am excited about the potential that CRV has to change the world. A well-trained and organized team with the proper funding could potentially view solutions for the world’s biggest problems: climate change, pollution, terrorism, and more.



**Lori Lambert Williams** is the Executive Director of Intuitive Specialists and Lambert Williams Enterprises, LLC. Ms. Williams teaches the Basic, Intermediate, Advanced and professional-level CRV courses. Lyn Buchanan began mentoring Lori in April of 1997, and they have collaborated frequently over the past 15 years. Since 2001, Lori has taught hundreds of students from the U.S., Canada, Japan, Mexico, Australia, Africa, and all over Europe. She is a professional remote viewer with many years’ experience, and is known both nationally and internationally for her high degree of accuracy and amazing detail. Her professional experience includes working with law enforcement to assist in missing person cases, conducting sessions for corporations, organizations and individuals, working on archeological mysteries, and many remote-healing sessions

**Web:** <http://IntuitiveSpecialists.com>  
**E:** [IntuitiveSpecialists@gmail.com](mailto:IntuitiveSpecialists@gmail.com)

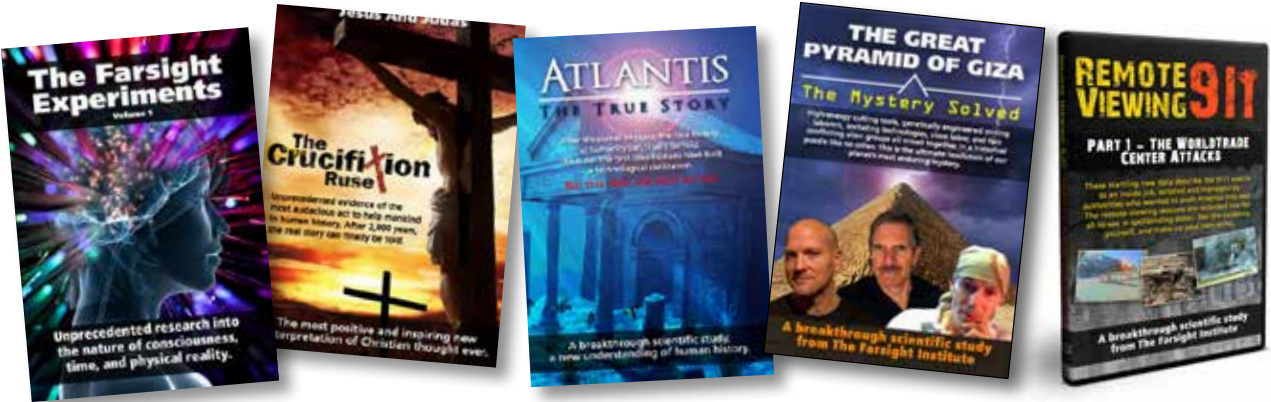
I’ve heard it said, “Anything worth something, costs something.” It will take dedication, patience, perseverance, hard work, and sacrifice to see CRV reach its full potential. Are we up to the challenge?



### Footnotes:

1. I do not ever give esoteric targets to my students in the Basic, Intermediate or Advanced CRV courses, because it is so important for students to have solid feedback through which to judge their sessions and determine their strengths, weaknesses, and overall progress.
2. Jim and I are both certified in hypnosis, and have had an active hypnosis business since 2004.

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# An interview with ANGELA FORD

## A Project STAR GATE Remote Viewer

Angela Ford was a participant in the STAR GATE Remote Viewing program from 1986 - 1995. Angela used a process called 'automatic writing' to perceive information from her subconscious. Many books, articles and comments have been made about this period of Remote Viewing history. As a scholar of this history, I would be remiss not to get the comments and viewpoints from some of the female civilians involved in the program, as their viewpoints have been noticeably absent to date - Daz Smith.

Angela, first, in a short paragraph can you overview for us a short Biography, a bit about you, your history/experience for those who are not familiar with RV history?

[Daz] Angela supplied this background from her Book *'Unconventional Method'* available from Amazon.

On the 1st of May 1978, or approximately a year and half after Angela and Louise graduated from IUP, they were hired by the FBI. They worked as clerks at the FBI headquarters building on Pennsylvania Avenue in Washington, D.C., where they served within the Identification Division to encode the fingerprints of convicted criminals. They additionally trained as tour guides for the public.

It was during this period of her life that Angela developed a serious interest in the paranormal. She and Louise attended a Native American Pow-Wow near Baltimore one night, where they met with a tribal leader who perceived that both of the girls possessed psychic ability. He asked about their dreams when they were young, and told them that their dreams were in reality premonitions, that both girls had the ability of sight, and that when they were in their 80s their childhood dreams would be realized.

The girls aspired to serve as Special Agents of the FBI, but neither could pass the physical examination owing to poor eyesight. So Louise quit her job at FBI headquarters to take a waitress job in the area. A female co-worker named Sue guided Angela to seek employment with the Department of the Army.

The Army offered internships for budding intelligence analysts who held college degrees in political science, so Angela secured employment in November 1979 with the Army's In-

telligence and Security Command, or INSCOM. The building in which she worked, Arlington Hall, in Northern Virginia, was located less than four miles from the Pentagon. It housed both INSCOM headquarters and the Defense Intelligence Agency, or DIA.

She served for nearly three years as an intern for the Department of the Army, and was then assigned to work as a current intelligence analyst within the Watch Center at INSCOM headquarters. Angela's assigned specialty was Central America, a hot-button region for American foreign policy during the Reagan administration throughout the 1980s. She remained in that position for about four years.

Her mother advanced Angela's interest in the psychic world after her father passed away by providing a copy of Ruth Montgomery's book, *A World Beyond*. The book described a method to open oneself to a world of information that Angela had not even imagined. The method was called Automatic Writing, or Channeling.

Automatic writing is commonly understood to be a process whereby an entity or entities or the unconscious mind enables the practitioner to access information not otherwise accessible to a human via the five senses or usual methods of perception – hearing, sight, touch, smell and taste. Sometimes the psychic sees words, or seems to hear words in her mind, to include locations and people's names, and she records the words she sees and the sounds she hears on paper. To observers, she appears to be doodling. But the writing is actually a process of recording information that she receives in her mind.

A common misconception by observers is that psychics who practice Automatic Writing or Channeling are possessed by spirits who assume control of their minds and bodies to com-

municate their thoughts and messages through the hand of the psychic by writing onto the paper. That is not the case.

Angela is not a scientist, of course. She does not know exactly how the process works. And in truth, no one understands with any measure of certainty how the process of automatic writing works. But Angela is a practitioner with a documented record of success. So one can reasonably attach some weight to her theory, which follows.

Angela believes that every event generates or leaves in its wake a quantum of psychic energy – a fingerprint of energy which uniquely marks that event forever. The energy itself never dissipates and can not be destroyed. It may change forms – from gas to liquid to solid state, for example, but it always exists. If one could access such uniquely marked tags of energy, one could reconstruct an experience or otherwise access the original event. In a sense, tags of uniquely marked energy bear knowledge of the event itself. The Battle of the Little Bighorn – Custer's Last Stand – for example, likely stirred within our corner of the universe a large amount of highly charged, emotional energy. The battle ended approximately 130 years ago, but within Angela's theory, uniquely tagged energy, or markers which developed during the battle remain within the universe today, and may be accessed to acquire knowledge of the battle.

Automatic writing enables the practitioner to access those uniquely marked tags of energy.

Angela believes that the human brain is divided into left and right hemispheres, which correspond to separate cranial functions. The left side of the brain is commonly understood to govern logic and reasoning. The right side of the brain is commonly understood to govern expressive or creative tasks. Left side activity works to block or inhibit a psychics ability to access uniquely marked tags of energy, while right side activity enables the practitioner to 'open up' to accept uniquely marked tags of energy which retain knowledge of past events.

Within Angela's protocol for automatic writing, she relaxes and meditates to put the left side of her brain 'to sleep'. Once the left side of the brain is neutralized, the right side of her brain opens to receive the targeted energy. As words and sounds and other forms of information flow into her consciousness, she automatically, perhaps subconsciously writes them down to record the information.

And so the process may work like this: Someone provides to Angela an envelope. The envelope contains a quantity of information about an event, plus a question for which the customer – me, for example – seeks an answer. The envelope is sealed, and Angela is told nothing whatsoever about its contents. It is, to all appearances, simply a sealed envelope. Angela begins to write or doodle on her notepad. In essence, Angela slips into her zone. The target envelope contains energy related to the event or issue in question. She taps into

that energy in a manner not dissimilar to the process used to tune a radio to a specific frequency. She opens herself up to accept the universe of energy which resonates on that frequency – all information that is forever stored in the form of energy related to the event or issue which is mentioned within the target envelope.

Given the target 'Custer's Last Stand', for example, Angela begins to write or doodle. The sense of swirling dust and fear and cacophonous noise and the smell of blood and sweat may flood into her brain. Flashing images of men and horses in a kaleidoscope of positions may assault her consciousness. She may rise above the terrain to gain a birds-eye view of the action, or she may focus intently on a small patch of ground that harbors an every-narrowing circle of defenders as the last few men under Custer's command met their fate.

Another person usually accompanies Angela during her psychic sessions. Not always, but usually. That person is present in order to record whatever it is that Angela has to relate during the session – he takes notes. The individual is called a monitor. When Angela is within her zone and begins to comment on the information which flows into her consciousness, the monitor simply documents in writing whatever Angela has to say. The monitor may pose questions to Angela during the session, in order to clarify her comments and descriptions.

Angela notes that information she psychically receives is often conceptual or abstract in nature, and not literal or concrete. For example, during automatic writing, Angela may sense that the information she is seeking is red in color and is in the shape of a circle or that it is round. Angela may not understand the exact nature of the round, red thing, and is therefore unable to apply a name to it because only the right side of her brain is engaged during psychic sessions. In fact, the item in question may be a red ball. It is up to Angela to either connect the dots, so to speak, and conclude that the information which she seeks is a red ball – a process which would require the use of left brain reasoning or logic – or, more commonly, Angela simply relates to the monitor whatever information she receives in her mind or in the automatic writing – a sense of something red, which is round or in the shape of a circle. The monitor may pose questions to Angela about the red, round shape, and Angela may or perhaps not have available additional information concerning the object. In that event, her final answer is, quite simply: Something which is reddish and round.

The entire process seems odd, even scary. And certainly not within the realm of common experience for the majority of human beings. So we must wonder how it works.

I do. Somewhat. But frankly, how it works, though of interest, is not terribly important to me. I do care principally about the acquisition of accurate and actionable information. I tell Angela that, how she obtains that information is of no particular concern of mine.



She may dip a hand-carved gourd into a bucket of chicken guts and pigs blood, then pour that smelly mess onto a table top for an inspection of telltale patterns, for all I care, or whatever – so be it. Go ahead. The process whereby she obtains information does not matter. She may do whatever she must. My objective is solely to identify a spy. If she can provide accurate and actionable information to that end, by whatever means, that is all I require.

If I must on some future date convey a measure of gratitude to whomever or whatever provided some assistance in the process of collecting information which is needed, fine. I will do so. Or I will howl at the moon, or do whatever else might be required to finally obtain accurate investigative leads to identify spies among us. Just give me the information.

Suffice it to say that Angela employed the left side of her brain, which governed logic and reasoning, while at work as an analyst for INSCOM. She employed the right side of her brain during free time to explore in her own fashion the psychic universe.

While employed by INSCOM at Arlington Hall in the spring of 1984, Angela learned that the Commanding General of INSCOM, Major General Albert ‘Bert’ N. Stubblebine professed a strong interest in the mind and the paranormal. He commonly sponsored motivational training exercises for fellow flag officers and staff colonels. He wanted his soldiers to learn visualization techniques to raise their performance levels. He sent military personnel to The Monroe Institute in Faber, Virginia, a small town in the Blue Ridge Mountains, to learn how to initiate out-of-body experiences. And Major General Stubblebine was naturally a strong advocate for a secret and experimental psychic program initiated years earlier by INSCOM and managed in 1984 by the Defense Intelligence Agency, DIA.

The program was called GRILL FLAME, and its objective was to determine whether psychics could add value to DIA’s efforts to collect intelligence around the world in support of intelligence operations. Angela knew General Stubblebine had an interest in the program and she hoped to become involved with it somehow. She wanted to meet him.

The Army adheres to strict procedures for communicating with general officers, and those procedures dictate that individuals seeking an audience to express work-related desires, which are not complaints, communicate those desires through an established chain of command. A chain of command is comprised of superiors whose function is in part to review, comment upon and issue recommendations related to the desire. The latter tier of superiors acts as a filter.

But Angela bypassed her chain of command. Co-workers at INSCOM facilitated an introduction, and Angela told him of her psychic experiences. That violation of protocol is so profoundly anchored within the Army’s culture that its nega-

tive consequences are usually predictable and certain: a civilian employee’s career usually experiences an early demise.

But her direct approach worked. Major General Stubblebine found Angela’s stories of past experiences fascinating.

Major General Stubblebine retired later that year, much to Angela’s disappointment, but some nine months later Angela received a telephone call from Captain Paul Smith, a member of the psychic unit then based at Fort George G. Meade, MD, located some thirty miles northeast of Washington, D.C., near Baltimore. He requested a meeting.

After several interviews with Paul, then an interview at Ft. Meade with other members of the unit, and after completing a Myers Briggs personality test, Angela was accepted into the program. She reported for duty at Ft Meade in July 1986.

She was thrilled. But it seemed that she had at least one major ‘bad habit’ to shed before the Army could fully accept Angela for training as a GRILL FLAME psychic: Automatic Writing had to go. Her employment as a psychic for DIA got off to a bad start.

The unit was staffed at that time by nine individuals, plus Angela, including six active-duty Army personnel and four civilians. Colonel Bill Ray was the unit chief. Major Frederick ‘Skip’ Atwater served as the unit’s operations officer. Major Ed Dames and civilian Gene Lessman served as trainers. Paul Smith, Mel Riley, Lyn Buchanan, civilian Charlene Cavanaugh, and Angela served as the Remote Viewer/psychics. Janet Betters was the unit’s civilian secretary.

The greeting which Angela received upon reporting for duty at the unit was a harbinger of things to come. Operations Officer Skip Atwater, the man who first proposed the establishment of an Army psychic program during the 1970s, met her at the front door. Before Angela could even step foot across the threshold, Atwater informed her that he was familiar with her and that he intended to break Angela of her ‘bad habit’, Automatic Writing. Channeling was not practiced by the unit. It would not be tolerated.

Angela soon learned that she was a bit of an oddity even within a unit that was to be viewed in time by others as loony and otherworldly. While Angela had frequently and almost routinely experienced psychic events since early childhood, only one other member of the unit claimed to have demonstrated psychic powers before entering the Army’s program – Lyn Buchanan claimed to have observed an Unidentified Flying Object (UFO) at some time in the past, and he claimed to have moved inanimate and remote objects through the employment of psychic power alone. Other members of the unit reported the personal experience of only occasional or even rare events which might be attributable to or characterized as paranormal activity. Angela believed that everyone on earth possessed a natural ability to receive informa-

tion psychically, and could do so if they would or could open themselves up to receive the information rather than block it out. But none of her co-workers except Buchanan had demonstrated or claimed with any certainty to have experienced a psychic event in the past. She believed the selection process for assignment to a unit that specialized in the development and testing of psychic powers in support of the intelligence community’s collection objectives was therefore flawed – it produced a psychic unit staffed primarily by people who were apparently not naturally gifted as psychics.

The other oddity exhibited by Angela was her practice of automatic writing and channeling of information through a stable of entities. The unit followed protocols developed by Stanford Research Institute (SRI) and Ingo Swann to develop the ability to conduct Extended Remote Viewing (ERV) and Coordinate Remote Viewing (CRV). Most members of the unit who exhibited psychic ability, at all, developed that ability through a training regimen of CRV or ERV. As trainer Gene Lessman told Angela, “Your friends are not welcome here.”

Angela surmised that Remote Viewers in the unit were selected not according to any past experiences or aptitudes which they’d demonstrated to anyone’s satisfaction, but rather according to some other criteria – some were individuals whose interests included the paranormal and who volunteered for a position in the unit to further explore that interest, and some members were selected through the time-honored practice of cronyism. Angela believed that the trainers were selected to serve as trainers after failing to demonstrate a significant ability or potential, though trainers seemed to believe they possessed some ability. Ed Dames fell into the latter category. The other trainer, Gene Lessman, was a retired military officer who happened to be a friend of unit chief Bill Ray. Operations Officer Skip Atwater had no demonstrable ability, though he was certainly interested in the paranormal; his function was to identify projects or targets for the Remote Viewers. Like others in the unit, Unit chief Bill Ray practiced a form of Remote Viewing.

Angela had lunch during her first day of work at the unit with secretary Janet Betters. Janet revealed that Angela was considered a bit of an odd duck at the unit for yet another reason: The method by which she gained employment was a bit of a mystery. But Janet connected the dots quickly after Angela described her meetings with Major General Stubblebine of INSCOM. The Commanding General’s close friend and colleague at INSCOM, she knew, was Brigadier General James W. Shufelt, who happened to be the husband of Remote Viewer Charlene Cavanaugh.

But she was also a civilian. Army culture during the early 1980s held civilian employees in somewhat lower regard than uniformed military counterparts. They were not equals.

Fortunately, Angela was an experienced, if somewhat impulsive operator within the Army’s culture. She understood and

accepted her ‘place’ as a civilian, and knew enough to go along rather than buck the system. If Operations Officer Atwater and trainer Lessman wanted her to learn and follow a specific regimen for the development of a Remote Viewing ability and the production of a psychically derived product, to the exclusion of Automatic Writing/channeling, so be it. Angela had a gift, and was confident that her natural ability would see her through the program.

So for approximately two years, Angela worked with Gene Lessman to employ a technique termed Extended Remote Viewing (ERV) to produce psychically derived information. Following an established protocol, a target, which was commonly an image or description of a fixed site, such as a building, was placed by Lessman into a folder or envelope. Lessman would inform her that the target was a location or fixed site or person. Angela then developed the ability to clear her mind – to put the left side of her brain ‘to sleep’, so that the right side of her brain could open without hindrance or interference to accept information about the target. Angela then described for Lessman whatever images or other forms of information flooded into her consciousness.

All other Remote Viewers in the unit employed a technique termed Coordinate Remote Viewing (CRV), which employed not only an image or photo of, or a written narrative which described the target, but also a set of geo-coordinates which, often as not, purposefully did not directly correspond to the location of the target on a map.

Angela had no control whatsoever over the information which flowed her way, and could not discern good or accurate information from inaccurate information. But her results were considered to be quite good. She found that ERV was a good technique to employ against conceptual targets – buildings and the like, which were set in a fixed location. It was not a good technique, for her, to use if the targeted information was a name or a date or the location of a person or thing. After a period of time that was spent in the development of her abilities on training targets, Angela transitioned to a focus on operational or real-world targets, usually a Soviet fixed site of some kind. Angela recalled working many, many operational targets.

In 1987, Colonel Ray retired from military service and left the unit. Gene Lessman departed as well, as did Charlene Cavanaugh. At about the same time, Fernand A. ‘Fern’ Gauvin, a member of the unit during the 1970s, returned to serve as acting chief until Ray’s replacement reported for duty.

The change in management brought with it a brand new, and for Angela a liberating approach to the production from Remote Viewers of psychically derived information. Fern didn’t care which technique was employed to produce the information – CRV, ERV, Automatic Writing/channeling, or whatever. His priority was to produce accurate information – the manner or method by which the information was produced mattered



not. Angela was free to practice Automatic Writing. The only caveat to Fern’s new approach was provided in the form of guidance from Dr. Ed May, who insisted that protocols to prepare psychics for their sessions – protocols designed to create conditions for a smooth transition from the employment of the conscious to subconscious mind – continue to be followed.

The Army introduced an additional change to the unit’s routine, in the selection of targets. The fixed site Soviet military targets continued to be of interest, but took a second seat to the resolution of real-world operational targets in the realms of counter-terrorism and counter narcotics.

Angela then began to record some remarkable successes, much to the consternation of members of the unit who practiced conventional CRV techniques. From their perspective, CRV was the only correct and acceptable psychic methodology. It had been tested and proven effective. Automatic Writing had not. CRV followed a scientific protocol. Automatic Writing seemed akin to spiritualism.

Consequently, the proponents of CRV disapproved of Fern’s acceptance of Automatic Writing in the absence of testing and validation. Their disapproval manifested itself in the form of a passive resistance as two camps emerged within the unit: The CRV-ers populated one camp; Angela and Fern, the other. Personal interactions deteriorated to the point where CRV-ers held meetings after Fern departed each evening, and purposefully excluded Angela from their meetings.

She was amazed by their conduct, and even amused. It was childish. Holding discussions with them regarding the merits of Automatic Writing was pointless. Angela felt she had nothing to prove. And she sensed no need to gain the approval of people who seemingly lacked her natural gifts of psychic ability, and who additionally lacked scientific credentials with which to judge her. They were her equals – co-workers. Who were they to judge her, then? An atmosphere of distrust consequently pervaded the unit, and the two camps remained divided.

Regardless of the merit of anyone’s position with his new policy, Fern determined that there would be no ‘test’ of Automatic Writing. The only test which he foresaw was operational tasking. Angela would either produce on the job, or not.

And her results could not be denied. The first target selected by Fern was the location of Terry A. Anderson, an American journalist held hostage in Lebanon by Shiite Hezbollah terrorists intent on driving American forces from Lebanon during the Lebanese Civil War in the 1980s. Anderson was abducted off the streets of Beirut in March 1985 and held hostage for some six years. His captors moved Anderson from location to location in an effort to thwart efforts by American intelligence to locate him. The latter were in fact stymied by a lack of assets and collection capabilities, so Fern thought to task his psychics in an effort to locate Anderson. Results were not spec-

tacular, but they were promising. Angela located Anderson in the Bekaa Valley – a result which was later confirmed through conventional intelligence collection methods. She could not be more specific than that, though, so the information, though interesting and later confirmed, was not actionable. Anderson was finally released in 1991.

Anderson was not the only hostage held by Hezbollah in Lebanon during the 1980s. In fact, more than half a dozen American, French, and British citizens were captured by Hezbollah in their efforts to force Western powers from the country. Dr. Jack Vorona, chief of DIA’s Scientific and Technical Intelligence directorate and the overall program manager for STAR GATE, directed the unit to focus next on a priority hostage for the Americans, Colonel William R. ‘Rich’ Higgins, USMC. Colonel Higgins served as chief the UN Military Observer Group, UN Truce Supervision Organization (UNTSO) in Lebanon, when captured in February 1988. All psychics in the unit were tasked to locate Higgins.

Angela initially placed him physically in a specific spot on the map, and advised that he was being held in a building at that exact location. Unfortunately, photos of that specific location indicated that it was nothing but open and bare ground. No building. So the reaction by Dames and others to Angela’s initial effort was a smirk. Later, a released hostage who spent time with Higgins in captivity reported that Angela was absolutely right on the money. The photos which supported the psychics’ effort was outdated – old. In fact, Higgins had been held in a specially constructed shed in the exact location designated by Angela. Photographs might have revealed the building, if current photos had been used to support the psychics’ efforts.

Angela’s use and the apparent success of Automatic Writing only served to upset Major Ed Dames, one of the unit’s trainers, who opposed the decision to introduce it to the unit. Dames actively lobbied to terminate that effort. So Fern moved to isolate Angela’s sessions, and to prevent Dames or others from learning the details of her results. Angela became a pet project for Fern Gavin. Because Dames was never given access to Angela’s sessions and feedback, he never knew that Higgins was indeed kept in a building at the location Angela provided.

Angela continued to work the Higgins case. Beirut newspapers reported almost daily that, “Higgins is alive and well.” And Angela reported occasionally to Fern that, “Higgins is alive and well.” INSCOM analysts believed that Angela’s information derived from mental telepathy wherein she simply related information that was frequently reported by local newspapers. One morning, Ed Dames informed Fern that a CRV-er believed that Higgins was dead. Facts proved in the end that Dames’ viewer was correct, and that Angela was wrong. But that was the only incorrect information provided by Angela regarding the Higgins case. The rest of her information was remarkably accurate.

Over the next several days and weeks, Angela pointed to specific locations on a map where Higgins had been held. She informed Fern that his captors frequently moved him from location to location, and that he seemed to be on ‘water’. Later, intelligence sources confirmed that Higgins had been held in many locations designated by Angela. Angela had been right on the mark. And Angela’s sense that Higgins was held ‘on water’? The man was dead, having been tortured and murdered not long after his capture. But the terrorists kept his body on ice to preserve it, in hopes of using it at some point as leverage in their negotiations. Higgins had indeed been on water.

Angela projected that Higgins would eventually be found, and that something about his feet would provide a clue to investigators. She did not know or understand the significance of the latter observation, but something about Higgins’s feet would prove to be significant in some way. He was declared dead in July 1990.

The terrorists videotaped Higgins’s body prior to its discovery, and released that tape for examination. The tape depicted a rope around the Colonel’s neck, and it appeared that the terrorists wished to convey the message that he had been hung. When a human body is suspended from the neck by rope, its feet naturally hang with toes pointed straight down at the ground. The FBI’s examination of the videotape established, by contrast, that the Colonel’s feet projected not with toes pointed straight down, but rather with the ankle at right angles – as they would have done if the body was lying down. FBI examination of the videotape established, then, that he was dead prior to being hung. The clue: His feet. The terrorists apparently put a rope around his neck because they wanted the US to think the Colonel was executed by hanging. So Angela’s information about the Colonel’s feet was also correct.

Angela realized that the employment of Automatic Writing enabled her to achieve remarkable success with regard to people and locations. She projected, for example, that someone named John Livingston would facilitate release of the hostages. In fact, a British envoy named John Livingston was eventually sent to Beirut for the purpose of negotiating the release of some hostages, and succeeded in that role. Angela named him before the British tasked him in that regard.

The Drug Enforcement Agency and the U.S. Customs Service developed information to the effect that a specific and named ship was transporting a large quantity of illegal drugs into the United States. Delivery of the drugs was believed to be imminent, but agents could not find the ship. When tasked to locate the ship, Angela simply pointed on a map to a specific location off the coast of San Francisco and advised that that was its current location. Her results were sent off to a U.S. Coast Guard station in the area, but were initially deemed too vague to support a search effort. So Fern again asked Angela to locate the ship. When she did so, Fern jotted down the geographic coordinates of the spot where Angela’s finger touched

the map and sent those off to the Coast Guard. A helicopter dispatched to those coordinates found the ship. The drug bust was, at that time, the largest in U.S. Coast Guard history.

Angela scored many such successes during the latter 1980s. But her most celebrated, and probably best known success was marking the location of Charles Jordan. Jordan was a Special Agent of the U.S. Customs Service in south Florida. He was found to be taking bribes to let other people bring drugs into the U.S. When he learned he was suspected, he fled. He had been on the run for more than two years when a U.S. Customs Service agent involved in the effort to locate him learned about DIA’s psychic program and requested their assistance. Because Jordan had been based in Southern Florida at the time of his flight, he was believed to be hiding either somewhere in the State of Florida or somewhere in the Caribbean.

All six psychics then assigned to DIA’s unit were tasked to locate Jordan, but they provided dissimilar information about his current location. Most thought he was in Florida or possibly in the Caribbean, as the U.S. Customs Service imagined. But Angela wasn’t even in the same ballpark. Angela related that Jordan could be found in “Lowell” Wyoming. After looking at a map at Wyoming, Fern came to understand that Angela probably meant “Lovell” Wyoming. Many times Angela phonetically would receive a name correctly but would misspell it – a common occurrence in remote viewing. After locating Jordan in Wyoming, Angela asked to be dismissed from the session because she felt she was being flooded with a lot of information and she was getting confused. In this initial session, Angela only provided the location of Jordan in Wyoming.

The U.S. Customs Service dismissed Angela’s results. Several weeks later, Fern asked Angela if she would work the session again. At this point, Angela said that Customs must act fast if they hope to catch him because he was on the move. He was moving west. She placed Jordan at a campground that had a large boulder at its entrance. She also sensed an old Indian burial ground located nearby.

As DIA reported Angela’s latest information to a high level Customs official in D.C., Jordan was being apprehended 100 miles west of Lovell, Wyoming.

It was years later that Angela learned Jordan mailed a letter to his mother shortly after she conducted her first session. The letter was characterized as a ‘proof of life’ communication, to simply inform his mother that he was alive and okay. Jordan included with the letter a recent photograph of himself. A close examination of that photograph revealed a vehicle in the distant background – which bore a State of Wyoming registration plate. Once Customs saw the Wyoming registration plate on the vehicle, they conducted a search for Jordan in Wyoming. Not long thereafter, a park ranger spotted Jordan at Yellowstone National Park.



Angela continued to be employed as a psychic in support of the program until the entire effort was shelved in 1995. She was, by then, a DIA civilian employee. DIA continued to employ her beyond 1995, not as a psychic but rather as an intelligence analyst who performed the more mundane duty of piecing together odd tidbits of information from a variety of sources to formulate mosaics from which intelligence judgments might be made – work which neither required nor tolerated the use of special psychic ability. Interestingly, and by pure coincidence, she specialized in East Asian issues.

But Angela’s days of employment by the U.S. government as a psychic were over. Her adventure with Karl Glasbrenner, Bob Betts in support of our efforts to identify the UNSUB who walked-in to a foreign embassy in Bangkok, Thailand on 18 January 1999, however, was only about to begin.

**Angela, I would like to start with a bit of fun trivia to help us get to know the person behind who you are. So, what’s your favourite:**

• **Book:** I usually read bios but I read The World According to Garp many years ago and just loved it. A movie was done on this book and it starred Robin Williams and Glen Close.

• **Film:** I enjoyed ‘Trouble with the Curve’. I love Bollywood films.

• **Record/piece of music:** I love jazz. Satin Doll

• **Colour:** Reds and mauves and some oranges. Nothing is more beautiful than a red rose.

**And how does Angela like to relax – after a hard day at the ‘intuitive’ office, for example?**

Watch TV and drink wine.

**Do you use any meditation, techniques, practice martial arts or anything else you can share with developing remote viewers that you feel helps you with your remote viewing processes & practices?**

Meditation works very well for me. It quiets the body. I like to take a walk in nature. I used to do yoga and I am thinking about going back to that. However, I like to sleep after I do yoga.

**Do you have many spontaneous occurrences of PSI?**

Yes, of course. Intuitive information comes to me spontaneous. An example is knowing who is going to call before they call. Another example is knowing what is going to be in the mailbox before the mail arrives. A third example is receiving information on a client before I give them a reading.

**What areas of PSI/ESP excite you, and make you curious?**

What goes on in the universe beyond our existence on earth. I am also interested in past civilizations like the construction of the pyramids in Egypt and Stonehenge in England. I am interested in the Mayan period.

I am interested in levitation and teleportation and out of body.

**If you could sit down with a group of your fellow scientists who then asked you ‘ Angela, what should we be focused on in order to better understand and teach the RV process’, what would your answer be?**

Focus on trying to understand how the brain works when performing a psychic feat. The psychic realm would be a lot less scary to people if they had a better understanding of how the brain works during psychic functioning. My feeling is people may be able to accept psychic functioning a little better if we focus on the functioning of the brain.

**Do you have or know of any current or past scientific studies, projects, books or people you suggest we watch or read?**

I tell people to read and watch whatever interests them. People are on their own awareness or spiritual path and they can open up and connect to what they resonate with. The Silva Mind Control book is good to read. It teaches people to relax and pull up a TV screen in their mind’s eye. They are told to watch TV. I have used the Silva Mind Control when remote viewing. People use Silva for determining health issues. This book has been out for such a long time and I think it is still one of the better books around.

I like the work James Spottiswood did on Local Sidereal and how it relates to remote viewing. I also read Ed May’s work on Associate Remote Viewing. I like Associate Remote Viewing. It helps explain the differences between right and left brain.

**Please can you tell us a bit about your artistic or creative side. Do you have any formal study?**

I have a BA degree in Political Science from Indianan University of Pennsylvania. I like to write. I have an Internet children’s book published. I just finished writing a psychic novel with Russian scientist Victor Rubel. I have an aura manuscript I am trying to get published. I take piano lessons. I just took an art class and I am looking to take more lessons.

**Within this interview I would like to ask you to dream some dreams for us.....to tell us what hopes you have for remote viewing in the future? And how would you like to see the groundwork laid out for the future of Remote Viewing?**

I would like to see psychics work with the science and medical communities. I think remote viewers can help research endeavours. I would like remote viewers to be used to help climate change. Viewers should also be involved in helping intelligence and police organizations.

**Angela, do you believe that psychic abilities are either inherited from a period earlier in our past, when they were more highly developed than today? Or do they represent a new development in human evolution?**

Psychic abilities have always been with humans. It is our sixth sense. It is not a new development in human evolution. People needed to know how to survive during cave men days. I am sure they were using their sixth sense. A baby uses their “psych “when they are born and a person uses it when they pass on.

**Do you think that we, as remote viewers, have any ethical and other responsibilities both personal and as an overall remoteviewing community?**

Yes, we need to be honest. We are held to a higher standard and we should try to live up to it.

**Angela, in your life and experiences, what is the scariest target that you ever remote viewed or seen remote viewed?**

I had two remote viewing training targets that were awful. One was Edgar Allen Poe’s grave in Maryland. The second was the events in Masada, Israel when the Jewish people committed suicide so the Romans would not take them prisoners.

**Also, what would you consider being the most rewarding experience or most memorable target that you have remote viewed or been part of with your projects?**

When locating hostages in Lebanon in the late 1980s. I was working in what is called a “live operational environment.” My RV sessions were reported to the DIA analysts and they took action on my reporting. Much of what I reported was very sensitive information. I don’t think you are going to find it in the CIA files. I just heard the other day that DIA may release more of the information I did on the hostage situation in Lebanon during this time.

**In your Remote viewing experiences have you ever been tasked with off-planet targets like the Moon and Mars and any life or structure related targets like many of the other ‘known’ remote viewers?**

Ed Dames gave me Mars and Martian targets when I was learning CRV. Ed had a way of leading the viewer to the target and he especially couldn’t help it when it came to his Mars targets. He was conducting his own research on Mars and was using viewers to help him form opinions. I always knew when I had a Mars target which was unfair to me, Ed, and the process of remote viewing. A problem the unit had was determining whether the viewing information was correct or not. Who could evaluate such information? Ed? I don’t think so. What was his expertise in Mars? The Mars targets were used when Ed was training in CRV. Remote viewing training meant that the viewer receive immediate feedback. Sometimes local

targets were used and we could take the trainee to the target and he or she could see whether they were on or not. Training targets were targets that one has knowledge about to determine whether a viewer had a hit or a miss. This could not be done with the Mars targets because only Dames was analyzing these types of targets and he didn’t have the expertise to do such a thing. Now, it would have been a different story if we were tasked by NASA (U.S. space agency) to look at such targets and have their experts analyze the information. This was an unfortunate situation because people were told they did a great job by Ed and the unit could not confirm or deny the information. I would just shake my head when I did these targets for Ed.

**I believe I read that you once had a UFO sighting in 2010 and if so can you elaborate for us a little?**

I have had several sightings when I was much younger and a sighting in 2010.

**Now, we have to probe into your participation in the Star Gate program. Like many others, we have seen stories and anecdotes that have been frankly unkind, with statements of ‘the witches’ and similar remarks because you used ‘spirit guides’ in your psychic process. How do these comments make you feel? And do you have something to say about this. For the record, in my research about you and your work I found numerous stories and comments from people attestingto your remote viewing and other abilities. Does seeing these comments about your involvement within the Military program hurt or bother you?**

How would you feel or how would anyone feel if they were portrayed so negative by people who were not their bosses or in anyway involved in the management of them. Much that has been written by Schnabel is untrue. He took the information from Ed Dames. Morehouse says the same thing as the Schnabel book. Paul Smith feels negative towards me also.

Before I go on with your questions, I would like to explain some things if you don’t mind.

Ed Dames, Paul Smith, and Dave Morehouse were never in my chain of command. They were never my bosses. I did not have to answer to them on anything. They did not do my ratings. Also, Paul Smith and Dave Morehouse were hired to remote view. I was hired to remote view. Dames could not remote view so he was given the role of trainer. Neither Dames, Smith, nor Morehouse were ever involved in any type of scientific research or development as far as trying to explain remote viewing. They did not like the fact that I did automatic writing. However, I was allowed to do what comes natural to me and I had some good results. My chain of command and my management allowed me to channel.

Second, Ingo Swann was tasked by DIA to write something up that sounded somewhat technical in nature to explain how



one performs a psychic feat. Ingo liked to use coordinates when he remote viewed and so he called his booklet Coordinate Remote Viewing (CRV). It was a nice manual that upper level management could show Congress to acquire funding for our program. The language in the CRV manual did not use New Age or spiritual terms. It didn't offend anyone's belief system. Paul Smith was a Mormon and maybe CRV didn't upset his religious beliefs. I don't know. As training officer, Paul had a hand in hiring new military to the unit. He hired two Mormons. I am just guessing here but CRV wouldn't have interfered with their religious beliefs. I don't know.

I was involved in the psychic realm and was doing psychic readings prior to entering the program. People refer to my world as spiritualism. Spiritualism became very big in England right after World War I. What I do has been around longer than the term remote viewing has been around.

Any type of psychic feat is a mental feat. Information comes into the mind first when one starts working psychically. The automatic writing, the CRV, tarot cards, or ruins are the manifestation of that information.

Automatic writing occurs when a person lets their higher self or a spiritual entity use their hands to write messages or information that the person is not consciously aware of. Automatic writing is also known as channeling. Some people refer to this process as mediumship since it involves a higher or spiritual communication. The person doing the automatic writing or the channeler receives information through the filter of his or her own consciousness.

Transchanneling is when information is given by enlightened energies known as guides or teachers. The information comes through a person who is able to set aside their conscious self and allow the information to come through the physical body by means of speaking. A person is in a hypnotic state when doing transchanneling. A well known transchanneler was Jane Roberts who wrote the Seth Material from 1963 to 1984. Jane channeled Seth, an energy personality. Her information is regarded as some of the most important writings concerning New Age principals. In the 1980's, J.Z. Knight gained popularity by transchanneling a spiritual entity named Ramtha.

I am not a transchanneler and never claimed to be. Schnabel's book claims that I was tired of being any analyst at INSCOM and wanted a change. Not true. I briefed two and three generals on a weekly basis when I worked at INSCOM. I received a lot of visibility and I liked the job. I wanted to work as a psychic because I knew I was psychic. I felt I could do some good if I had the chance to work some cases. Schnabel's book also claims that I was doing transchanneling. I was not. If I was, I would say so.

I notice in some of your questions, you refer to CRV as a formal military RV technique. Both CRV and ERV were not formal military RV techniques. SRI developed both techniques for

their psychics to use and for the Defense Intelligence Agency's psychics to use. DIA is a civilian organization which was founded in 1961. Over two-thirds of DIA's work force is civilian. DIA was founded to be civilian run because the military always moves around. DIA's civilian work force would provide continuity to the military. The military branches of the U.S. are structurally separate from DIA. So CRV was not put into the world as a formal military RV technique.

There were and are many people associated with remote viewing. Look at people like Russell Targ, Dale Graff, and Jacques Valle. These people do not say anything negative about anyone. These people are on a quest to find the truth. They are open to many different options. I cannot say the same of Paul Smith or Ed Dames.

I am sending you information on my story from a book that was published by Scott Carmichael called "Unconventional Method." It will tell you how I was hired by the unit and what my accomplishments were and what happened to me after the program was closed.

**Why do you feel that you have been portrayed negatively in some of the comments/statements and literature (Morehouse/Schnabel/others)? Even to some extent partly blamed for the downfall of the remote viewing program - any thoughts on this?**

People that did CRV in the unit did not like the fact that I did automatic writing. They did not like my method. Even though I did not do the CRV methodology, I still adhered to remote viewing protocols. I believe in the remote viewing protocols. I don't think I should be blamed for the downfall of the program. This program was considered a political hot potato. People had a hard time fitting this type of work into their belief process. Some people just wanted this program to go away. I was told that my results could help keep the program. Some of my information went to the Director of DIA and the Operations Director of DIA. They ran several operations based solely on my information. Both of these gentlemen were not that friendly to our program, but they knew of my past success rate and ran operations based on my information anyway.

Also, why do you feel the program was dismantled in 1995? The program was dismantled in 1995 because the CIA did not want it in the first place. The CIA was run by George Tenet at the time. The CIA took a lot of hits because of the MKUltra program. This program dealt with mind control and torture. Stargate had Human Use Guidelines because the Intelligence Community did not want another MKUltra program. The CIA said that they were going to do a 6 month study to determine whether such a program helps intelligence. They took an outside company and told them to evaluate the information. The outside company did not have clearances which meant it could not have access to our operations. The CIA didn't even get these people some type of low level clearances so they could evaluate us fairly.

During the 6-months the three remaining viewers went back to DIA Headquarters to work at Bolling Air Force Base. We were put back as analysts. After the six months, the CIA came out and formally shut us down.

A few months after we were shut down, I received a phone call from a policy maker at the Pentagon. He worked for the Department of Defense and his account was Special Access Programs (SAPs). He was curious as to why the program was shut down and so he started his own investigation. He received my name and number from Ed May. This man wanted to go to the CIA and retrieve as many documents as possible on Stargate. He wanted me to go with him because he felt I would know what was important and what wasn't. When we went to the CIA, the boxes that held Stargate material were not opened. We opened the boxes and looked inside. What I noticed was that the materials inside the boxes were intact. In other words, none of the materials were touched. The CIA did not look inside the boxes to determine whether or not remote viewing worked. Also, the company they hired to do the research as to whether RV is viable as an Intelligence tool didn't look inside these boxes. The policy maker then grabbed a report from the top of one box. This report was from the CIA stating how Joe McMonealge helped them solve an Intelligence problem. It was at this time that the policy maker and I agreed that the CIA didn't want us in the first place.

Also, Ed May was working with a CIA scientist at the time in trying to transfer files from his company to the CIA. If the CIA would have taken the program, this man would have been Ed's counterpart. Ed told me that one day he called the man and the man told him that he was not allowed to talk to him. This CIA scientist was forbidden by his higher ups to talk to Ed May. Ed said that was the last time he heard from the man. CIA did not want us from the beginning. This is why they said they would do a 6 month study and decide. CIA didn't even look at STARGATE material. They just picked up the boxes and put them in a big room and that was that.

**You were trained in at least one of the formal military RV techniques. I believe I have seen a few of your CRV training sessions. How did you find CRV and did it work for you? And if not, can you elaborate a bit about the psychic process you use - Written RV I believe it was named**

When I first entered the project, I was trained in Extended Remote Viewing (ERV). Joe McMoneagle did ERV. I was trained in CRV because I felt that the people in the unit should be crossed trained in both. Fern agreed with me and started the process. It would help make people not so narrow minded or so narrow focused on one methodology.

Some of the best viewers in the history of remote viewing did not use CRV. Pat Price did not use CRV and in fact I don't think he was big on protocols. Everyone thinks Pat Price was a number one psychic. Hella Hammid from Germany did not use CRV. Uri Geller did not use CRV.

CRV was all right but I kept being monitored by Ed Dames and he talked too much during sessions. He also had a tendency to lead if he knew what the target was. If he didn't know what the target was, he would then guess and start leading you to what he thought the target was. I didn't have a problem with CRV. I had a problem with Dames.

WRV is automatic writing. You put your pencil or pen on the paper and you write messages. When you begin writing, you are opening up a channel or the channel to receive information. Sometimes you can receive very specific information such as names and numbers. I had the pleasure of travelling to Moscow with Ed May this past December. I met the Russian psychics. They do automatic writing. They say they open up the channel.

I think I sort of answered this question before when I talk about channelling.

**I read that after the break-up of Project Star Gate you did further research work with ED May and Joe McMoneagle. Can you tell us a little about this work?**

I worked Associate Remote Viewing (ARV) targets for Ed May. He needed statistics for his study. I'm sure you know what ARV is.

**I read a small article about a case you worked on for 'Esther' - a Clinton aide, who had a missing daughter and that you and Joe McMoneagle gave information that was accurate and helped the FBI track her down. Can you elaborate on this interesting story for us?**

My first impression was that the young lady would eventually be all right. I also felt that it would not be long before she was found. I had a rather peaceful feeling while working this case. In the end, I knew all would be fine. This young lady is now married and living in Texas.

**Do you have a memorable anecdote during your participation in Star Gate that you could share with other interested practitioners?**

The group decided to play a joke on Ed Dames one year close to Christmas. Ed had a tendency to judge remote viewing sessions too quickly. This is not good especially in an operational setting. Our work was given to analysts so they could act or not act on our information. Ed liked to analyze the sessions before the information went to the analysts and no one should do that. We decided that Fern was going to give Ed a target envelope and we would all work the problem for Ed. The target was the North Pole and Santa Claus. We did our reporting of a cold area and something was going to happen. We reported a fat man. When Ed got our information he immediately thought that North Korea was going to invade South Korea.



It must have been an amazing time back then being part of this small elite group, but also part of something so cutting edge. Do you still carry this feeling with you now?

I don't feel I was part of an elite group. It felt more dysfunctional.

Over the twenty plus years since RV was released to the public (online) and its growth, how do you think RV has fared? Do you see anything or have any ideas on how and where it could develop next?

Much that has been written about RV is taken from a military point of view. The military with Dames and Smith and CRV were only one part of RV. Ed May met the Russians close to the time of the fall of the Iron Curtain. He developed over a 20 year history with them. The Russians were amazing. The Russian psychics were used much differently than the U.S. psychics.

RV has to be taken a step further. Levitation and out-of-body should be part of remote viewing. If one can go out of body and go to the site, the reporting results would be amazing. People get down loaded all the time with information. Scientists get downloaded with inventions. Musicians can write a song by tapping in. People need to be more aware of when they are tapping in.

Teleportation should also be studied.

Have you any personal embellishments or tools that you feel are useful to all remote viewers but also to any RV method?

I tell people to find the key that unlocks their potential. I tell people to use the tool that they feel most comfortable with. Sometimes people come up with their own RV methodology which I find amazing.

If you could name three books that are a must for any new or developing remote viewer to read what would these be?

- The Silva Mind Control (by Silva)
- Remote Viewing Secrets (Joe McMoneagle) (Actually any thing by Joe is good)
- Any type of chaneling, psychic, or healing book.

Tell me about a project or accomplishment that you consider to be the most significant in your RV career/experience so far?

Again, I have to go back to the hostage situation in Lebanon.

Has remote viewing and your participation in the Star Gate program changed you as a person, or your life?

I think it made me a more mature psychic. I don't get upset if I have a miss. I have more confidence in my abilities and in myself. It actually has made me more creative.

Do you have any tips or knowledge that you could share that you feel will help anyone developing as a remote viewer?

I try to tell people to just report the information they receive when remote viewing. Too many times people try to make sense out of their information. They try to analyze it. I try to tell people to remain neutral. Be unemotional about the target. They will do better reporting. I also tell people to accept their misses. It makes them a better human being.

So, what is next for Angela - what's on the horizons for you and does it involve Remote viewing or psychic endeavours?

I would like to write more psychic fiction novels and more children's stories. I will continue working Associate Remote Viewing for Dr. May. I will continue with my piano and art lessons.



**Angela (Dellafiora) Ford** - a former Project Star Gate remote viewer from 1986 to 1995. After retiring from the U.S. Intelligence Community after 32 years of service, Angela continues her psychic work by teaching remote viewing and conducting self-help seminars based on the aura. She also works for the Laboratory of Fundamental Research in Palo Alto, California. In December 2015, Angela had the honor of traveling to Moscow, Russia to meet former Russian psychics who worked for the Soviet Union during the Cold War. Angela has published books on amazon.com

[A Collection of Children's Stories](#)  
[Unconventional Method](#)  
[email: fordangela04@gmail.com](mailto:fordangela04@gmail.com)

# Canadian CRVer, Coleen Marenich, resumes her CRV training this year.

Newcomers with a keen interest in CRV have been recommended to her by retired CRV trainer, Lyn Buchanan, and other CRV students who've enjoyed her courses and mentoring in the past. Coleen's 10 years as a CRVer, project manager, trainer, mentor and session analyst means she is fully aware of the stumbling blocks associated with traditional training. Over time Coleen began working on different approaches to CRV training and learned how it could be done differently, and just as effectively. And her students loved it!

There's nothing else out there to match her unique program. Students now have a choice to be trained - intensively - in all the traditional CRV protocols without the overwhelming experience many students go through in traditional CRV training courses. Check out her website for more information:



# WWW.CRVTRAINING.CA

EMAIL: MARENICH@GMAIL.COM



# Archetypes, Atoms & Alchemy

## REMOTE VIEWING IN A (QUANTUM) NUTSHELL

Dear Professor Jung, thanks for sending me your treatise on alchemy. . . . Even the most modern physics lends itself to the symbolic representation of psychic processes.

Wolfgang Pauli, Ph.D  
Professor of Theoretical Physics  
ETH (Eidgenössische Technische Hochschule) , Zürich  
1945 Nobel Prize Winner in Quantum Physics  
Pauli/Jung Letters – 22P

Dr. David Shaver, N.C.Psy.A.

It was a rare moment in time. Perhaps not unlike his first visit with Freud, in Vienna, in March of 1907, where Jung and Freud were so energized by their exchange of ideas that they talked, virtually uninterrupted, for nearly thirteen hours.<sup>1</sup> Only a few short years later another rare moment occurring, this time in Küsnacht, Switzerland (a suburb of Zürich) where, beginning in early January, 1911, Albert Einstein enjoyed dinner as Jung's houseguest. The two were animated in conversation as Einstein articulated his Special and General Theories of Relativity of space and time while Jung was busy integrating these ideas, and their possible influence, upon his own thoughts regarding the psychic relativism linking mind, matter, and time, during episodic coincidences; such coincidences that would later become better known as synchronicities. As Jung credits Freud for opening a new path of investigation into understanding the mind<sup>2</sup> he credits Einstein with fashioning the possibility of a psychic conditionality involving the relationship between mind and matter. Jung wrote:

It was Einstein who first started me off thinking about a possible relativity of time as well as space and their psychic conditionality.<sup>3</sup>

If space and time are relative to the monitoring observer, as

Einstein posits in his relativity theories, then the psyche of the monitoring observer is an integral component of this space/time interaction.

An interesting coincidence took place seventeen years later (from Jung's relative space/time perspective) when Jung received a German translation of an ancient Chinese alchemical treatise entitled *The Secret of the Golden Flower* (translated by Richard Wilhelm). Upon reading the treatise Jung was profoundly affected by discovering how archaic Chinese alchemy symbolically portrayed many of Einstein's contemporary scientific insights regarding space and time. The alchemical text specifically addressed the idea of space and time existing as a continuum through which certain conditions might manifest simultaneously in different places. These two ideas integral to the mind/matter interaction (space/time relativity to an observing ego as well as simultaneous bi-location of some events to an observing ego) provided an intriguing puzzle to those interested in either or both (1) the physics of space and time or, (2) the structure and dynamics of the mind. While the physicists were busy investigating the space and time components of the mind/matter interaction, Jung began building a psychological model to explain the psyche's role in this process.

### Physics and Substance:

The eminent quantum physicist, Wolfgang Pauli was born on April 25, 1900 to a prominent Viennese family. The family's value of science is reflected in the fact that his father was a chemist and his godfather, Ernest Mach, was a notable physicist. Pauli was no exception to this family value. In 1918 he graduated, with distinction, from his Gymnasium and, then, only three years later obtained his Ph.D. from the Ludwig-Maximilians Universität with a dissertation focusing on the topic of the quantum theory of ionized molecular hydrogen.

Pauli's expertise as a physicist was recognized soon after the completion of his doctorate. Following his graduation, his former dissertation advisor, Arnold Sommerfeld, asked Pauli to review the Theory of Relativity for the Encyclopedia of Mathematical Sciences. Pauli accepted the offer and completed the 237-page review in only two months with such depth and clarity that it received unconditional praise from Albert Einstein. Then, in 1926, by using Heisenberg's matrix mechanics, Pauli produced a quantum-mechanical calculation of hydrogen energy levels. By doing so, Pauli validated quantum mechanics which he described as, "the study of the behavior of atoms and their constituents. Quantum is the Latin word for so much or bundle, and mechanics is the old term for the study of motion. Quantum mechanics is the study of the motion of things that come in little bundles."<sup>4</sup> By the age of twenty-eight Pauli held the chair of theoretical physics in Zürich. Then in 1929 he and Heisenberg presented a field theory of physics that eliminated the distinction between matter and force. Both matter and force were presented as manifestations of a deeper level of quantum fields in which, "not only photons but all particles are bundles of energy. . . ."<sup>5</sup> As we shall see later in this paper, the eliding of the concepts of matter and force, and the replacement of these conceptions with the model "bundles of energy," had a significant impact upon Jung's paradigm of the unconscious.

Unquestionably established as a foundational thinker in quantum physics, Pauli developed an intense interest in the Observer Effect in quantum physics experiments. The Observer Effect in quantum experiments refers to the influence of the observer of the experiment on the outcome of the experiment. Briefly explained, common sense explanations of the world tend to consider each object as possessing a certain fixed amount of energy. Physics refers to the so-called fixed states of energy as eigenstates. Quite different from common sense understandings of the world, quantum physics does not pinpoint the exact value of a particle's position, speed, energy, or time; rather it provides a range of probabilities of the various eigenstates that a particle might possess. Once an observer actually views the particle in a particular eigenstate, the particle is no longer capable of existing in its other eigenstates. This means that the observation performed on the particle affects the end state of the particle. Pauli's interest in the Observer Effect might not have been totally academic. He de-

veloped a reputation for what had been characterized as the "Pauli Effect" by many of his friends and associates. His mere presence seemed to cause laboratory equipment to explode, street cars to collide, and train cars to become uncoupled. The reputation was so well known that even one researcher refused to work with him for fear of disaster. Nevertheless, Pauli's interest in the relationship between mind and matter grew to such an extent that he contacted Jung and began re-searching Jung's concept of synchronicity.

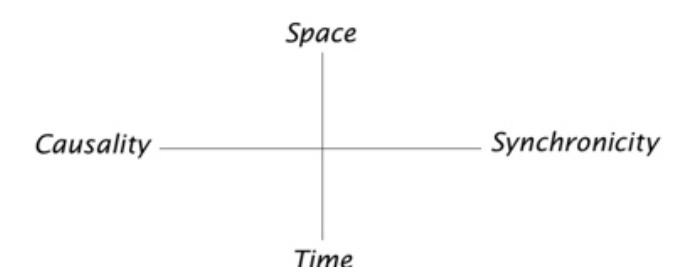
Synchronicity was an important discovery of Jung's and Jung carefully contrasted its definition with the term "synchronism." In his treatise "Synchronicity: An Acausal Connecting Principle" Jung defined synchronicity as a, "simultaneous occurrence of two meaningfully but not causally connected events. . . . which have the same or a similar meaning, in contrast to "synchronism," which simply means the simultaneous occurrence of two events."<sup>6</sup> Roderick Main, Professor of Psychoanalytic Studies at the University of Essex, noted four essential components of a synchronistic event:

1. Two or more events parallel one another through having identical, similar, or comparable content;
2. There is no discernible or plausible way in which this paralleling could be the result of normal causes;
3. The paralleling must be sufficiently unlikely and de-tailed as to be notable;
4. The experience must be meaningful beyond being notable.<sup>7</sup>

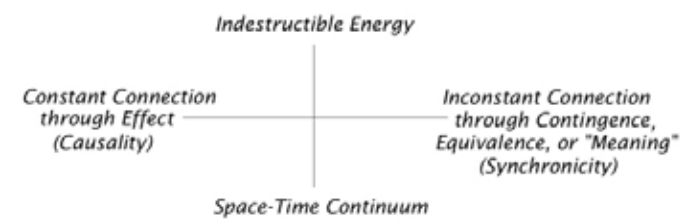
The experimental documentation of observer interaction transforms so-called objective science into an anthropomorphic science – a true interaction of "observer" with the "observed." Before this scientific breakthrough physics was understood as an "objective" science whereby there was little or no interaction between an observer and the system observed. This model of "objective" science lent itself to the assumption of a deterministic universe whereby events take place according to pre-determined rules. However, the recognition of the Observer Effect, in physics, as well as Synchronicity, in analytical psychology, reveals an anthropomorphic science; a blending of "subjectivity" and "objectivity" of "freedom and creativity" with "absolute determinism." The Observer's Influence forced a reconceptualization of science's triad of space, time, and causality. Now, suddenly, a fourth element is introduced. This fourth element stands opposed to the concept of complete determinism. Indeed, the influence of viewer observation drastically challenges the idea of inescapable causality as viewer observation automatically introduces personal meaningfulness into the equation. Subjectivity in the form of synchronicity is introduced, thus transforming the old model of space, time, and causality into a new model of space, time, causality, and synchronicity. Pauli constructed a model revealing this new fourth element and its influence upon modern



physics:<sup>8</sup>



Pauli, however, was not truly satisfied with the above model and suggested replacing the opposition of space and time with the idea of a Space-Time Continuum. This Space-Time Continuum was then placed in opposition to Indestructible Energy. Both Causality and Synchronicity remain in the model with Causality represented by the concept of “constant connection through effect” and Synchronicity represented by the concept of “inconstant connection through contingency, equivalence, or meaning”:<sup>9</sup>



Pauli was, thus, satisfied how the new model accounts for the role of the Observer in modern physics.

Psyche and Substance:

As the physicists were exploring the relationship of Substance to Mind, Carl Jung explored the relationship of Mind to Substance. As previously noted, the relationship is firmly rooted in the process of synchronicity. In reviewing the above-noted four characteristics of synchronicity, the first three characteristics detail the various ways in which the similarities found in both the inner and the outer events must parallel each other. It is only the fourth characteristic, the personal and psychological meaningfulness of the experience, that earmarks the occurrence as synchronistic. As Jung noted in his “Synchronicity: An Acausal Connecting Principle,” synchronicities are not just accidental occurrences of two or more events, in which case they would be understood as mere “synchronisms.” Synchronicities, rather, are deeply meaningful experiences the profundity of which can be life changing.

At this point one might ask Jung what he means by the phrase “meaningful experience” as a criteria for synchronicity. Al-

most everyone, at some point in their lives have meaningful experiences, yet these experiences may not be synchronistic. To understand what Jung meant by this phrase requires delving deeper into the psyche than just ego rationality. The meaningful aspect of synchronistic experiences is not something rationally constructed by the conscious mind; therefore, its meaningfulness is not built upon philosophical or logical examination or is the result of cognitive science or debate. Conscious rational constructions are far too simplistic to be of any value in understanding the experience. The meaningful nature of synchronistic events cuts much deeper than philosophical cognitive attitudes.

Jung revealed the two important components essential for the meaningfulness component involved in a synchronistic experience. The first component is that of a sense of numinosity. Numinosity is a term unfamiliar to many but reveals a concatenation of spiritual feelings including awe, of being overpowered, and a sense of energy emanating from the experience. The second component of the synchronistic experience entails the experience of the above-mentioned actual significance of the synchronicity. Here, Jung is explicit in explaining the synchronicity’s significance is not a subjective interpretation of the experience made on the part of the individual struggling to understand the incident or episode. Rather, this is a meaning imposed upon the individual, from the synchronicity, in such a way that it seems like something outside of one’s own self is attempting to communicate a message. Synchronicity, therefore, is recognized by the feelings and the insights that the individual experiences; the feelings of awe, overpoweredness, and energy as well as a significance that is communicated by what seems to be an outside source of wisdom.

Archetypes:

In order to understand how synchronicities take place requires that we understand Jung’s concept of archetypes and their ability to affect individuals. This is because Jung explains synchronistic events through his concept of archetypes. Jung derived his concept of archetypes from Immanuel Kant’s demonstration of a priori forms of knowledge, i.e., forms of knowledge that are not the result of either logical reasoning or personal experience. In May of 1781 the German philosopher Immanuel Kant demonstrated how an individual is capable of having knowledge of the world based solely upon the organizing principles of the innermost nature of the unconscious mind. Reality, then, is an alignment or synchronization of both mind and world. Jung originally referred to his concept of archetypes as primordial images. He defined a primordial image as:

*... giving) co-ordinating and coherent meaning both to sensuous and to inner perceptions. ... At the same time, it links the energies released by the perception of stimuli to a definite meaning, which then guides action along paths corresponding to this meaning. It releases*

*unavailable, dammed-up energy by leading the mind back to nature and canalizing sheer instinct into mental forms.*

*The primordial image is the precursor of the idea, and its matrix. By detaching it from the concretism peculiar and necessary to the primordial image, reason develops it into a concept – i.e., an idea which differs from all other concepts in that it is not a datum of experience but is actually the underlying principle of all experience.*<sup>10</sup>

It is important to note that archetypes act upon the conscious mind by forcing particular concepts, perceptions, and feelings upon the ego. As unconscious forms, archetypes automatically structure our conscious ideas and perceptions according to unconscious organizing principles. This is what Jung means when he says that archetypes serve as the matrix and the precursor of ideas which eventually become conscious. As empty forms, archetypes function to channel energy in much the same way as river beds channel the water running through them. Therefore all of our conscious thoughts, perceptions, and emotions are routed and forced toward consciousness by archetypes.

The direction and the strength of the archetypal pressure is largely influenced by the conscious stance of the individual. The archetypal pressure may be thought of as a compensation for an inadequate conscious attitude that has produced a one-sidedness in an individual’s conscious mind. The goal of the emerging unconscious content is to produce a state of balance that eventually contributes to a greater psychological wholeness for the person. Again Jung writes:

*The degree of psychological efficacy of the primordial image is determined by the attitude of the individual. ... Only the development of the counter-function can take the idea further.*<sup>11</sup>

Because archetypes are constellated as compensations for inadequate ego functioning, every encounter with archetypal energy entails a defeat for that same ego functioning. Archetypes, therefore, display purposes that are easily comprehended as religious in nature. When an individual’s ego becomes overly narcissistic, defensive, uncreative, or has relied too much upon mere rationality, an archetype is constellated for the purpose of helping that individual achieve greater wholeness. The world-renown mythologist Mircea Eliade explained this disrupting influence of the archetypes upon the conscious mind through the use of symbols. Symbols, themselves, are a pre-language expression of thought found throughout the world’s literature of myth, fairy tales, and religions. Their function is to express “truths” by engaging human beings with the “lived spiritual” process of human disturbance.<sup>12</sup> This process can be described as God “present and within” a human being leading that human being to ever wider horizons of consciousness and awareness through the

creation of psychological dis-ease. The religious aim of archetypes, then, is to bring new life energies and new meanings to an impoverished ego. Increased consciousness can then be enjoyed by an ego subject to these new insights and their accompanying energies. Indeed, the empirical verification of an encounter with archetypal energies is the accuracy of the new wisdom, and its accompanying energy, afforded to the ego.

Archetypal influences, then, can be thoughts or perceptions forced upon the conscious mind as a resolution or compensation for inadequate consciousness. They can be extremely abstract, such as was discovered by the world famous child development specialist, Jean Piaget, in his study of the development of children’s mathematical skills. Remarking about the influence of mathematical archetypes upon the conscious mind, Piaget wrote, “Thus the cognitive unconscious consists of a set of structures and functionings ignored by the subject except for their results. . . . Thus mathematicians of all times have reasoned by obeying, without knowing it, the laws of certain (unconscious mathematical) structures.”<sup>13</sup> Like all other archetypes, mathematical archetypes are eternal and force upon the conscious mind a specific structural understanding of specific kinds of relations. On the other hand, archetypes can also be extremely concrete, as Piaget uncovered in his study of childhood play activities. Play, itself, seems to be one of the earliest forms of unconscious adaptive assimilation.<sup>14</sup>

Now that we understand how unconscious archetypes affect consciousness, we can explore how Jung linked archetypes with synchronistic phenomena. For this, however, we need additional help from modern physics. Both the theory of relativity as will as quantum physics profoundly impacted the old Newtonian world-view. Einstein revealed how our understanding of the universe (even our computational measurement of it) relies upon our relative viewpoint. Werner Heisenberg, one of the key pioneers in quantum physics, showed how his Uncertainty Principle indicates the extent to which an observer intervenes in the system that is being observed. The Danish physicist, Neils Bohr, who focused his quantum research on the understanding of atomic structure, revealed the essential indivisibility of the universe. It is this same and essential universal indivisibility upon which Jung revealed an underlying mosaic of energy patterns that he labeled archetypes.

In order for Neils Bohr to be correct regarding the essential indivisibility of the universe, archetypes must be foundational for both living and non-living matter. Therefore archetypes must bridge the gap between the Knowing Subject and the Object Known and reveal a true mind/matter continuum - a relationship that synchronizes inner archetypal images with outer external events. Understanding the universe as a dance connecting all organic and non-organic existence, synchronicity appears to arise out of these underlying patterns rather than through some kind of Newtonian deterministic “pushing and pulling.” The American theoretical physicist John Wheeler further describes this interaction between observer and observed:

*We had this old idea, that there was a universe out there, and here is man, the observer, safely protected from the universe by a six-inch slab of plate glass. Now we learn from the quantum world that even to observe so minuscule an object as an electron we have to shatter that plate glass; we have to reach in there. . . . So the old world observer simply has to be crossed off the books, and we must put in the new world participator. In this way we’ve come to realize that the universe is a participatory universe.*<sup>15</sup>

In a statement consistent with Jung’s discovery of the archetypal patterns spread throughout the universe, Werner Heisenberg posited that what is truly fundamental in nature is not the sub-atomic particles themselves, but the symmetries and patterns that lay beyond them.<sup>16</sup> Explaining Heisenberg’s statement, the quantum physicist F. David Peat wrote:<sup>17</sup>

*Heisenberg argued that ultimate reality is to be found not in electrons, mesons, and protons but in something that lies beyond them, in abstract symmetries that manifest themselves in the material world and could be taken as the scientific descendants of Plato’s ideal forms. Hence, in addition to being constitutive and descriptive, these symmetries have an immanent and formative role that is responsible for the exterior forms of nature. Is it possible that archetypal symmetries of this nature could also manifest themselves in the internal structures of the mind?*

*The symmetries of the elementary particles are quite different from the static symmetries exhibited by a rose, window, snowflake, or starfish, for they exist not in individual objects themselves but in the way the elementary particles can be grouped together and mathematically transformed one into another. In this way these symmetries are not so much explicit in an object as by virtue of family resemblances between them.*

*In summary, nature contains archetypal patterns and symmetries that do not exist in any explicit material sense but are enfolded within the various dynamic movements of the material world. Matter, according to such a view, does not represent a “fundamental reality” but rather is the manifestation of something that lies beyond the material domain. When discussing the activities of the conscious and the unconscious mind as the result of orders and patterns at some archetypal level. In this way there is no ultimate distinction between the mental and material so that synchronicities represent the explicit unfolding of deeper orders.*

This participatory universe of Bohr and Heisenberg and Einstein’s relativity of space and time points to a very different worldview than that of deterministic Newtonian mechanics. Jung’s revelation of archetypal energies, revealing an inter-

connectedness of all things, undergird by quantum physics’ discovery of the participatory universe, uncovers an interaction between individuals and the universe where (1) mind sometimes functions as if it were matter and, (2) matter sometimes functions as if it were mind. Synchronicities occur when archetypal energies constellate matter to act as if it were mind and to function in such a way as to bring meaningful insights to an individual in need of these insights.

Additionally, it should be noted that sometimes synchronicities take place not because of a personal imbalance but because of an imbalance taking place culturally, politically, socially, or philosophically. These periods were known by the Greeks through their use of the word *kairos*, meaning the right moment for the “metamorphosis of the gods.”<sup>18</sup> Often, but not always, these changes can be thrust upon a single individual who then functions in *chrysalis* fashion shouldering the change before it is ultimately incorporated into the collective mentality of the society. In these moments of synchronicity, the numinosity is often experienced in personally terrifying ways (not unlike a Divinely induced illness) while the meaningfulness of the experience retains its sacredness. These changes do not have to be restricted to religion, per se, as they can pertain to any cultural, political, social, or philosophical system in need of reform. But for purposes of illustration I have chosen a number of leaders, taken from the world’s religions, to illuminate this point. In each of the examples we will witness both numinosity (awe and dread) as well as the meaningful communication sensed as a Calling by the experiencer. Let’s begin with Siddhartha Gautama, the first Buddha and see how the synchronistic Four Signs that provoked his sense of awe and dread also facilitated his great Calling to Buddhahood.

During the time of the Midsummer Festival, Maha Maya lay on her couch and dreamed a dream. She dreamed that the four guardians of the quarters lifted her up and bore her away to the Himalayas, and there she was bathed in the Anotatta Lake and lay down to rest on a heavenly couch with a golden mansion on Silver Hill. Then the bodhisattva, who had become a beautiful white elephant, bearing in his trunk a white lotus flower, approached from the north and seem to touch her right side and to enter her womb. The next day when she awoke she related the dream to her lord, and it was interpreted by the Brahmins as follows: that the lady had conceived a man child who, should he adopt the life of a householder, would become a universal monarch; but if he adopted the religious life he would become a Buddha, removing from the world the veils of ignorance and sin.

The Buddhist scholar, Ananda K. Coomaraswamy, reveals even more fairytale enchantment about this myth by writing, “that at the moment of the incarnation the heavens and the earth showed signs, the dumb (sic) spoke, the lame walked, all men began to speak kindly, musical instruments played of themselves, the earth was covered with lotus flowers, and lotuses descended from the sky, and every tree put forth its flowers.”<sup>19</sup>

As a human being Gautama Buddha, or Shakyamuni (the sage from the tribe of the Shakyas) lived probably between 560 and 480 B.C.E. It is obvious to Buddhists, who believe in reincarnation, that Gautama, did not come into the world for the first time at 560 B.C.E. He had to undergo many rebirths that required experiencing the world as an animal, a man, and a god. The spiritual perfection of a Buddha cannot be the result of just one life. It must mature slowly throughout the ages. The links of the spiritual journey staggers the imagination. According to Edward Conze, the former Anglo-German scholar at Oxford University, it took slightly more than three immense eons for Gautama to acquire Buddhahood.<sup>20</sup> In terms we might understand, that would be about 3 x 10<sup>51</sup> years.

Buddhism teaches of the Four Signs that brought such devastating grief to Siddhartha Gautama as to cause his Great Renunciation and place him on the path of becoming Buddha.<sup>21</sup> These Four Signs were Siddhartha’s synchronistic viewing of an old man, a sick man, a dead man, and a religiously devout mendicant friar. The signs were synchronistic in nature as they took place by chance but were just the right experience at just the right time to produce a great anguish within Siddhartha which he experienced as a Calling to Buddhahood in order to overcome the suffering involved in aging, disease, and death.

While these signs were sufficient to inspire Siddhartha, he still had serious temptations to overcome before he could begin. His father, you see, was a mighty king and had learned of Siddhartha’s determination to leave the palace. Consequently the king instructed the women of the palace to try diverting Siddhartha’s attention by exercising their “charms” upon him. Much later, shortly before his Great Awakening, Siddhartha was once again tempted with the charms of women, this time Satan’s dancing daughters. When this had no effect upon Siddhartha, Satan let loose all of his fury in an attack upon Siddhartha’s life. This, too, had no effect upon Siddhartha. Therefore neither Eros nor Thanatos could move Siddhartha away from his Calling to obtain Enlightenment.

Moving now to Hebrew Scripture, we look at Abraham’s grandson, Jacob, also known as Israel (he who wrestles with God). An excellent synchronistic event, revealing dread, numinosity, and a Calling can be found in the story of Jacob’s dream at Bethel. Genesis 28: 10 – 15 depicts Jacob asleep and dreaming of a ladder whereby both angels and God were ascending and descending from heaven to earth. God appeared and spoke to him in the dream saying, “I am the LORD, the God of Abraham your father and the God of Isaac; the land on which you lie I will give to you and to your offspring and your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south; and all the families of the earth shall be blessed to you and in your offspring. Know that I am with you and will keep you wherever you go, and will bring you back to this land; for I will not leave you until I have done what I promised you.” Genesis 28: 16 – 17 depicts Jacob waking from his sleep, realizing that he was at Heaven’s gate and was filled with a kind of deep

fear and “pious shuddering.” The German theologian Rudolf Otto translates the Hebrew of Genesis 28:17 as Jacob saying, “How dreadful is this place! This is none other than the house of Elohim.” Otto further demonstrates how Jacob’s “aweful veneration” can also be described by the German expression, “Es spukt hier” (literally, it haunts here). The Hebrew supporting this interpretation is the word “shakan.” The word appears again in Psalms 26:8 which could more accurately be translated, “the places haunted by Thy majesty,” or in Habakkuk 2:20, “Yahweh haunts His holy temple.”

Other translations concur with Dr. Otto’s understanding of Jacob’s hallowed fear and use words such as “awe,” “awefulness,” and “dreadfulness,” to describe his experience. For instance, writing for the Jewish Publication Society Torah Commentary, Rabbi Nahum Sarna translates the Hebrew as “How awesome is this place! This is none other than the abode of God, and that is the gateway to heaven.”<sup>22</sup> The Tanakh (a combination of the Torah, *Nevi’im*, and *Kethuvim*) reflects Jacob’s psychologically disturbed and unsettled reaction by stating, “Shaken, he said, ‘How awesome is this place! This is none other than the abode of God, and this is the gateway to heaven.’”<sup>23</sup> The Catholic *New Jerusalem Bible* also reflects Jacob’s psychological reaction. It says, “He was afraid and said, ‘How awe-inspiring this place is! This is nothing less than the abode of God and this is the gate of Heaven.’”<sup>24</sup> The *New Revised Standard Version of the Bible* also discloses Jacob’s deep fear by revealing, “And he was afraid; and said, ‘How awesome is this place! This is none other than the house of God, and this is the gate of Heaven.’”<sup>25</sup> In his commentary on the book of Genesis, the world-renown Biblical scholar, Gerhard von Rad addresses this ultimate sacred experience of Jacob’s. Von Rad writes:

*The experience of this night was much more than an inner consolation for Jacob. Something had happened, a revelation of God had occurred that would affect the spatial and the material. Accordingly the two statements in which the weakened man reacts to what he has experienced are much more than an echo of his emotional experience. They are concerned, rather, with the realistic statement of an objective fact, namely, with the correct understanding of a place. The statement, “The Lord is in this place,” here has a very definite and exclusive local meaning. The immediate effect of this bewildering experience is a feeling of pious shuddering. The narrator has preserved here a tone of original ancient piety, the effect of whose simplicity is timeless.*<sup>26</sup>

We can see Jacob’s spontaneously elected Calling in a personal vow revealed by verses 20 – 22:

Genesis 28: (20) Then Jacob made a vow, saying, “If God will be with me, and keep me in this way that I go, and will give me bread to eat and clothing to wear, (21) so that I come again to my father’s house in peace, then the LORD shall be my God, (22) and this stone which I



have set up for a pillar, shall be God’s house; and of all that you give me I will surely give one tenth to you.”

Turning now to the story of Moses, we find that Moses is estimated to have lived between the years of 1393 and 1273 BCE. During this time, Hebrew scripture relates two profoundly transformative synchronistic experiences for him: the first at the Burning Bush of Mount Horeb and the second on Mount Sinai. Regarding the first transformative experience, Exodus 3:1-6 portrays a young Moses watching over his father-in-law’s flock of sheep when suddenly he spies a bush burning, without being consumed, on this mountain of God. As Moses approaches the bush he is told by the voice of God that Moses must remove his shoes as he is standing on holy ground. Moses’s psychological reaction was quite similar to that of Jacob’s “pious shuddering” as Moses hid his face and was afraid to look at God.

Moses’s Calling, however, was quite different from Jacob’s. Moses’s Calling was to go down into Egypt and bring the Israelites out of captivity. The passage reads:

*Exodus 3: (7) Then the Lord said, “I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, (8) and I have come down to deliver them from the Egyptians, and to bring them out of that land to a good and broad land, a land flowing with milk and honey. . . . (10) So, come I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.”*

As most already know, the Hebrew scripture relates a heroic struggle between Moses and Pharaoh in which Moses prevails and leads the Israelites out of Egypt. Many years after his initial Calling, Moses and his people are camped below Mount Sinai. He ascends the mountain and at its summit Moses experiences God’s presence and an additional divine Calling. This second Calling was to deliver God’s commandments to the Israelites below. Exodus 34: 29 – 30 reveals that upon returning to the base camp at the bottom of the mountain that Moses’s face glowed as a result of his prolonged encounter with God. Moses had literally been transformed by his encounter with the numinous and, therefore, incorporated some of the numinous’s venerated aspects. Upon seeing Moses’s shining face Aaron and all the Israelites were overcome with pious dread. The passage states:

*Exodus 34: (29) Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shown because he had been talking with God. (30) When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him.*

In Christian scripture, Jesus, also, had at least two synchronistic transformational experiences. One was when he was led,

by the Spirit, into the wilderness to be tempted. It’s important for us to realize that what makes temptation into actual temptation is that it entails something deeply desired by the person being tempted. All of Jesus’s temptations focused on the issue of power: the invitation to use self-serving power to violate God’s laws of nature and produce a miracle of changing stones into bread. Secondly, Jesus was tempted to use his power in an attempt to manipulate God. Thirdly, Jesus was tempted with his desire for the world to bow down and worship him. The myth of Jesus proclaims him to be the Son of God and, as such, the recipient of unlimited power. How easy, and wonderfully delicious, it would have been to use that power in self-serving ways. Jesus’s second gut-wrenching experience was in the Garden of Gethsemane where he was contemplating his soon-to-be execution. Luke 22:44 of the Christian Scriptures describes Jesus in such agony over the brutality of his impending death that he sweated drops of blood. How easy it would have been to use his power to destroy the purpose and goal of his own Divinely appointed Calling on earth. Echoes of this second temptation reappeared when Jesus was close to death while hanging on the cross. Luke 23: 35 – 38 describes both the crowd and the soldiers mocking him by inviting him to save himself and to come down from the cross. These synchronistic experiences, however, entailed quite a different Calling than just self-preservation and self-aggrandizement.

Another synchronistic experience in the Christian tradition is that of the story of Saul/Paul traveling on the road to Damascus. The book of Acts describes the action as Saul, “was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice uttering the double vocative ‘Saul, Saul, why do you persecute me?’ He asked, ‘Who are you, Lord?’ The reply came, ‘I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do.’ . . . For three days he was without sight, and neither ate nor drank.”<sup>27</sup> Completing this short pericope of Saul/Paul’s synchronistic encounter we find a dreadful soliloquy from God regarding His own actions toward Saul. In Acts 9:16, God states:

*(Saul) is an instrument whom I have chosen to bring my name before the Gentiles and kings and before the people of Israel; I myself will show him how much he must suffer for the sake of my name.*

Saul/Paul, seems to have understood this idea of Divine Disease accompanying Divine Election as well as the necessity for understanding the personal meaning of the synchronistic affliction because in his letter to the Philippian Church, Saul/Paul wrote “work out your own salvation with fear and trembling; for it is God who is at work in you.”<sup>28</sup>

Six hundred years later, during the holy month of Ramadan, a very masculine Gabriel (or Jibril) appeared before a man who was praying and meditating in a cave inside Mount Hira. With authority Gabriel uttered the one word command, “Recite!” Refusing to recite, Mohammed cried out, “I am not a reciter!”

But Gabriel enveloped him in an overpowering embrace and nearly squeezed all of the breath out of Mohammed. Just as he reached the limits of his endurance of pain, Gabriel released him and again commanded, “Recite!” A second time Mohammed refused and then Gabriel embraced him for a third terrifying time. This time the Word of God poured from Mohammed’s mouth, spoken for the first time in the Arabic language:

*Recite in the name of thy Sustainer, who has created - created man out of a germ-cell! Recite - for thy Sustainer is the Most Bountiful, One who has taught (man) the use of the pen - taught him what he did not know!*

This scripture would ultimately be called the Qur’an or the Recitation.

Mohammed was horrified with this experience for two different reasons. The first was that he had little respect for soothsaying or the “kahin” whose soothsaying oracles are usually unintelligible mumbo-jumbo. On the other hand, if this was a valid religious experience then he had no cult or tradition of faith that gave meaning to the occurrence. He was on his own, so to speak, in trying to figure out what had happened. Rushing from the cave he resolved to commit suicide by flinging himself from the summit but at the last moment Gabriel once again appeared to him. Mohammed heard Gabriel say:

*“O, Mohammed! Thou art the apostle of God and I am Gabriel.” I raised my head towards heaven to see who was speaking, and lo, Gabriel in the form of a man with feet astride the horizon. . . . I stood gazing at him, moving neither backward or forward; then I began to turn my face away from him, but towards whatever region of the sky I looked, I saw him as before.”<sup>29</sup>*

Gabriel was an overwhelming presence from which Mohammed could not escape. In his encounter with Gabriel, Mohammed experienced this same overpowering apprehension of numinous reality, a pious shuddering resulting from the terrifying otherness of God.

Gabriel was not finished, yet, with Mohammed. Approximately eleven years after their first encounter in the year 610, Gabriel took Mohammed on a Night Journey from Arabia to the Temple Mount in Jerusalem. Mohammed was transported by Gabriel, in his sleep, on a celestial winged horse named Buraq. On arrival at the Temple Mount, Mohammed was greeted by Abraham, Moses, Jesus, and a crowd of prophets, who confirmed Mohammed on his prophetic mission. Then Gabriel and Mohammed climbed what we might call a “shamanic ladder” up through the seven levels of heaven. Prophets presided over each of the Celestial spheres: Adam, Jesus, John the Baptist, Joseph, Enoch, Aaron, Moses, and, finally, Abraham at the threshold of the divine realm. The last level was where Mohammed reached the most perfect sphere. Mohammed did not, however, see God, Himself, but only symbols that pointed to the divine reality. This flight of the Prophet from Mecca’s

Ka’bah to Jerusalem’s Temple Mount revealed the transference of Mecca’s holiness to Jerusalem. Thus a divine connection was established between the two cities.

Space does not allow further examples of such profound synchronistic experiences. But one can easily remember the dread of Reverend Martin Luther King’s vision of personal death and its subsequent realization. Dietrich Bonhoeffer’s calling to sacrifice even his own life in service to the Christ that he worshipped. The list goes on and on. These examples of synchronicity, extreme though they may be, are different from other examples of synchronicity only because of the intensity of the energy and the severity through which the energy is expressed in these examples. In each case, however, the meaning of the experience is conveyed to the recipient in the form of wisdom. The wisdom is understood as a personal Calling. As such, it is submission to this Calling that serves as the beginning foundation of religion. The fear of God, the dread of God, the horror of God’s monstrosity evolves through various emotional stages until the individual begins to see (as through a glass darkly) the numinous portrayed as majestic mystery, mystery beyond the ordinary parameters of right and wrong or good and evil - Divine Mystery not only outside humanity’s understanding, but permanently beyond understanding, itself. This realization of the presence of the ultimately unrealizable, transforms the fearful shudder at the presence of God into a divine awe of the Glory of God. And with this divine awe, divine dread evolves into divine worship thus forming the primitive early stage of religion.

## Alchemy:

Everything is connected and the web is holy.  
- Marcus Aurelius

As mentioned above, Carl Jung received a Chinese alchemical book entitled The Secret of the Golden Flower in 1928. Shortly thereafter he commissioned a Munich bookseller to collect any books regarding alchemy and forward them to him in Küssnacht. Before long he received Artis Auriferae Volumina Duo (1593), a comprehensive collection of alchemical classics written in Latin. At first he regarded the text and pictures as sheer nonsense and, consequently, would put them aside for long periods of time. Gradually, however, he eventually realized that the alchemists were speaking and writing in unconscious symbols. Once he realized this he began a lexicon and cross-referenced key phrases. Working philologically, as if he were translating an unknown language he was able to understand the alchemical symbolism. From then on alchemical primordial images took a central focus in his work along with mythical, religious, and dream symbols.

An historical understanding of the nature and goal (Great Work) of alchemical labor is necessary in order to understand its importance to modern physics, depth psychology, and remote viewing. Jung was correct when he articulated that,

“without history there can be no psychology, and certainly no psychology of the unconscious.” What he meant by this, regarding alchemy, was that without understanding alchemy’s history then one is excluded from understanding the wealth and importance of alchemical symbolism. Common misunderstanding leads one to believe that alchemy was just a precursor to the science of chemistry and the rise of chemistry brought the downfall of alchemy. Historically, the birth of alchemy took place about the time of the birth of Jesus. It initially flourished in Greece and then, during the 7th and 8th centuries, was imported into the Arab countries. In the 10th century it returned to Western Christianized civilization and united with scholastic philosophy. For a long period of time alchemy and chemistry existed simultaneously; however, the chemist and the alchemist worked on very different projects. While the alchemists’ avowed to transform lead into gold their motto tan ethice quam physice (as much ethical as physical) alerts us to their realization that the alchemical work was psychological and spiritual in nature. The ultimate goal of the alchemical process was the realization of the Philosopher’s Stone which symbolized Divine Wisdom.

Because alchemy does not conform to the laws of chemistry, a fact of which the alchemists seemed aware, it may be the best map to facilitate modern understanding of the dynamics of the unconscious. Alchemy has this advantage, over dream and religious/mythical imagery, because it corresponds to absolutely nothing in reality. In this sense it served the alchemists as a perfect “Rorschach card” upon which we now, through historical exegesis, can study the framework of the psyche.

From a remote viewing perspective, a central tenet important to alchemy is that of the connection and intertwining of the physical and the spiritual (or as Wolfgang Pauli and Carl Jung might rephrase it, the physical and the psychological). The alchemists expressed this truth in the form of the following composition:

Heaven above

Heaven below

Stars above

Stars below

All that is above

Also is below

Grasp this

And rejoice.<sup>31</sup>

For the alchemist, the upper (outer) expanses of the world were intimately linked to the lower (inner) expanses of the psyche. This linkage serves as the base of the Observer Effect in quantum physics as well as the discovery of archetypal synchronicity in analytical psychology. Because alchemy reveals unconscious symbolism in such a pure light, one would expect to find this linkage mentioned in other mythologies of religion

or mythologies of science throughout the world. Indeed, both Indian and Chinese Buddhism speak of such a linkage in terms of Indra’s net:

In the heaven of the great god Indra is said to be a vast and shimmering net, finer than a spider’s web, stretching to the outermost reaches of space. Strung at each intersection of its diaphanous threads is a reflecting jewel. Since the net is infinity in extent, the jewels are infinite in number. In the glistening surface of each jewel is reflected all the other jewels, even those in the furthest corner of the heavens. In each reflection, again are reflected all the infinitely many other jewels, so that by this process, reflections of reflections continue without end.<sup>32</sup>

Western philosophy also speaks of an intertwining net. The 15th century German philosopher, Gottfried Leibniz’s wrote about Monads existing as the basic unit of perceptual reality throughout all substances. According to Leibniz, these Monads are totally without interactions among themselves but were originally coordinated by God in a pre-established harmony that keeps them eternally linked in tandem (but without causality) with one another. The archetypal intertwining web again manifests in contemporary physics in its mission to discover a unified field theory. It is found in computer science in its establishment of a world wide net. It is also found in analytical psychology in Jung’s postulation of the Unus Mundus as that which unites all internal and external events.

Synchronicity offers an empirical glimpse of this interconnected web as a remote viewer can access any time/space coordinate and describe it with a high level of accuracy. Extrasensory perception is possible through this interconnected web because, as Jung states, “ESP... is based on the psychoid archetype, which, as experience has shown, can express itself both psychically and physically.”<sup>33</sup> This mind-matter continuum established through the psychoid archetype synchronizes the deepest layers of the unconscious (known as the Objective Psyche) with the remote viewer’s conscious mind. It’s able to do this because the Objective Psyche “knows” the world/universe and is capable of expressing this knowledge to consciousness. It does this through the numinous effect of taking control of the body (hand) to produce ideograms as well as releasing information into the ego. The meaning of the archetypal experience (the remote viewing) is that of receiving revelation.

Who Observes?

The Western method of dispassionate scientific observation has lulled most remote viewers (and most other practitioners of psi) into a lethargy regarding their own effect upon what they are observing. Alchemy, however, has a strong warning against such insolence. The alchemists’ motto tan ethice

quam physice (as much ethical as physical) alerts us to the ethical responsibilities of our tamperings. The Observer Effect in quantum physics reveals that the observer is an integral component of both the process as well the outcome of the experiment. This, of course, implies that a different individual, with different psychological characteristics, might influence the experiment in other ways or even to another outcome. Synchronicity also reveals the ultimately personal nature of archetypal interactions as the universe unfolds in highly personal and psychologically intimate ways based upon the personal growth needs of an individual. While the synchronistic event is life transformational to the targeted individual, its manifestation is just another neutral occurrence of the deterministic universe if viewed by another individual. The consciousness derived from the synchronistic event, therefore, cannot be reduced to scientific paradigms and statistical probabilities that are accessible to everyone. Consciousness, therefore, is dependent upon the psychological needs of the participant.

Both the Observer Effect as well as Synchronicity reveal that the observing participant is an integral component of the ongoing process. As an integral component, the participant facilitates new and different futures that continually arise and take form out of the present moment of viewing (in statu nascendi). The future, then, is a variant that has arisen from both (1) the deterministic events that have clashed together to form some new outcome as well as (2) the individual(s) viewing (or remote viewing) those events. Other individuals, with malformed psychologies or immoral intentions, might well influence the event to other outcomes. This may be why the alchemists were as concerned for their own personal ethics as they were for the outcome of their experiments. Dr. Wolfgang Pauli expressed this same sentiment when he wrote about the Observer Effect in quantum physics:

But if these phenomena are dependent on how (with what experimental system) they are observed, then is it not possible that there are also phenomena (extra corpus) that depend on who observes them (i.e., on the nature of the psyche of the observer)?<sup>34</sup>

Lastly, lets look at the phenomena of remote viewing, itself, specifically in its relationship to modern scientific culture. Contemporary science is essentially rooted in empirical language and draws upon such ideas as measurement, verifiability, causality, and making use of theoretical constructs to acquire information about the universe. Remote viewing, and other forms of psi, relies upon intuition as its sole method of information acquisition. In spite of the fact that statistical analysis of the information acquired through remote viewing places remote viewing’s accuracy on a level that is comparable with the sciences<sup>35</sup> its acceptance by scientists has been quite strained. This shadow projected upon remote viewing by the scientific community carries all of the earmarks of a collective neurosis. Neuroses, both personal and collective, arise as a result of an observing ego that does not wish to acknowledge a particular truth and does everything possible to suppress

or repress those truths from awareness. Personal and collective neuroses, set the stage, so to speak, for synchronistic phenomena to manifest as an attempt to cure an unbalanced perspective. As mentioned above, the Greeks were aware of these kinds of moments and referred to them as kairos, or the right moment for the “metamorphosis of the gods.” As expressions of archetypal energies, synchronicities are experienced as a defeat for the ego as it tries to cling to an outdated, and unbalanced, point of view. The wounded ego recovers by acquiring a broader understanding of the universe as well as enlarging its psychological balance. This whole process is known as enantiodromia which means a “running counter to” and designates the emergence of the unconscious opposite in the course of time.<sup>36</sup>

While archetypal encounters are woundings for the observing ego (personal or collective), the wounding is always a wise wound. The same is true for the wound inflicted upon the materialistic and deterministic world-view of contemporary science by the synchronistic emergence of remote viewing. The scientific community has certainly yelled, “ouch,” and has recoiled defensively from the mere presence of remote viewing. But, in spite of the fact that neurotic fixations can last for a very long period of time, those observing this conflict between empirical rationality and applied intuition may be witnessing something more deeply rooted than just the clash of social mores. Notice, for instance, that the Greek word kairos refers to a transformation engendered by the gods. Alchemy also alluded to the presence of this creative illness as necessary for the transformation of psychological lead into golden consciousness. They were quite accurate in this perception as well as in their appreciation of the process as undeserved grace from God. They revealed this truth by writing:

Our Art, its theory as well as its practice, is altogether a gift of God, Who gives it when and to whom He elects: It is not of him that wills, or of him that runs, but simply through the mercy of God.<sup>37</sup>

So the unfolding alchemical process begins with Divine election and the presentation of creative illness, which literally shakes the foundations of the alchemist’s physical and psychological health. He is a sick or wounded individual who is afflicted with a disease, or rather a dis-ease, which carries the seeds of his redemption. But before the redemptive process can even begin, the alchemist must do something which all of us are loath to do. In spite of the physical and psychological pain of the affliction and in spite of any physical or psychological wasting that may be due to the illness, the illness must be honored as THE gateway to one’s own deliverance. Indeed the illness was often referred to as the “King of Glory,” by alchemists, because it was this very portal that lead to redemption. Going even further, alchemy refers to the King of Glory as a worm that is the reproach of men and the outcast of the people. The extreme lowliness of the Redeemer’s origin is expressed even more strongly in the statement that the King comes from a dunghill and is found in filth. All these descrip-



tions reflect the everyday common-sense judgment and condemnation of illness, but also juxtapose that assessment with the realization that the illness is nothing but the lowly disguise of the Redeemer. So the alchemist must first change his perception regarding his affliction. In spite of the affliction’s pain and its destruction to either his body or his mind, the alchemist must first honor his affliction as he realizes that it holds the cure for his spiritual wound.

Notice that both the Greeks and the alchemists recognized the Divine or Spiritual impetus behind these enantiodromias. While the alchemists focused more on the personal nature of the transformation, the Greeks recognized that the kairos can be collective in nature. So if what we are observing in this struggle between empirical rationality and applied intuition is, indeed, rooted in Divine origin and exemplifies some kind of synchronistic interaction between “Heaven above” (Divine) with “Heaven Below” (human), then the Observer Effect in modern physics informs us that the mere witnessing of this phenomena renders us as co-creators (alongside the Divine) of a possible new and wonderful world. A world in which spirituality is a recognized bridge utilizing both intuition and rationality for the purpose of promoting the peaceful development of human and cultural development.

ENDNOTES

<sup>1</sup> Peter Gay, *Freud: A Life for Our Time* (New York & London: W. W. Norton & Company, 1988), p. 202

<sup>2</sup> C. G. Jung, *Memories, Dreams, Reflections* (New York: Pantheon Books, 1973), p. 149.

<sup>3</sup> Joseph Cambray, *Synchronicity: Nature & Psyche in an Interconnected Universe* (College Station: Texas A&M University Press, 2009), p. 16.

<sup>4</sup> Cited in Beverley Zabriskie, “Jung and Pauli: A Meeting of Rare Minds,” in C. G. Jung and Wolfgang Pauli, *Atom and Archetype: The Pauli/Jung Letters, 1932-1958*, ed. C. A. Meier (Princeton: Princeton University Press, 2014), p. xxxi.

<sup>5</sup> Cited in Beverley Zabriskie, “Jung and Pauli: A Meeting of Rare Minds,” in C. G. Jung and Wolfgang Pauli, *Atom and Archetype: The Pauli/Jung Letters, 1932-1958*, ed. C. A. Meier (Princeton: Princeton University Press, 2014), p. xxxi.

<sup>6</sup> Carl Jung, “Synchronicity: An Acausal Connecting Principle,” in *The Structure and Dynamics of the Psyche*, CW 8 (Princeton: Princeton University Press, 1978), par. 849.

<sup>7</sup> Roderick Main, *Revelations of Chance: Synchronicity as Spiritual Experience* (Albany: State University of New York Press, 2007), p. 14.

<sup>8</sup> Carl Jung, *The Structure and Dynamics of the Psyche*, CW 8, (Princeton: Princeton University Press, 1978), par. 961.

<sup>9</sup> *Ibid.*, par. 963.

<sup>10</sup> C. G. Jung, “Definitions,” in *Psychological Types*, CW 6 (Princeton: Princeton University Press, 1977), pars. 749 – 750.

<sup>11</sup> C. G. Jung, “Definitions,” in *Psychological Types*, CW 6 (Princeton: Princeton University Press, 1977), par. 751.

<sup>12</sup> Mircea Eliade, “The Symbolism of Shadows in Archaic Religions” in *Symbolism, the Sacred, & the Arts*, ed., Diane Apostolos-Cappadona (New York: Continuum Books, 1992), pp. 3-16.

<sup>13</sup> Jean Piaget, *The Child & Reality: Problems of Genetic Psychology* (New York: Grossman Publishers, 1973), pp. 33 – 34.

<sup>14</sup> Jean Piaget, *Play, Dreams and Imitation in Childhood* (New York: W. W. Norton & Company, 1962), p. 91.

<sup>15</sup> J. A. Wheeler in Paul Buckley and F. David Peat, *A Question of Physics* (London: Routledge and Kegan Paul, 1979).

<sup>16</sup> Cited in F. David Peat, *Synchronicity: The Bridge Between Matter and Mind* (Toronto: Bantam Books, 1988), p. 94.

<sup>17</sup> F. David Peat, *Synchronicity: The Bridge Between Matter and Mind* (Toronto, New York, London: Bantam Books, 1988), pp. 94 – 97.

<sup>18</sup> C. G. Jung, *Civilization in Transition*, CW 10 ( Princeton: Princeton University Press, 1978), par. 585.

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<sup>20</sup> Edward Conze. *Buddhism: Its Essence and Development* (New York: Harper & Row, 1959), p. 35.

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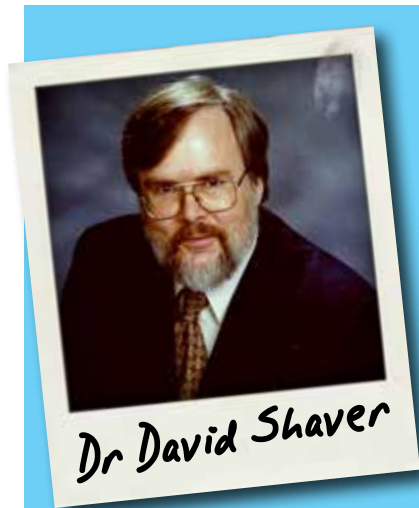
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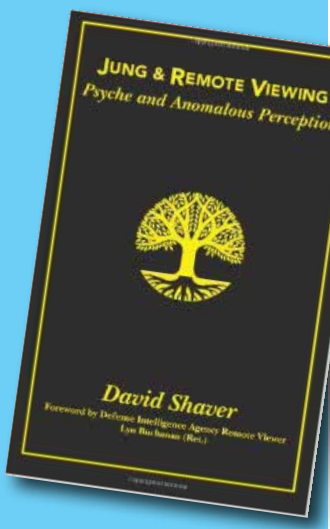
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**Dr David Shaver**

**Dr. David Shaver** is a practicing psychoanalyst in Connecticut. He has graduate degrees in counseling (University of Arkansas), philosophy of religion (Yale University) and a post-doctoral diploma in psychoanalysis (Philadelphia School of Psychoanalysis). His newest book is entitled *Jung & Remote Viewing: Psyche and Anomalous Perception*. His current interests include exploring the relationship between psi and spirituality.

**W.** [www.drdauidshaver.com](http://www.drdauidshaver.com)  
**E.** [drdauidshaver@gmail.com](mailto:drdauidshaver@gmail.com)  
**FB.** Jung & Remote Viewing





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# CIA Sponsored American Institutes of Research (AIR) Remote Viewing Report in 2016:

## The View From Under The Bus

Commentary by Teresa Frisch

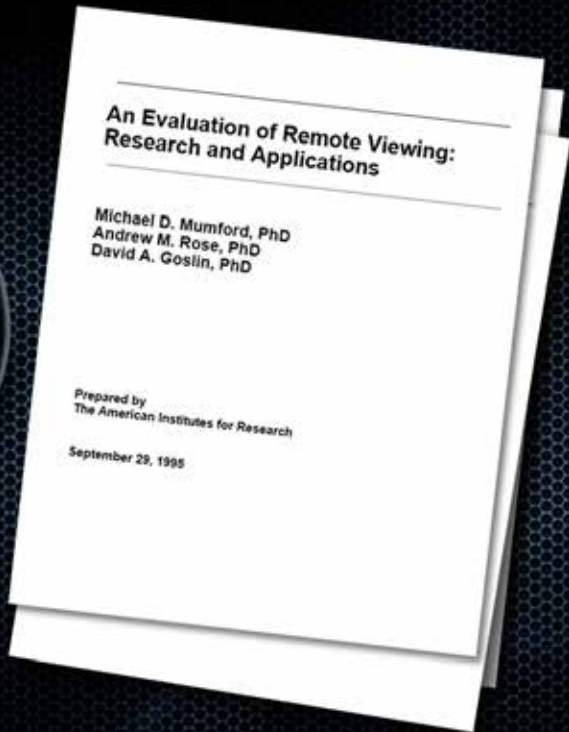


Image courtesy of Teresa Frisch, 2014

Circa June, 1972. Word on the street in the intelligence community was that the Soviets were pouring significant resources into the study of parapsychology. The Central Intelligence Agency (CIA) responded, establishing a classified program that researched the development of human mental, intuitive abilities. Talented psychic Ingo Swann joined Dr. H. E. Puthoff at the Stanford Research Institute (SRI), in Menlo Park, California (Puthoff, 1996) to see what could be learned.

Research led to Operations, and for the next twenty-three years American citizens were unaware that they had funded the training and development of psychic spies who could describe locations, activities and events anywhere in time and

space. They named the process Controlled Remote Viewing (CRV).

The program was the proverbial red-headed step-child that nobody in the intelligence community wanted. Sponsors changed, funding changed, even its name changed but from 1972 until July of 1995, it managed to survive as Grill Flame, SCANATE, Center Lane, Sunstreak and eventually Star Gate. The CIA had brought the program into the world and the CIA seemed determined to take it out.

Dr. Paul H. Smith was a member of the intelligence unit for several years. In his book, *Reading the Enemy's Mind*, Smith reports that the CIA signed a contract with the American Institutes of Research (AIR) to investigate the program in June, 1995 and their report was published on September 29, 1995. A red flag was raised when the CIA ordered Star Gate to “cease operations” (Smith, 2005, p. 527), three months before the AIR report was ever written.

The limitations of the AIR report will be discussed later in this article. For now let it suffice that thanks in part to the AIR report, any credibility that might have given hope of furthering scientific interest in what the SRI, followed by Science Applications International Corporation (SAIC) research had discovered about intuition and non-locality, or that the Star Gate Unit had used it to mentally provide descriptions and information across time and space in operations, was crushed. The AIR report summarily states “In no case had the information provided ever been used to guide intelligence operations. Thus, remote viewing failed to produce actionable intelligence” (Mumford, Rose, & Goslin, 1995, p. E-4).

### Catching Smoke

The CIA wasn’t the only group interested in learning more about the elusive human component of intuition. Nurse Patricia Benner, mentored by Hubert Dreyfus and Richard Lazarus, was working toward her Ph.D. at the University of California, Berkley (Benner Associates website, n.d.) across the San Francisco Bay, northeast of SRI’s Menlo Park location. The Dreyfus brothers, Stuart (Department of Industrial Engineering and Operations Research, UC Berkley) and Hubert, (Department of Philosophy, UC Berkley), were contracted by the United States Air Force to study skill development. Groups chosen for their study were chess learners, foreign language acquisition and flight instruction, detailing a systematic observation of the process as the learners moved from Novice to Master. They published their study, “A Five-Stage Model of the Mental Activities Involved in Directed Skill Acquisition” in 1980 (Dreyfus & Dreyfus, 1980).

Benner achieved her Ph.D. and applied the Dreyfus model of skill acquisition to nursing in a field study, publishing her landmark nursing theory “Novice to Expert” in 1984. Her theory continues to be a nursing core curriculum gold standard thirty years later.

In her commemorative edition of Novice to Expert, Benner notes that “the expert nurse, with an enormous background of experience, now has an intuitive grasp of each situation and zeroes in on the accurate region of the problem without wasteful consideration of a large range of unfruitful, alternative diagnoses and solutions” (Benner, 1984/2001, p. 32).

TABLE 1

Skill Level	NOVICE	COMPETENT	PROFICIENT	EXPERT	MASTER
Recollection	Non-situational	Situational	Situational	Situational	Situational
Recognition	Recognized	Recognized	Holistic	Holistic	Holistic
Decision	Analytical	Analytical	Analytical	Intuitive	Intuitive
Awareness	Monitoring	Monitoring	Monitoring	Monitoring	Absorbed

Using the Dreyfus model seen in the table above (Dreyfus & Dreyfus, 1980, p. 15), Benner further explains that the “intuitive grasp makes expert human decision making possible. It allows gestalt or holistic understanding that bypasses building the situation up element by element and then grouping or synthesizing the elements into a conclusion or whole picture” (2001, p. 295).

Dr. Edwin May, former Director of SAIC, the research arm of the report concluded that he “felt obligated to show that as the result of their flawed methodology, the CIA/AIR report greatly underestimated the statistical robustness of the research results and significantly undervalued the potential for anomalous cognition in intelligence operations” (May, 1996, p. 1). Do you think that Dr. Benner might have been

interested to learn that an intuitive, descriptive data-mining CRV session is built mentally upon concepts and gestalts? Truman summarized in 2003 that “Intuition is a quality that nurses have traditionally valued, but one that in today’s evidence-based research climate is often denigrated. Because it is difficult to investigate and quantify, intuition has tended to be seen as unreliable, unscientific and unsuitable for nursing practice. However, the author argues that intuition, like caring, cannot be subjected to measurement and should not be overlooked as an important tool” (Truman, 2003, p. 1). Hinkle states “an empirical concept is one that can be either observed or experienced through the senses” (Hickman, 2002, p. 3). I suspect that Ms. Truman and Hinkle would be very interested to learn that with the development of intuitive abilities in CRV training and practice, a CRV session produces empirical, sensory data that can be scored.

Three nurses moved Benner’s thoughts forward in 2008 by researching the expert nurse and intuition a bit further. “Conclusion. The findings validate the use of intuitive decision-making as a construct in explaining expert clinical decision-making practices. The ability of intuitive practice should be recognized” (Lyneham, Parkinson, & Denholm, 2008, p. 1).

### The AIR Report

Review of the remote viewing program consisted of both research and operations, but a report is only as accurate as the information provided for review. Can we truly believe that the report is accurate when we learn:

- 1) “three to four thousand sessions or more had been performed prior to 1994 by two dozen viewers – the AIR based its evaluation on approximately forty sessions (two percent) conducted in 1994 and 1995” (Smith, 2001, p. 526).
- 2) “Failed to contact significant program participants. Because of the complexity of the 24-year program, it is impossible to conduct an in-depth and accurate evaluation without significant contact with the program’s many major participants” (May, 1996, p. 1).
- 3) “No one with more than a twelve-month history as a remote viewer was interviewed and neither were the previous program managers. There was no attempt to seek out end-product users who actually used remote viewing materials, because they were considered by the panel to be biased” (McMoneagle, 2002, p. 240).
- 4) “I was working in the project in 1986 and remember being ordered not to speak with any of the NRC report investigators [Dr. Goslin]. The agencies we were working for didn’t want them to know the success rate we were experiencing using remote viewing for intelligence collection purposes” (McMoneagle, 2002,



p. 240). McMoneagle also explains that Goslin was placed in charge of the AIR report in 1995 and states “at neither time did the investigators have the security clearance necessary to review the same level of information” (McMoneagle, 2002, p. 240).

One Last Chance

Information about the U.S. “psychic spy unit” was beginning to surface in obscure newspaper articles. The Discovery Channel would eventually broadcast the documentary *The Real X-Files*, (Smith, 2005), but before that, the CIA had one last chance to repair the damage of the AIR Report. It was not to be. Ted Koppel, with Dale Graff, former Director of Star Gate, Joe McMoneagle, decorated veteran and Remote Viewer 001, a then-anonymous end-user CIA agent ‘Norm’ who used the unit in operations and discussed it on air, scientists Utts and Hyman who reviewed information for the AIR Report and former CIA Director Robert Gates broke the news to the listening audience that the United States had been “using psychic spies for decades” (Smith, 2001, p. 531).

Once again Gates disavowed the accuracy of the operations arm of remote viewing, denying on air that it had ever been used to “make or inform policy decisions” (Smith, 2001, p. 531). Smith found that “a strange sort of remark to make, as that could be said of most of the intelligence that is gathered, since much of what is collected is intended to support operational and tactical decision-making, not broader policy formulation” (Smith, 2001, p. 531).

For whatever possible reason(s), disbelief in psychic ability, an effort to downplay use of tax dollars on a controversial program, discontinue allocation of future funding, or deflect whoever our intelligence opponents were at the time, Gates refused to acknowledge any level of success in operations using remote viewing.



Image courtesy of Teresa Frisch, 2015

The View From Under The Bus

Maybe throwing remote viewing, and eventually the rest of us, under the bus for twenty years was a short-term goal. It would take years, but de-classification allowed the former unit members to write books and tell their stories within the boundaries of clearance and classified information.It allowed Ed May to write a commentary rebuttal to the AIR Report and eventually publish, *The ESP Wars East & West – An Account of the Military Use of Psychic Espionage as Narrated by the Key Russian and American Players* with Victor Rubel and Loyd Auerbach. They dedicate their book to “to those heroes both in the US and in Russia who, at times, put their careers at risk in defending the value of ESP not only for spying but also because of its vast implications across the totality of human experience. We still have a long way to go before the unfettered acceptance of ESP as a normal human experience” (May, Rubel, & Auerbach, 2014).

Thanks to the Freedom of Information Act, the Star Gate Interactive Archive was made available to the public. Over 103,000 declassified documents from the remote viewing program, including some operational sessions have gone public.

Mr. Gates and Mr. Goslin, et al, it’s been a long twenty years. You threw us and science under the bus when you said that remote viewing didn’t work. I’m here to tell you that the view from under the bus sucks.

You Can’t Make This Stuff Up



Image courtesy of Lyn Buchanan

I have had the immense privilege of meeting Dr. H. Puthoff, Dr. R. Targ, and many of theoperational remote viewing “psychic spies.”Here are some of their stories.

1. Lyn Buchanan, former member of the United States Military Intelligence Unit Star Gate is standing by the boat in the picture. Members of the Unit traveled to Key West to see if remote viewing could help with drug busts (Frisch, 2014).

2. Paul H. Smith relates that Federal Marshalls, the DEA, the FBI and Customs could not find former Customs agent Charles Frank Jordan. The Unit reported locating him in a campground with an Indian burial ground close by in Lovell, Wyoming. The information seemed absurd but local authorities were notified and “much to everyone’s surprise, Charles Frank Jordan was apprehended as he emerged from his camping trailer in northwest Wyoming” (Smith, 2001, p. 446).

3. Operation Eagle Claw went live on April 24, 1980. The mission was hostage retrieval from the besieged embassy in Tehran, Iran, but asandstorm wreaked havoc with the helicopters. Buchanan relates: “During refueling for the return flight, the sandstorm continued, and three additional helicopters became inoperable. One of these accidentally collided with a transport. Both Vehicles exploded, killing eight American servicemen. The survivors abandoned the scene, leaving the four remaining helicopters, weapons, maps, several highly classified documents regarding the operation, and the dead bodies behind in the flaming wreckage. At the moment when the helicopter crashed into the transport plane, one of the unit’s remote viewers at Fort Meade, who was in session at the time, stood up in horror. ‘They’ve crashed,’ she said. The information was immediately sent up the chain of command to President Carter, and actually reached him a full ten minutes before the news came to him through normal channels”(Buchanan, 2003, p. 39).

4. Colonel Rich Higgins was abducted in Lebanon in 1988. Buchanan received the strange impression “RAS AIN!” in session but reported it as per protocol. He was notified the next day by his director that he nailed the target. “You were right on location with yesterday’s session. They investigated and found that, sure enough, that’s where the colonel was being held yesterday. Unfortunately, he was moved overnight so we don’t know where he is again. Good work anyway.... He was being held in the town of Ras Ain” (Buchanan, 2003, p. 40-41).

5. Joe McMoneagle relates that around 1979 he was tasked with describing a structure and the activity associated with it. Joe described “in giant bays between the wallswere what looked like cigars of different sizes, sitting in gigantic racks. One seemed older and I felt as though it were under repair, but the other was absolutely huge, beyond anything I could ever imagine... I had an overwhelming sense that this was a submarine,

a really big one, with twin hulls” (McMoneagle, 2002, p. 121). Joe was in and out of session over several days making his report and sketching. The location was inland, which left everyone less-than-optimistic that his results were accurate. He predicted the launch would happen soon at the rate they were building this thing, whatever it was.

The NSC acted, and “satellite photographs taken of the facility in mid-January of 1980 showed a new canal running alongside the building and out to sea. Standing at the dockside was the new and huge [Typhoon Class] boomer, which had never been seen before. It also constituted a fairly large and distinctive new threat to our national security” (2002, p. 124).

McMoneagle explains “It is critical to note here that one of those ‘others’ working in the NSC at the time and participating in the collection of material relevant to this specific problem was Robert Gates” (2002, p. 122). He then recounts Gates’ move to the office of deputy director of the CIA and on air said that “no remote viewing had ever been done that was ‘critical to national interests,’ and ‘at no time had remote viewing material ever been used as standalone material” (2002, p. 122). Joe’s description and sketches were accurate. Some members of inner circles considered his material “a lucky guess” (2002, p. 124).

Progress is a Process

Thousands of us, whether on our own or with trainers, have studied remote viewing over the past twenty years. Questioning, finding our way, struggling as learning curves and paradigms shifted, one person at a time. It would have been so much easier if Gates and Goslin, et al., had simply given the smallest bit of creditability to the remote viewing program. A meet and greet here or a seminar with mainstream university scientists there would have opened doors for learning about this little-known part of human ability twenty years ago.

I made my way to Lyn Buchanan’s training table in Alamogordo, New Mexico in January of 2005. I nailedmy first target in a small group intro-to-RV class and wanted to further my training with someone who had actually learned the science of and theory of CRV development and used it in operations. I recognized immediately that this mental ability could be a breakthrough for many human sciences because it produced empirical / experiential data.

Meadows states”...although intuition’s use is not limited to the expert nurse, the use of intuition to make clinical nursing judgments increases with the amount of clinical experience and proficiency. It is likely that increasing expertise helps the experienced nurse use their intuition more skillfully and effectively” (Meadows, 2013, p. 2).



Time and Space Nursing Theories

Let me be clear in recognizing that Controlled Remote Viewing data is valuable and applicable in nursing theory. In a remote viewing session, the viewer mentally crosses time (the time that a present feedback photo was taken or information provided becomes present time) and space (to the location, activity or event) to be described using sensory perceptions. Beyond Benner, some additional nursing theories that resonate with black-and-white CRV session results:

Martha Rogers offered several nursing theories, including The Grand Theory of Paranormal Phenomena (Fawcett & DeSanto-Madeya, 2013, p. 16). “Rogers’ [Science of Unitary Beings] model is an abstract system of ideas but is applicable to practice, with nursing care focused on pattern appraisal and patterning activities. Pattern appraisal involves a comprehensive assessment of environmental field patterns and human field patterns of communication, exchange, rhythm, dissonance and harmony through the use of cognitive input, sensory input, intuition and language” (Masters, 2014, p. 56-57).

Barbara Dossey, in her Theory of Integral Nursing, explains “consciousness is said to be nonlocal, in that it is not bound to individual bodies. The minds of individuals are spread throughout space and time; they are infinite, immortal, omnipresent, and, ultimately, one. Era III Medicine therapies involve any therapy in which the effects of consciousness create bridges between different persons, as with distant healing, intercessory prayer, shamanic healing, so-called miracles and certain emotions (e.g., love, empathy, compassion)” (Dossey & Keegan, 2015, p. 9).

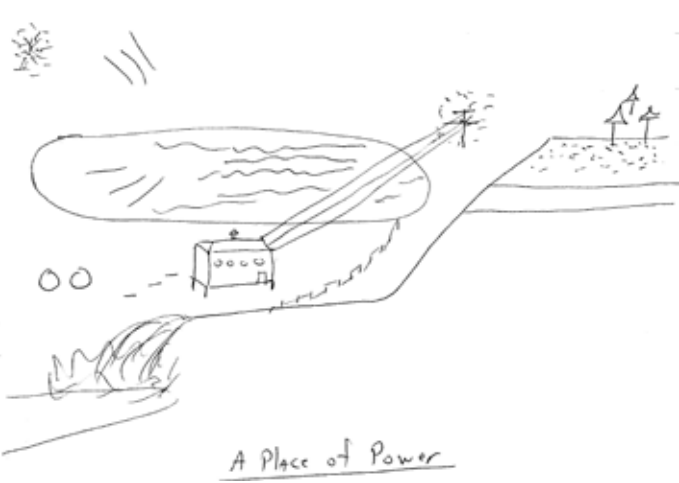
Reeder states in *What Will Count as Evidence in the Year 2050?* “The integral world view accesses evidence through study of the life world from a first-person point of view. Most importantly, as known intentionally by someone in that world through a sensorium including not only five senses but also feelings, intuitions of the world in the present and of the past through memory (retention), and the future, through imagination and sense of the possible, all of which together is the foundation of knowing anything and everything at all” (Reeder, 2013, p. 355).

To Train or Not To Train

Appreciation for remote viewing and the Star Gate pioneers continues to move quietly forward. Differences of opinion in the remote viewing community, including whether or not CRV can be successfully taught or trained, are gradually being clarified by expert historians such as Dr. Hal Putoff. “In the document referenced, whose specific purpose was to evaluate whether application of CRV techniques led to improved performance, data is provided that permitted us to determine, based on scientific analysis, the efficacy of CRV training - a requirement that had to be met to determine whether to go

forward with this technique or to seek to develop an alternative (see Figure 2, p.11). “In that data set 200 double-blind trials were carried out, 100 before CRV techniques were introduced, 100 afterwards. Application of the same evaluation metric to both sets of data yielded an improvement in effectiveness from 22% to 66%, deemed to be of merit” (Puthoff, 2015, p. 11).

My CRV students come from all walks of life, with a variety of interests, abilities, and professions, including interested members of HUMINT. “Arguably a form of HUMINT by definition, remote viewing was shown to have applicability to the CI problem set during the U.S. RV program” (Morris, 2010, p. 71). Students usually practice alone, learning structure and honing skill sets without Monitors. I have seen more success than failure with CRV training. The Seton Lake, Canada power station sketch was produced by Ronald Kuhn, who pursued formal training in CRV with me.

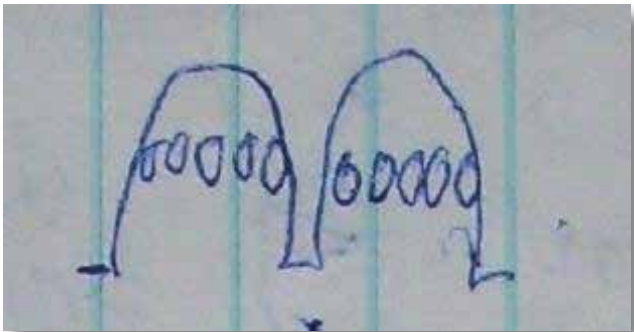


Sketch courtesy of Ronald Kuhn

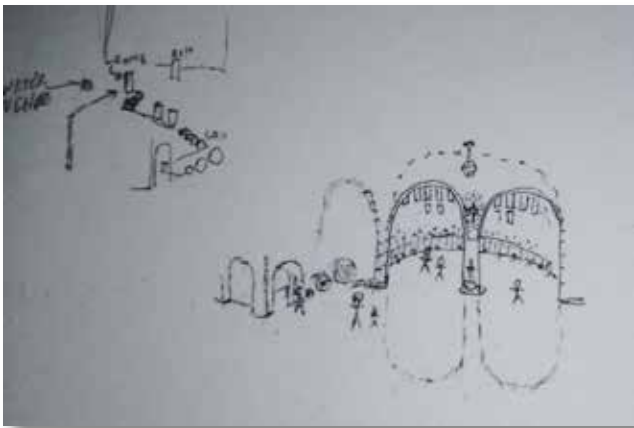


Image courtesy of Larry Bourne

The Wright Patterson Air Force Museum sketches were produced by Russell Evans. Russ is a self-taught remote viewer. He learned how to obtain more detail from a practice target by joining us in our informal online webinar discussions and practicing to improve his skills.



Session One Sketch



Re-tasked Detail Session Two  
(Sketches courtesy of Russell Evans)



Image courtesy of Teresa Frisch, 2015

Decisions, Decisions, Decisions

St. John explains that “any skilled subject-matter expert in an analytical position at the CIA is called a CIA analyst” and “these intelligence analysts tell the President and other policymakers what they need to know” (St. John, 2007, p. 1). Jack Davis includes recommendations for improvement, including commending “the British system under which policy officials are integrated into the intelligence efforts to support effective decision making at every step, from writing to approving intelligence analysis” (Davis, 2002, p. 2) in the Occasional Paper *Improving CIA Analytic Performance: Analysts and the Policy-making Process*.

Richards Heuer explains in *Psychology of Intelligence Analysis* that under Gates strict tenure “insufficient attention was given to clarifying tradecraft practices that would promote analytic soundness. More than one participant in the process observed that a lack of guidelines for meeting Gates’ standards led to a large amount of ‘wheel-spinning’” (Heurer, 2007, p. xiv). Heurer’s insights into policymaking through MacEachin’s tenure were also helpful. “His Agency career – like Gates’ – included an extended assignment to a policymaking office. He came away from this experience with new insights on what constitutes ‘value-added’ intelligence usable by policymakers” (Heuer, 2007, p. xvi).

Moving Forward

Perhaps the operational examples by Buchanan, Smith and McMoneagle were not declassified when the AIR Report was written, but the opportunity to move forward with information regarding the subconscious mind, intuition, non-locality, time and space is of critical interest to many. “An understanding of the nature and development of nursing intuition can help nurse educators foster it in young nurses and give clinicians more confidence in this aspect of their knowledge, allowing them to respond with greater assurance to their intuitions” (Green, 2012, p. 1).

“Simply put, we produced information of national-level interest at a time when it was unavailable from any other source, something that some people said then – and still say today – that a good remote viewer can’t do” (McMoneagle, 2002, p. 124).





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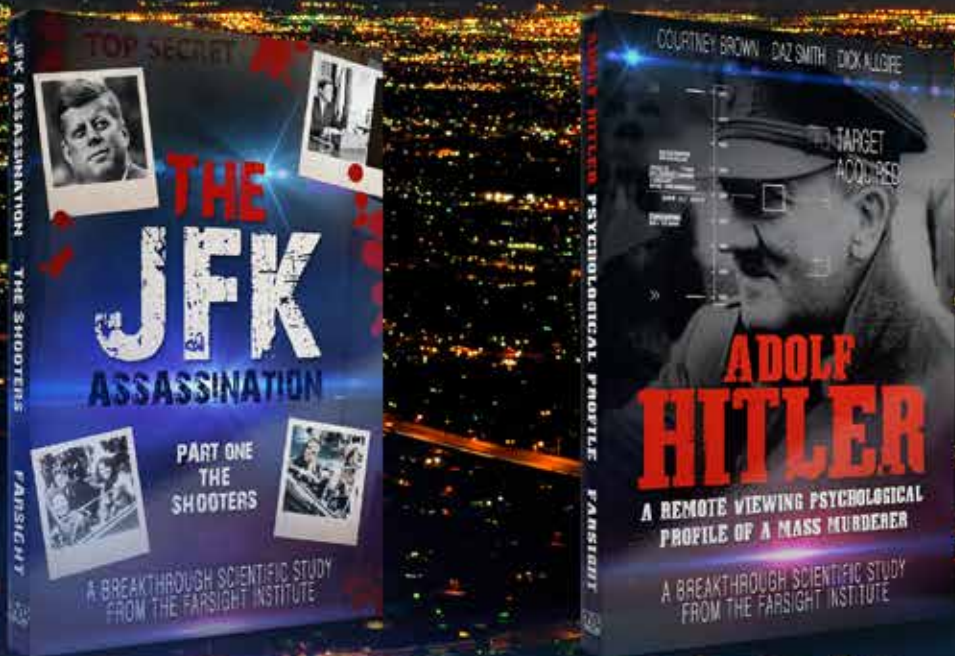
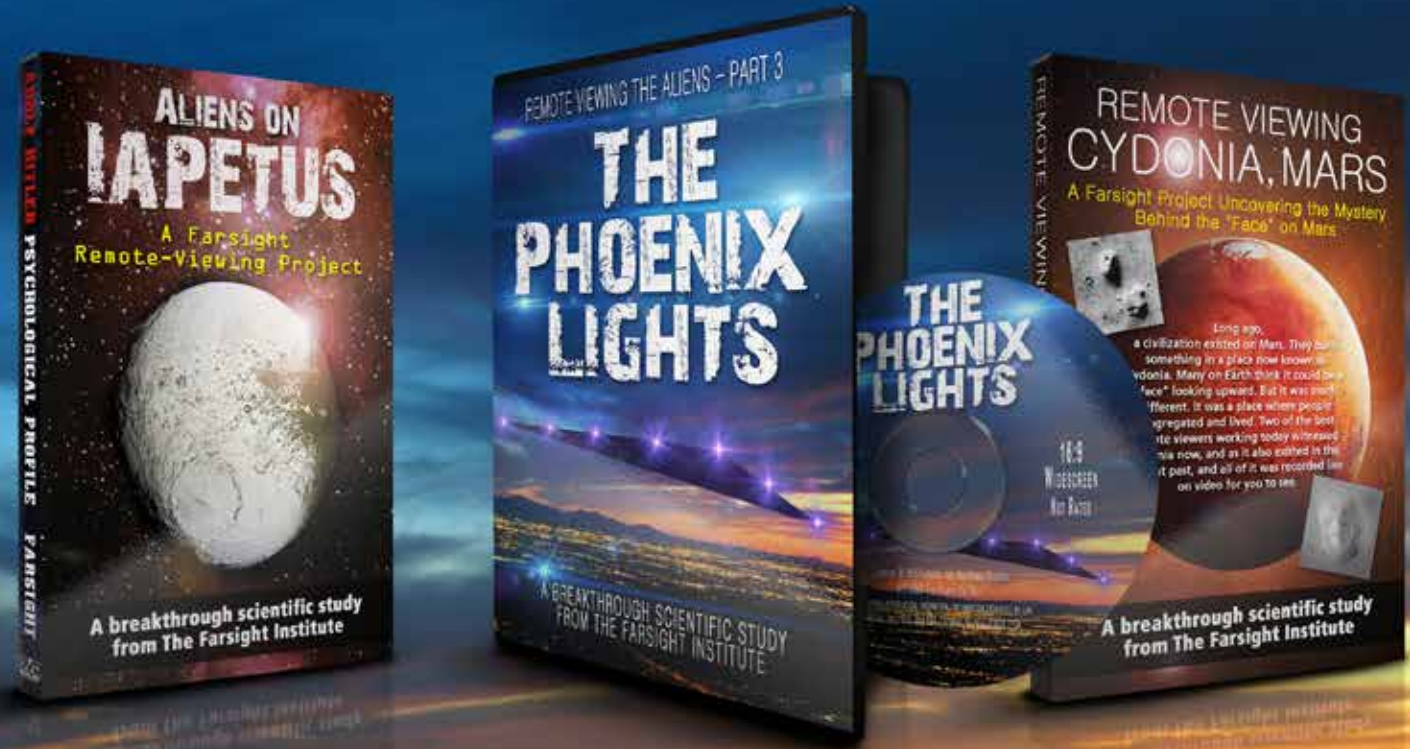
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WWW.FARSIGHT.ORG



Teresa Frisch

Teresa Frisch is a Registered Nurse with over forty years of clinical and leadership experience, currently working in a Level I Emergency Trauma Center in SW Ohio. Pursuing learning about nursing intuition, she began CRV training in 2005 through Lyn Buchanan, former member of US Military Intelligence Unit STAR GATE, evolving into current roles of CRV Instructor / Analyst and Project Management. CRV presentations, exhibits, articles and interviews include The Other Side of Midnight Radio with Richard Hoagland, articles include Eight Martinis, State of the Art of Remote Viewing Magazine, 2015 Annual MENSA Gathering, 2015 Universal Health Solutions Conference “Re-Thinking Brain Health”, and 2014 Society of Rogerian Scholars and 2015 American Holistic Nursing Conferences non-research poster presentations with continuing education credits granted to attendees. CRV Presentation accepted at the American Holistic Nurses Conference, June 2016. Frisch is currently pursuing her Bachelor of Science in Nursing in the Chamberlain College of Nursing RN to BSN program.



# RV EXAMPLE:

## Rock Hewn Churches, Lalibela, Ethiopia.



image By Bernard Gagnon - Own work, CC BY-SA 3.0, <https://commons.wikimedia.org/w/index.php?curid=28203064>

**Hitomi Akamatsu**, a practicing psychotherapist in Japan with a degree in psychology, has been active in researching consciousness and cognitive sciences. Hitomi is well traveled in her quest to master remote viewing. Hitomi has attended the Voyager class at the Monroe Institute in Faber, Virginia. She has made trips to Ukraine to study with researchers conducting a form of remote viewing that involves teaching people to perceive colors and describe objects while blindfolded. The Russians and Ukrainians refer to this as "External Vision" or "Brain Direct Vision." Hitomi has attended basic and advanced classes in CRV with David Morehouse. In the summer of 2012 she traveled to Hawaii for advanced training with instructors affiliated with the Hawaii Remote Viewers' Guild. She later trained in the use of Advanced SRV with The Farsight Institute.

More examples of Hitomi's work available here:

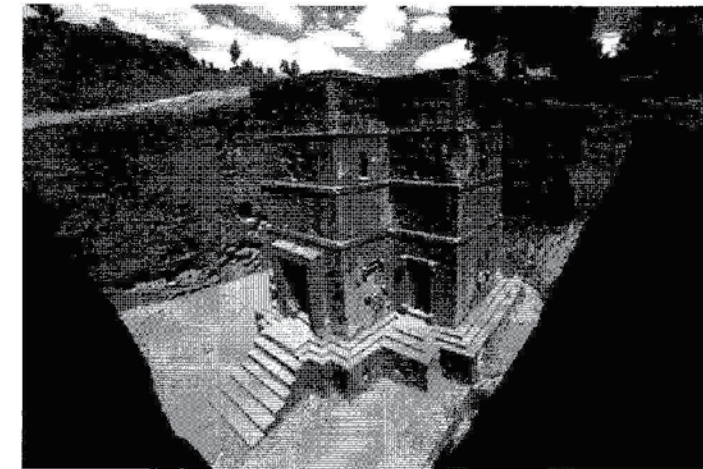
<http://www.remoteviewed.com/hitomi-akamatsu-remote-viewing-examples/>

All the best...  
Daz Smith

# Cue/Feedback



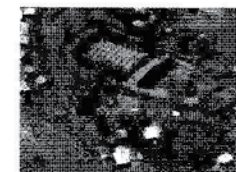
## Rock-Hewn Churches, Lalibela, Ethiopia



The rock-hewn churches of Lalibela are exceptionally fine examples of a long-established Ethiopian building tradition. Monolithic churches are to be found all over the north and the center of the country. Some of the oldest of such churches are to be found in Tigray, where some are believed to date from around the 6th or 7th centuries. King Lalibela is believed to have commissioned these structures with the purpose of creating a holy and symbolic place which considerably influenced Ethiopian religious beliefs.

The 11 medieval monolithic cave churches of this 13th-century 'New Jerusalem' are situated in a mountainous region in the heart of Ethiopia near a traditional village with circular-shaped dwellings. Lalibela is a high place of Ethiopian Christianity, still today a place of pilgrimage and devotion.

Lalibela is a small town at an altitude of almost 2,800 m in the Ethiopian highlands. It is surrounded by a rocky, dry area. Here in the 13th century devout Christians began hewing out the red volcanic rock to create 13 churches. Four of them were finished as completely free-standing structures, attached to their mother rock only at their bases. The remaining nine range from semi-detached to ones whose facades are the only features that have been 'liberated' from the rock.



The Jerusalem theme is important. The rock churches, although connected to one another by maze-like tunnels, are physically separated by a small river which the Ethiopians named the Jordan. Churches on one side of the Jordan represent the earthly Jerusalem; whereas those on the other side represent the heavenly Jerusalem, the city of jewels and golden sidewalks alluded to in the Bible.



David Morehouse  
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It was King Lalibela who commissioned the structures, but scholars disagree as to his motivation. According to a legendary account, King Lalibela was born in Roha. His name means 'the bee recognizes its sovereignty'. God ordered him to build 10 monolithic churches, and gave him detailed instructions as to their construction and even their colors. When his brother Harbay abdicated, the time had come for Lalibela to fulfill this command. Construction work began and is said to have been carried out with remarkable speed, which is scarcely surprising, for, according to legend, angels joined the laborers by day and at night did double the amount of work which the men had done during the hours of daylight.



Like more episodes in the long history of this country, there are many legends about this king. One is that Lalibela was poisoned by his brother and fell into a three-day coma in which he was taken to Heaven and given a vision of rock-hewn cities. Another legend says that he went into exile to Jerusalem and vowed that when he returned he would create a New Jerusalem. Others attribute the building of the churches to Templars from Europe.



The names of the churches evoke hints of Hebrew, a language related to the Ham-Semitic dialect still used in Ethiopian church liturgies: Beta Medhane Alem (House of the Savior of the World), Beta Qedus Mikael (House of St Michael) and Beta Amanuel (House of Emmanuel) are all reminiscent of the Hebrew *beth* (house). In one of the churches there is a pillar covered with cotton. A monk had a dream in which he saw Christ kissing it; according to the monks, the past, the present and the future are carved into it. The churches are connected to each other by small passages and tunnels.

<http://whc.unesco.org/en/list/18>



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Name: H. Tomi  
Date: 05/10/2017  
ST: 16:01  
ED: 17:27

AV NO  
PI NO  
SI

2012  
8821

A: Down  
B: Manmade  
C: Structure

S2  
cold  
A lot going on  
busy sq  
hard  
solid  
strong  
energetic  
painful sq

S2  
cold  
hot

strong  
net-like  
materials  
Hemp-like texture  
made of plants materials

pushing

people working  
brown  
beige  
white  
gray



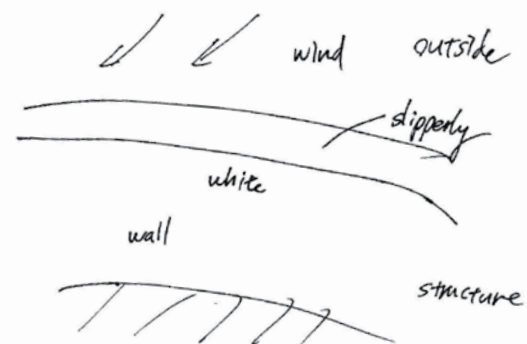
S2

yellow  
tan  
salty  
sea/water sands  
bitter  
rough  
non-smooth  
woods  
grassy (dried)  
dry  
warm  
sweaty  
sharp  
metallic



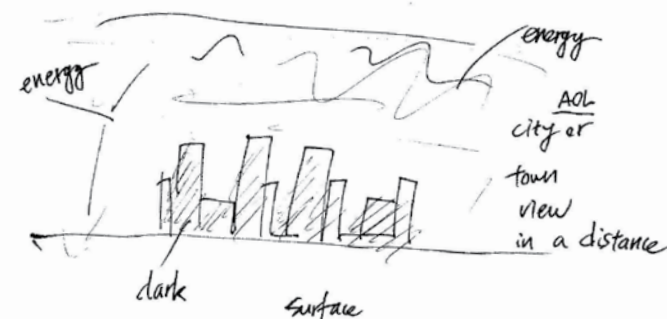
S2

strong  
tense  
people talking/land  
people instructing  
bells  
horns  
wind  
pulling  
horizontal  
curved



S2

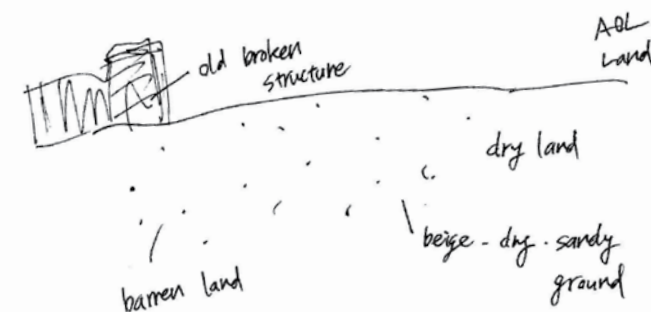
wind blowing  
fast  
rapid  
immediate  
quick  
rapidly moving



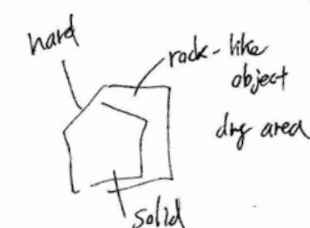
threatening sq  
high  
powerful  
intense sq

S2

soon  
too much



energetic  
barren  
forgotten  
damaged

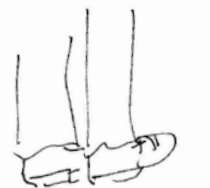


S2

sounds: people walking on dry, land,  
small stores

sounds: people carrying some  
objects.

sounds: rubber, leather walking shoes AOL

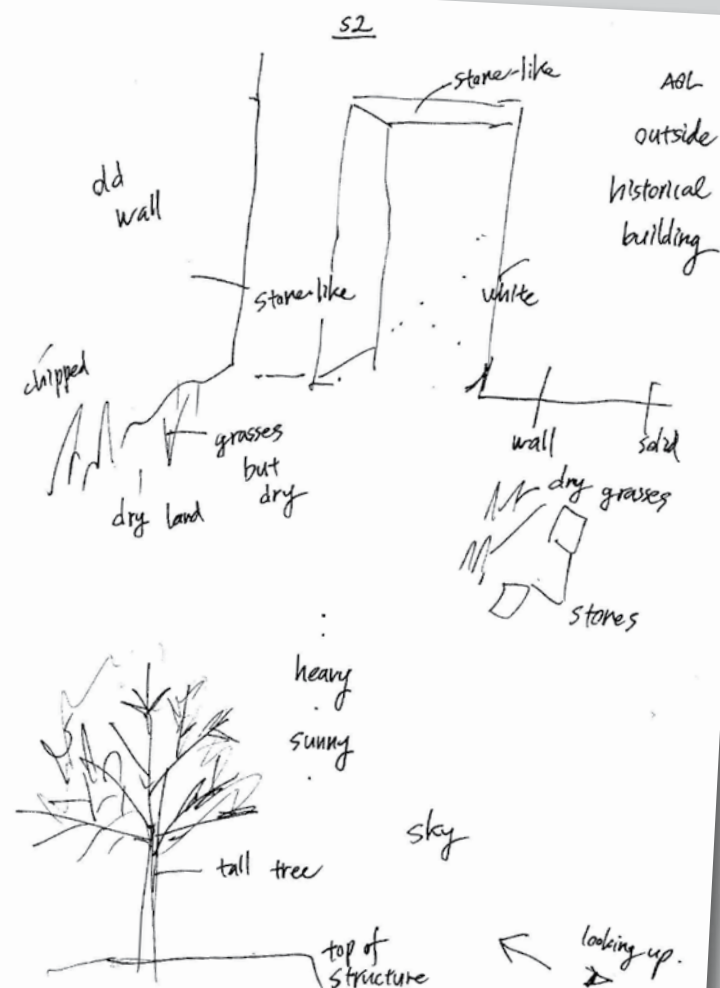


tough, resistant  
walking shoes

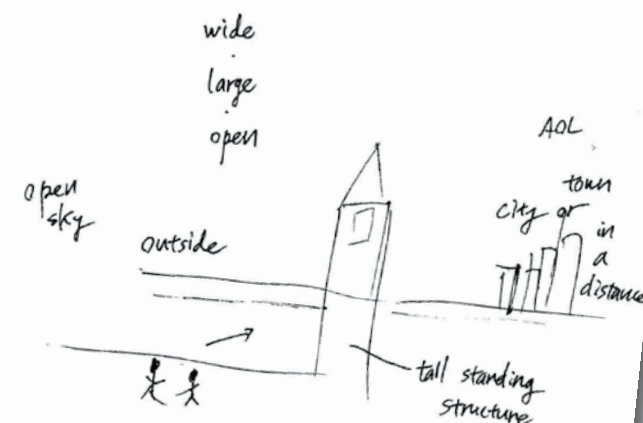
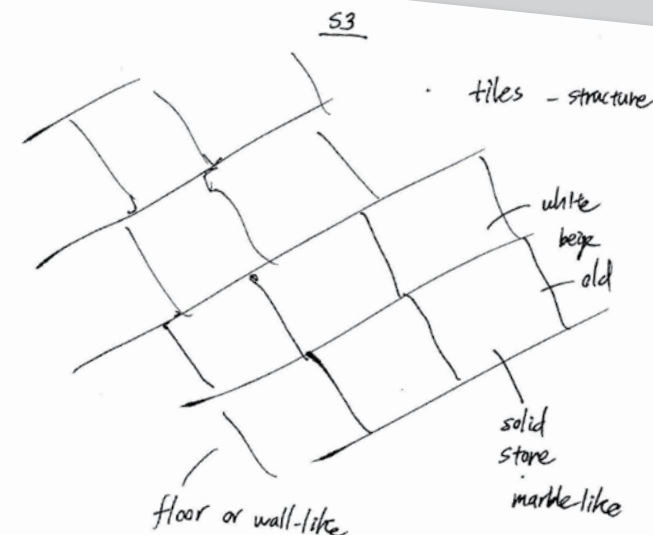
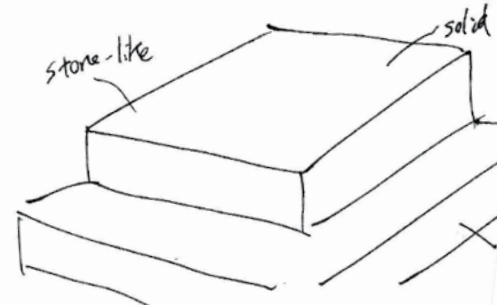
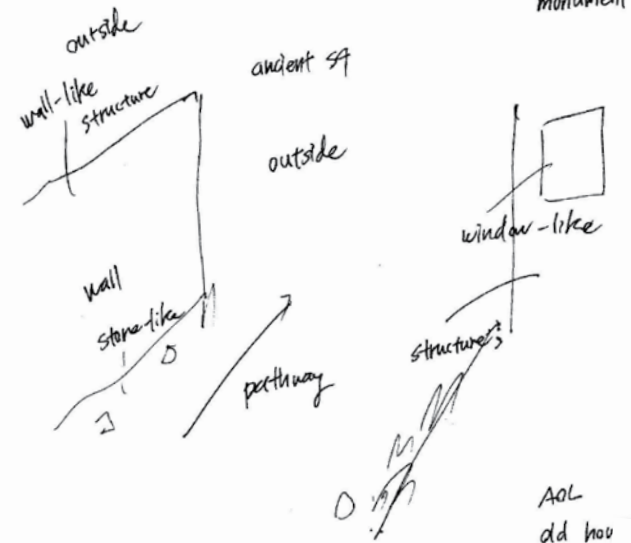
military sq

sounds: people running

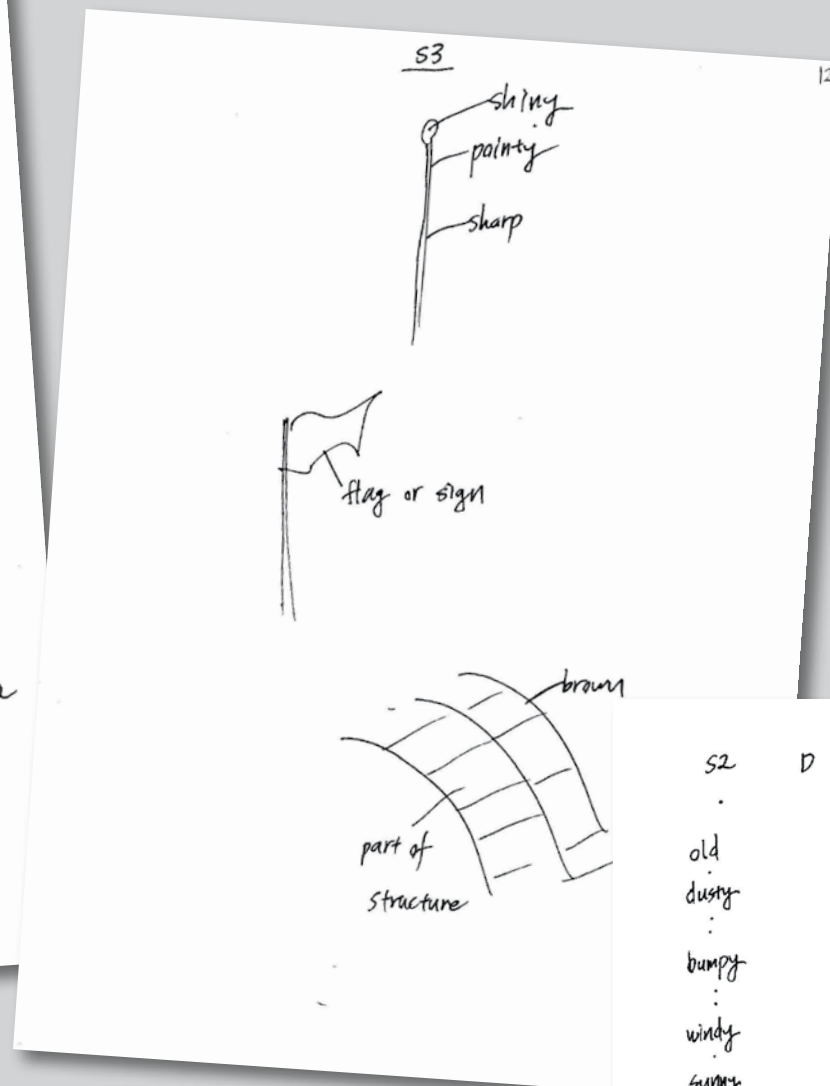
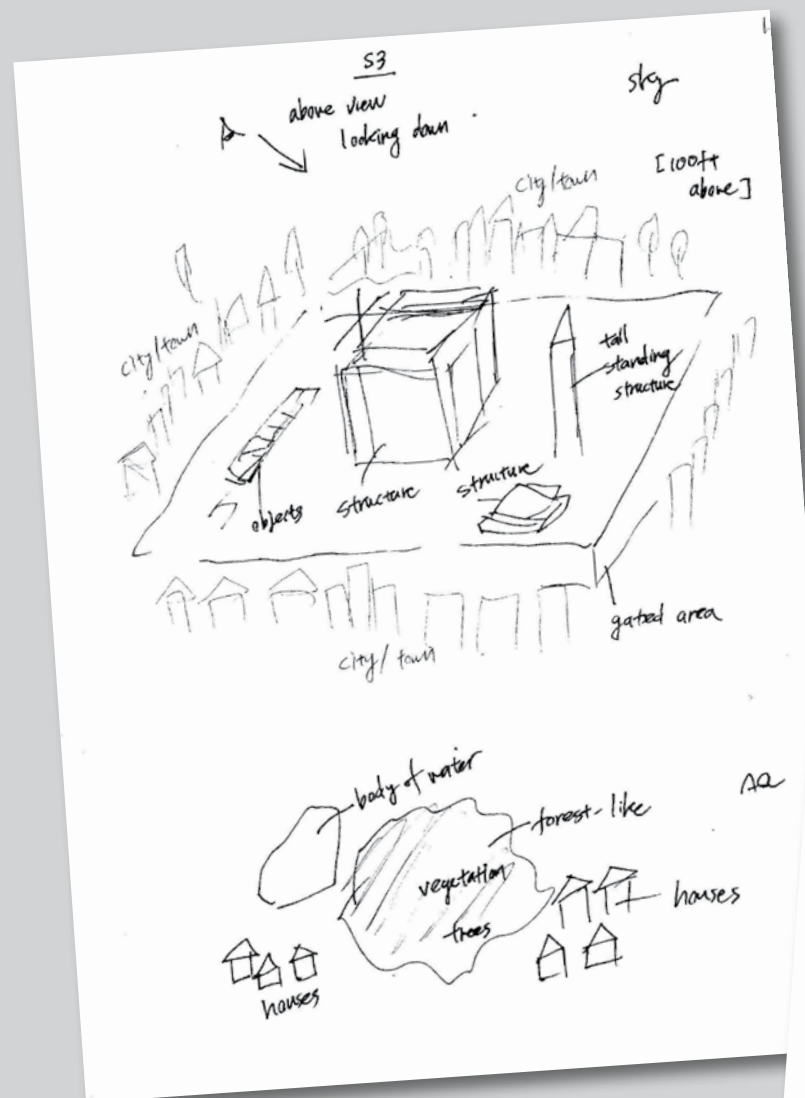
dry



S3







S2	D	AD	S4	ED	T	I	AOL/AOLS
old							
dusty							
bumpy							
windy							
sunny							
large							
extensive							
giant							
horizontal							
vertical							
curved							
tall							
wide							
beautiful							
gigantic							

S2	D	AD	S4	ED	T	I	AOL/AOLS
			magnificent				
			amazing				
			enlarged				
			breath-taking				
			worth-watching				
			sight-seeing				
			nice				
			great				
			joyful				
			sacred				
			meditative				
			restful				
			emptiness				
			proud				
			unknown				

S2	D	AD	S4	ED	T	I	AOL/AOLS
			sentimental				
			lots happened				
			mystery				
			glad				
			trees				
			towns				
			cities				
			rocks				
			lands				
			vegetation				
			river				
			lake				
			mountains				
			precious				
			materials				
			renovated				
			architectural				
			designed				



16

S2	D	AD	ED	T	I	ACL/AOLS
						touristic
						historical
						suffered
						conveyed
						authoritative
						inspirational
						commanding
						important
						historically significant
						embracing
						unity
						resolved
						passed
						investigated
						organized

17

55

a. historical

- monuments
- buildings
- stones
- writings
- signs
- precious items
- gold
- silver
- old towns
- pictures
- books
- meanings of deep knowledge

b. historical

- important
- significant
- noted
- noble

18

55

b. historical

- wonderful
- meaningful
- accomplished
- struggled
- organized
- achieved

c. historical

- inspiration
- dedication
- remembrance
- memories
- values
- historical meanings
- presentation
- exhibition
- ceremonies
- rituals
- recordings
- tourism
- sightseeing
- honor
- respect

19

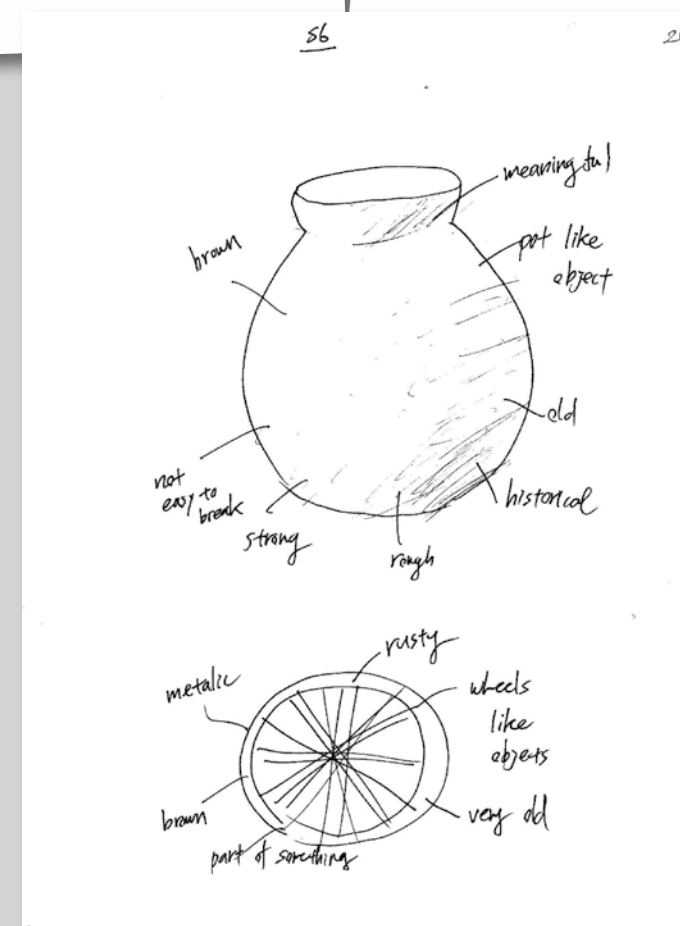
56

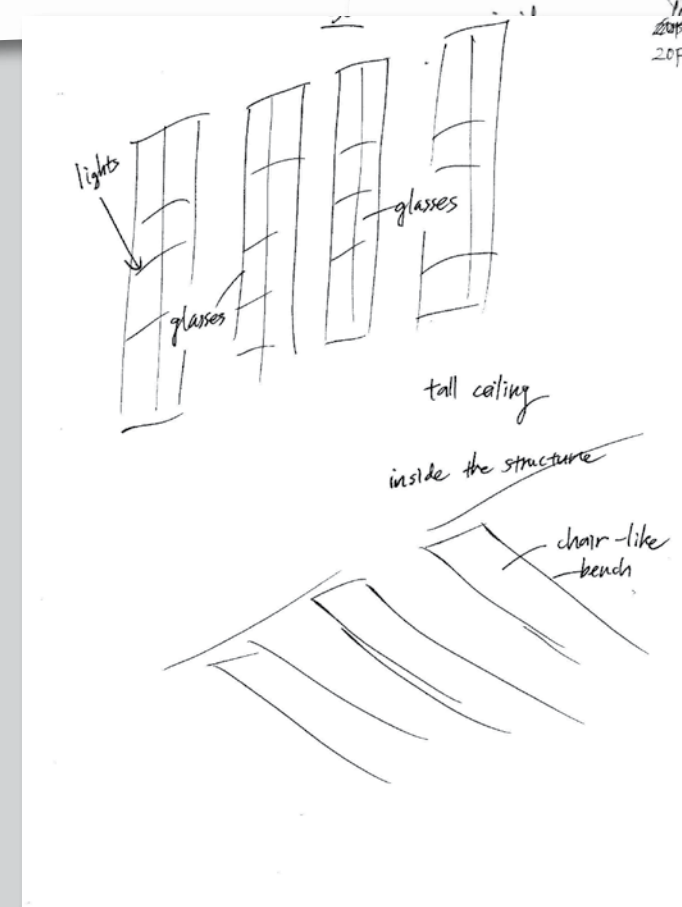
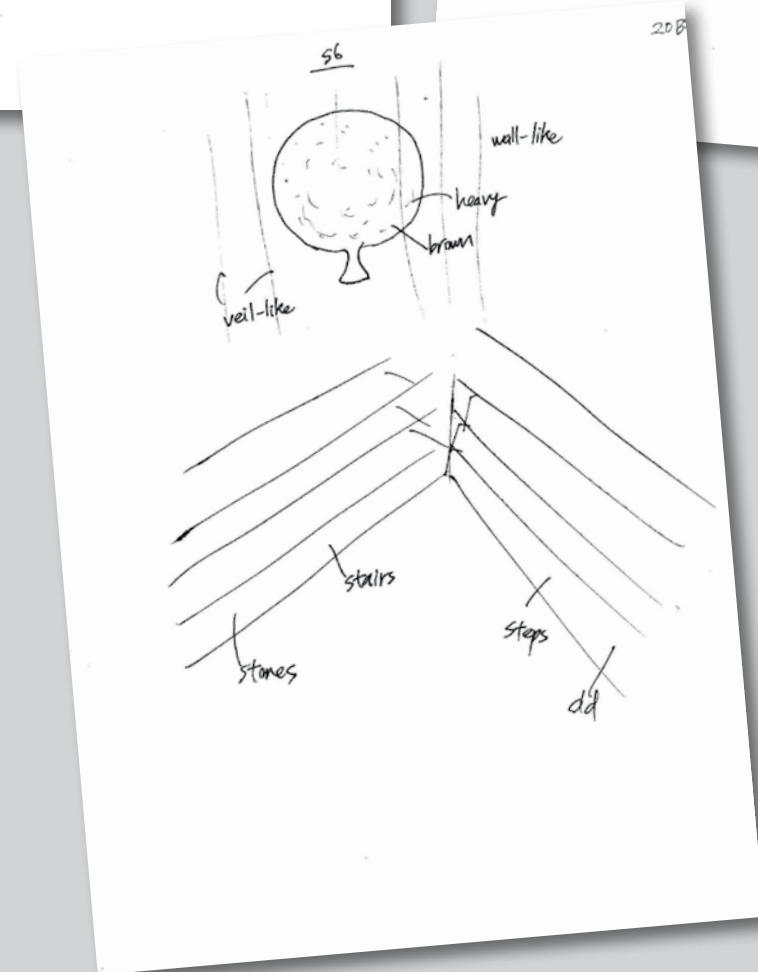
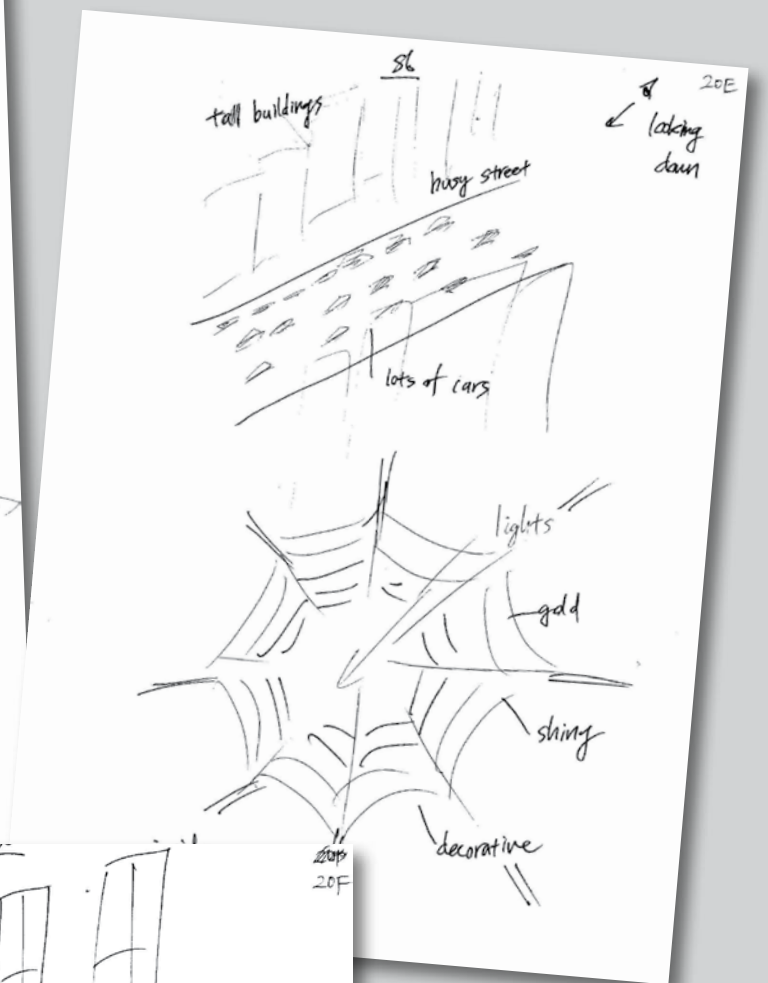
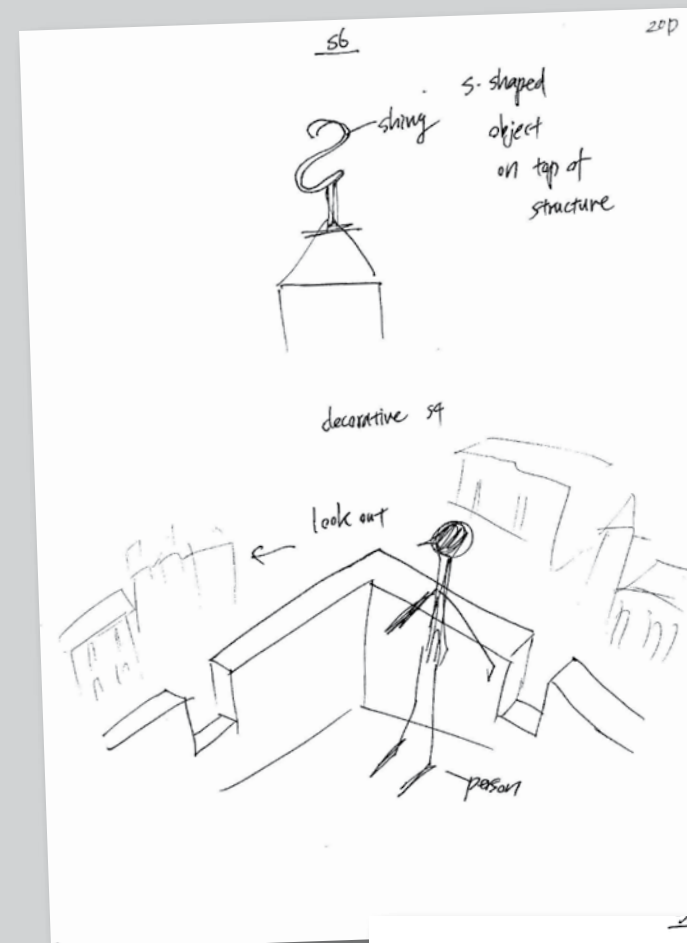
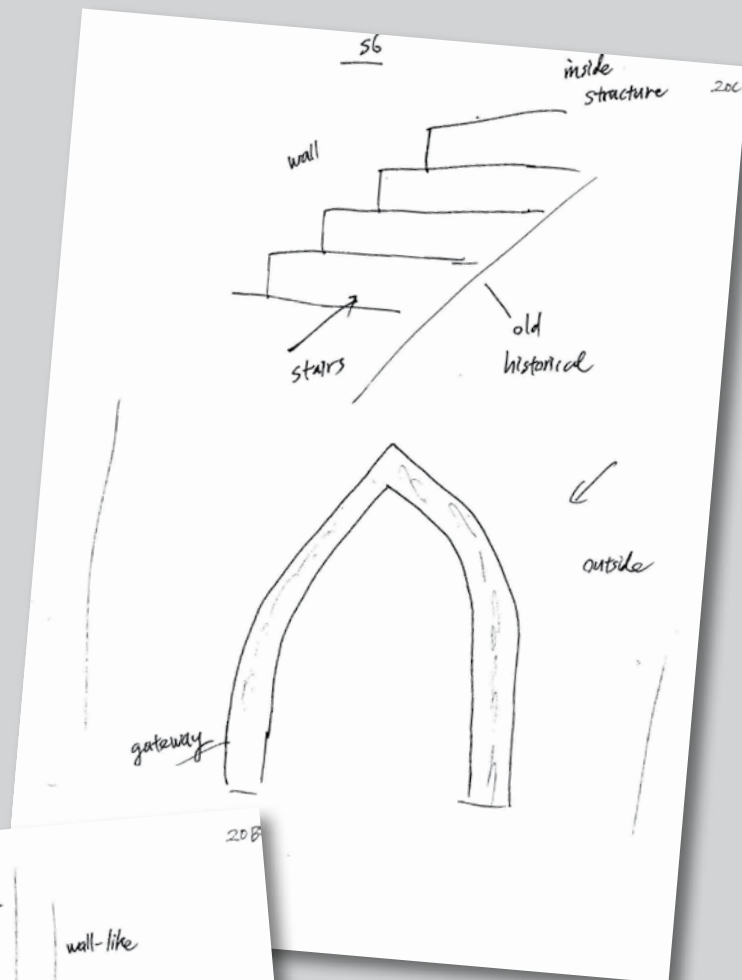
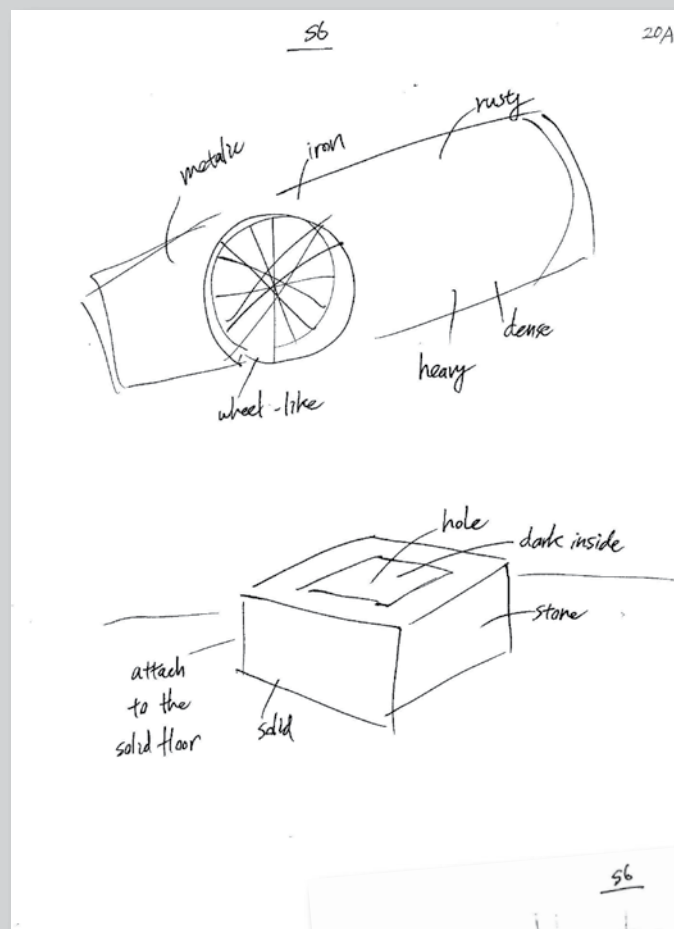
S2	D	AD	ED	T	I	ACL/AOLS
		superb				
		superior				
			tired			
			painful			
						BI-LO
						BREAK
						shoulder
						pains
						conceptual
						notable
						Physical
						BREAK
						cold
						sneezing
						decorative
						pretty
						struggles
						celebrated
						honored

20

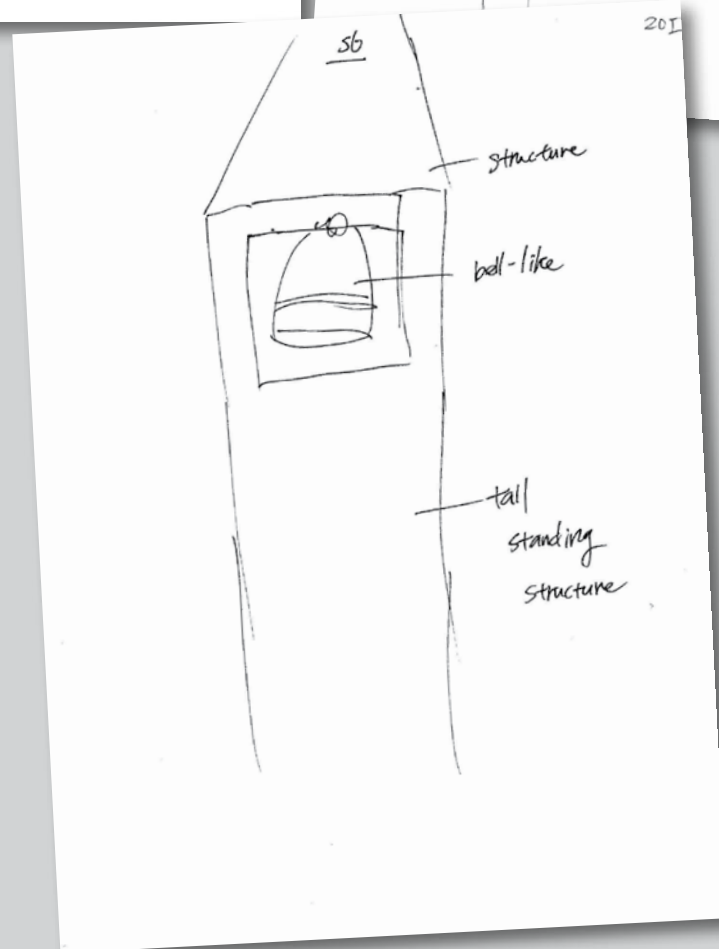
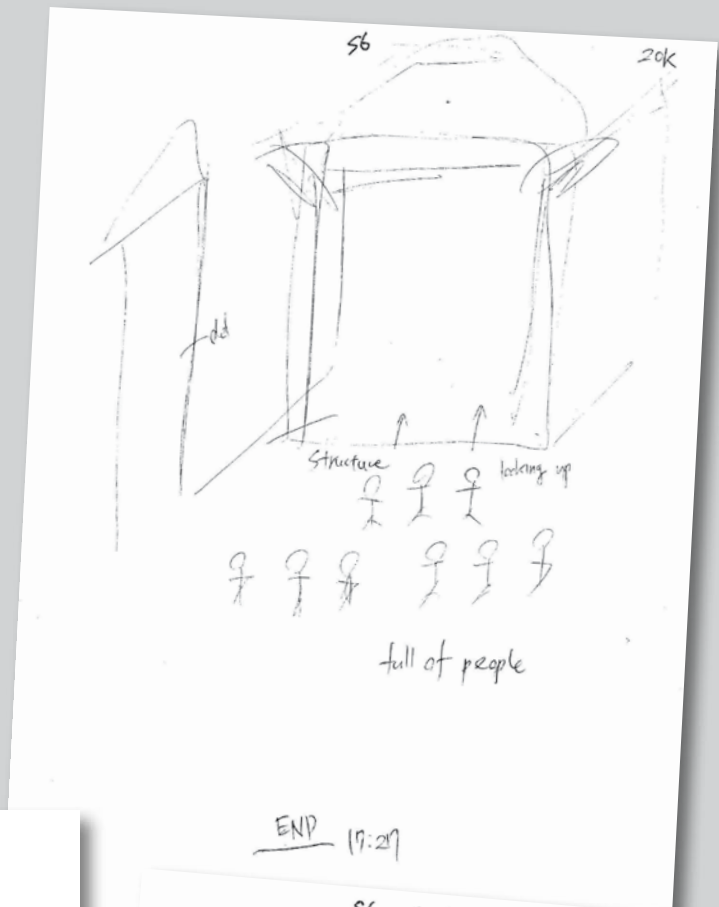
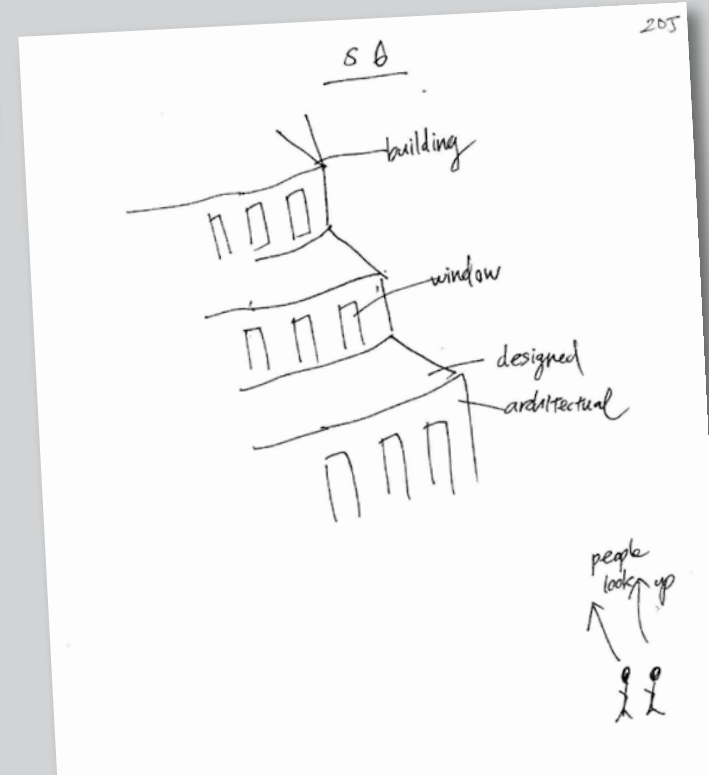
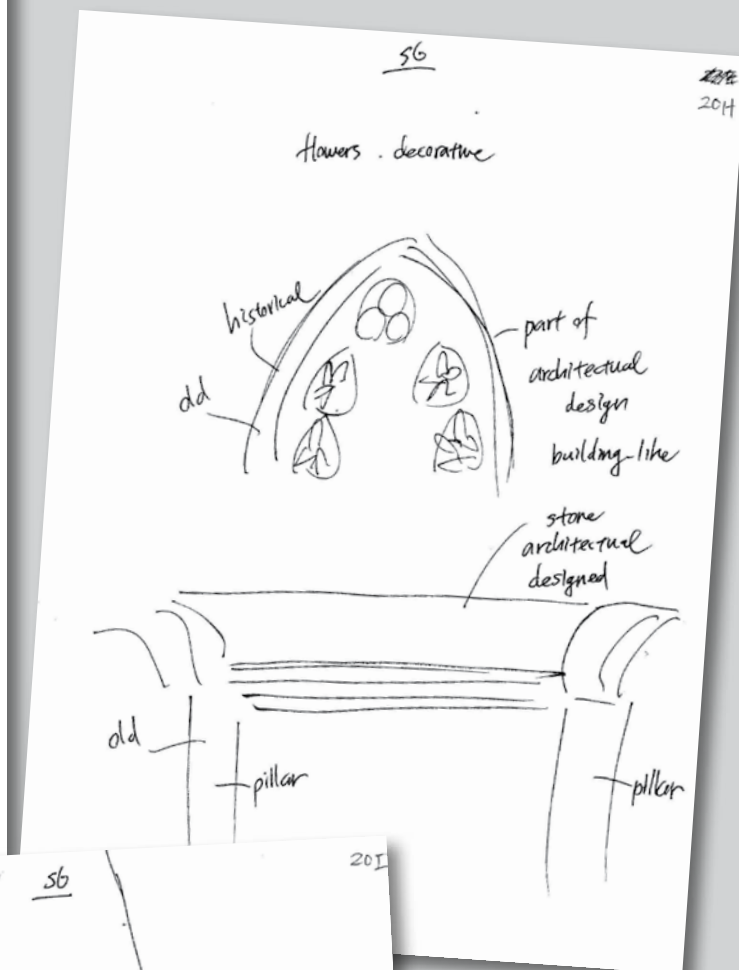
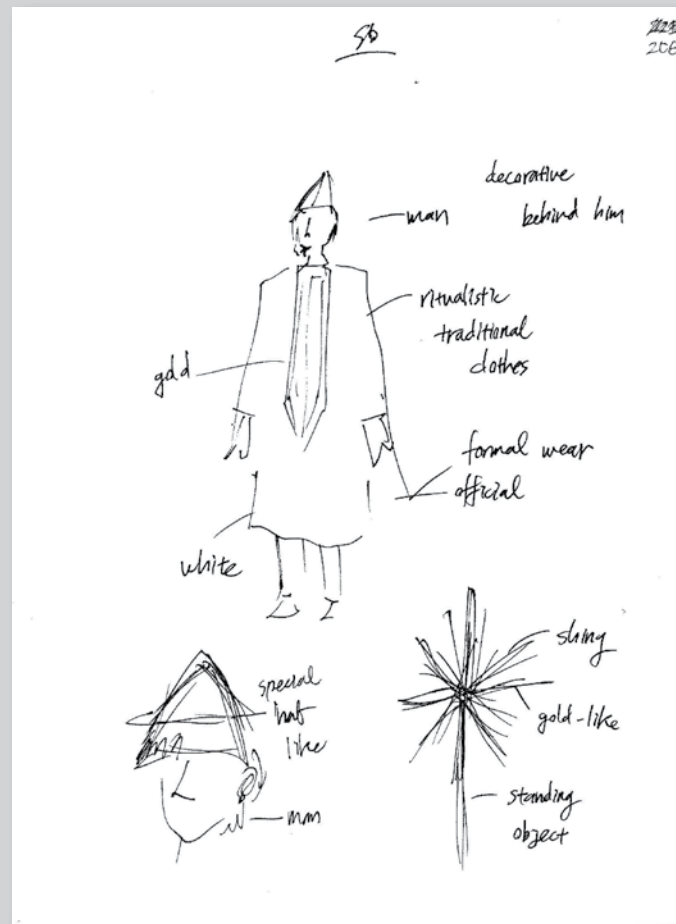
56

S2	D	AD	ED	T	I	ACL/AOLS
						historical
						powerful
						authoritarian
						singing
						music
						bells
						large
						big
						BREAK
						Bathroom









**S6 Summary**

The principal intangibles are historical, memorial and touristic.

I selected the intangible of historical, and I produced 38 additional pieces of data during S6 processes.

My general sense of the target at this stage is a historical manmade structure <sup>(surrounded by)</sup> in a city. The structure <sup>is in a large open space,</sup> is made after much changes and sufferings.

**S6 Session Summary**

My perception of the target site is, that is (B) manmade (C) structure.

The principle elements of the gestalt contain the following colors, white, blue, beige and gold.

The primary textures are stony, rough and smooth.

The principal energetic data are strong, powerful and moving.

The principal sounds are people walking, white noises and talking. (music)

The principal smells are stones, soil and city-smells.

The principal tastes are stony, salty, metallic.

The principal temperatures are warm, sunny and cool.

The principal dimensional data are tall, vertical and horizontal.

The principal aesthetics are magnificent, breath-taking and wonderful.

The principal emotional data are proud, unknown and sentimental.

The principal tangibles are buildings, trees and people.

## Remote viewing Resources

Ten Thousand Roads [TKR] - RV resources - [www.dojopsi.com/tkr](http://www.dojopsi.com/tkr)  
Remoteviewed.com (RV examples, documents) - [www.remoteviewed.com](http://www.remoteviewed.com)  
Firedocs - massive RV resources and files - [www.firedocs.com](http://www.firedocs.com)  
Biomindsuperpowers - The Ingo Swann website - [www.biomindsuperpowers.com](http://www.biomindsuperpowers.com)  
Jon Knowles 120+ Rv links - [www.mprv.net/one20.html](http://www.mprv.net/one20.html)  
Remoteviewed RV biliography - [www.remoteviewed.com/remote-viewing-bibliography.html](http://www.remoteviewed.com/remote-viewing-bibliography.html)

## Remote Viewing Targets

RV Targets.com - [www.rvtargets.com](http://www.rvtargets.com)  
Ten Thousand Roads - [www.dojopsi.com/tkr](http://www.dojopsi.com/tkr)  
Target Monkey - [www.remoteviewed.com/target/](http://www.remoteviewed.com/target/)  
Lyn Buchanan's Target of the week - [www.crviewer.com/TARGETS/TargetIndex.asp](http://www.crviewer.com/TARGETS/TargetIndex.asp)

## Remote Viewing Groups

The Farsight Institute - [www.farsight.org](http://www.farsight.org)  
IRVA (International Remote Viewing Association - [www.irva.org](http://www.irva.org)  
N.Y. RV Practice Group - [www.rvpnyc.com](http://www.rvpnyc.com)

## Remote Viewing - Individuals

Ingo Swann's Biomind website - [www.biomindsuperpowers.com](http://www.biomindsuperpowers.com)  
Joe McMoneagle website - [www.mceagle.com](http://www.mceagle.com)  
Russell Targ website - [www.espresearch.com](http://www.espresearch.com)  
Daz Smith news/blog - [www.remoteviewed.com](http://www.remoteviewed.com)  
Intuitive Recon - [www.intuitiverecon.com](http://www.intuitiverecon.com)  
Pj's Red Cairo Rv blog - [redcairo.blogspot.com](http://redcairo.blogspot.com)  
Dean Radin website - [www.deanradin.com](http://www.deanradin.com)  
Marty Rosenblatt website - [www.p-i-a.com](http://www.p-i-a.com)  
Jon's 120 RV links blog - [mprview.blogspot.com](http://mprview.blogspot.com)  
Alexis Champion - IRIS I.C. - [www.iris-ic.com](http://www.iris-ic.com)

## Remote viewing training & trainers

RVIS - Paul H Smith (CRV) - [www.rviewer.com](http://www.rviewer.com)  
P>S>I - Lyn Buchanan (CRV) - [www.crviewer.com](http://www.crviewer.com)  
Angela T Smith (CRV) - [www.remoteviewingnv.com](http://www.remoteviewingnv.com)  
Stephan A Schwartz (Natural) - [www.stephanaschwartz.com](http://www.stephanaschwartz.com)  
Ed Dames (LearnRV/TRV) - [www.learnrv.com](http://www.learnrv.com)  
David Morehouse (CRV) - [www.davidmorehouse.com](http://www.davidmorehouse.com)  
Australian Remote Viewing Unit - [www.remoteviewingunit.org](http://www.remoteviewingunit.org)  
The Farsight Institute (SRV) - [www.farsight.org](http://www.farsight.org)  
Intuitive Specialists (CRV) - [intuitivespecialists.com](http://intuitivespecialists.com)  
Aesthetic Impact Informational Services (CRV) - [www.aestheticimpact.com](http://www.aestheticimpact.com)